

Ah Counter

What you have to do :

1. **Arrive** at the club at least **half an hour before the meeting** begins ;
2. **Obtain a file and copy of the ‘Ah Counter’ report** from Sergeant-At-Arms ;
3. Throughout the meeting, **listen** to everyone for “crutch” sounds and long pauses used as fillers and not as a necessary part of sentence structure ;
4. Write down how many “crutch” sounds or words each person used during all portions of the meeting ;
5. When called by the Toastmaster of the Evening, stand by your chair and give your report ;
6. Return the file and report to the Sergeant-At-Arms.

Speaker :	
Crutch	# of times used
Ah	
Um	
Er	
And	
Well	
But	
So	
You know	
I,I	
This means, this means	
Others	