

# KARKOO PISTOL CLUB Inc.

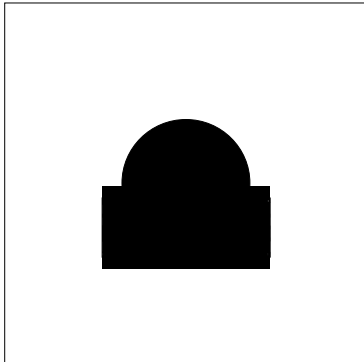
PO Box 979 Port Lincoln SA 5606

## NEW MEMBER TRAINING PROGRAMME FIRING THE PRECISION SHOT

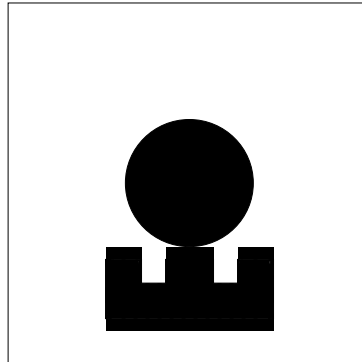
### Sight Alignment

The three most common ways of aligning open sights with a target.

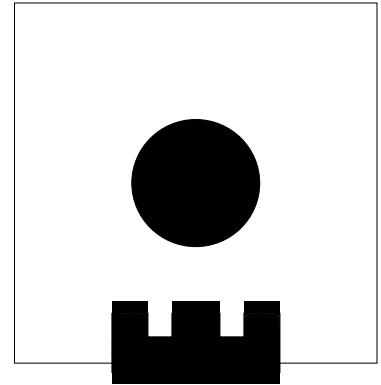
Dead On



Six O'Clock



Area Aiming



**Dead On** When the sights are aligned with the place on the target where the rounds are expected to hit. This technique has poor sight definition and the sights can become lost in the bull. This technique has limited application in some ISSF matches. Most IPSC pistols in the standard class are sighted in this manner. IPSC targets are buff coloured and therefore the sights get some contrast.

**Six O'Clock** When the sights are aligned with the base of the centre bull so that the bull appears to sit upon the foresight. The sights are so adjusted that the rounds will hit the centre of the bull. This technique attempts to give a clear definition of the sights against the white background. The weakness is that the foresight can become lost in the bull. Also an optical illusion can distort the bull.

**Area Aiming** When the sights are aligned with the target away from the centre bull so that they clearly stand out from the white background. The sights are so adjusted that the rounds will hit the centre of the bull. This technique overcomes the problem that occurs with the Six O'Clock method when the bull appears to distort. This is the favoured method of sight alignment for national and international competitors in the ISSF precision events.

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### Points to Master

|                 |  |
|-----------------|--|
| Grip            | Reverse stance, overhand grip. Place gun into web of thumb and forefinger of strong hand.  |
| Stance          | Feet about shoulder width apart. Side on to target, slight lean back to counter weight of pistol. Weak hand in pocket or belt.               |
| Hold            | Forearm straight, wrist held firm.   |
| Breathing       | Breath in, exhale a little and hold. Shot should break in 5 to 8 seconds. If shot has not gone off in 8 seconds - cancel and repeat process. |
| Sight Picture   | As per above.  |
| Trigger control | Gradually add pressure to the trigger until the shot breaks.   |
| Follow through  | Hold sight picture before putting pistol down.   |