

Plano Balagokulam

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Shlok

योगासन समये (Yogaasana Samaye):

योगेन चित्तस्य पदेन वाचा
मलं शरीरस्य च वैद्यकने ।
यो पाकरोत्तं प्रवरं मुनीनां
पतञ्जलिं प्राञ्जलिरानतो स्मि ॥

*Yogena chittasya padena vaachaa
Malam Sharirasya cha vaidya-kenae |
Yo-a-paakarottam pravaram muneenaam
Patanjalim praanjali-raanato-a-smi ||*

Meaning:

With joined hands, I stay bowed to Patanjali-the preeminent among the sages, who removed the impurities of the mind by (explaining) yoga, of the speech by (commenting on) grammar and of the body by (expounding) medicine.

Subhashitam:

तेजः क्षमा धृतिः
शौचमद्रोहो नातिमनिता ।
भवन्ति सम्पदं दैविम्
अभिजातस्य भारत ॥

*Tejaha kshamaa dhritiaha
Shauchamadroho naatimanitaa |
Bhavanti sampadam daivim
Abhijaatasya bhaarata ||*

Meaning:

Splendor, forgiveness, fortitude, cleanliness, absence of malice and absence of pride; these are the qualities of those endowed with divine virtues, O Arjuna.

Amrutvachan:

When a man has begun to be ashamed of his ancestors, the end has come. Here I am one of the least of the Hindu race, yet proud of my race, proud of my ancestors. I am proud to call myself a Hindu, I am proud that I am one of your unworthy servants. I am proud that I am countryman of yours. You are the descendants of the sages, you are descendants of the most glorious Rishis that world ever saw.

— Swami Vivekananda



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