

FOURTH STEP INVENTORY: FEARS Copies available at www.Step12.com or from Dallas B. (479) 522-4391 © 1987 - 2005 Step12.com - Updated: 7/05/05

FOURTH STEP INVENTORY: FEARS Copies available at www.Step12.com or from Dallas B. (479) 522-4391 © 1987 - 2005 Step12.com - Updated: 7/05/05

FOURTH STEP INVENTORY: FEARS Copies available at www.Step12.com or from Dallas B. (479) 522-4391 © 1987 - 2005 Step12.com - Updated: 7/05/05

Read from bottom of page 67 through 68 of the Big Book before beginning.

1. Column 1: Page 68: "We reviewed our fears thoroughly. We put them on paper, even though we had no resentment in connection with them." (Complete column 1 from top to bottom. Do nothing with column 2, 3, 4, 5, until column 1 has been completed).
2. Column 2: Page 68: "We asked ourselves why we had them." (Complete column 2 from top to bottom. Do nothing with column 3, 4, & 5, until column 2 has been completed).
3. Column 3: Page 68: "Wasn't it because self-reliance failed us? Self-reliance was good as far as it went, but it didn't go far enough. Some of us once had great self-confidence, but it didn't fully solve the fear problem, or any other. When it made us cocky, it was worse." (Complete each column within column 3 from top to bottom. Do nothing with column 4 until column 3 has been completed).
4. Column 4: What part of self does the fear affect? (Complete each column within column 4).
5. Column 5: Page 68: "We ask Him to remove our fear and direct our attention to what He would have us be. At once, we commence to outgrow fear."

[illegible]