

**League Of American Bicyclists ("LAB") and West Atlanta Cycling Organization ("WACO")
Release And Waiver Of Liability, Assumption Of Risk and Indemnity Agreement ("Agreement")**

IN CONSIDERATION of being permitted to participate in any way in West Atlanta Cycling Organization (WACO) sponsored Bicycling activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

- (1) ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
- (2) FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inaction's, the actions or inaction's of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
- (3) HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO IDEMNIFY AND SAVE AND HOLD HARMLESS the West Atlanta Cycling Organization, the LAB, their respective administrators, directors, agents, and employees, other participants, and sponsors, advertisers, and, if applicable, owners and leasers of premises on which the Activity take place, (each considered one of the "RELEASEES" HEREIN) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEG ED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANSIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT. (1-1996)

Ride Date:	Ride Miles:	Ride Pace:
Ride Leader:	Ride Sweep:	
Ride Description:		

	Print Name	Signature	Emergency Phone	WACO Member?
1	Ride Leader			☐ Yes ☐ No
2				☐ Yes ☐ No
3				☐ Yes ☐ No
4				☐ Yes ☐ No
5				☐ Yes ☐ No
6				☐ Yes ☐ No
7				☐ Yes ☐ No
8				☐ Yes ☐ No
9				☐ Yes ☐ No
10				☐ Yes ☐ No
11				☐ Yes ☐ No
12				☐ Yes ☐ No
13				☐ Yes ☐ No
14				☐ Yes ☐ No
15				☐ Yes ☐ No
16				☐ Yes ☐ No
17				☐ Yes ☐ No
18				☐ Yes ☐ No
19				☐ Yes ☐ No
20				☐ Yes ☐ No

Upon completion of the ride, promptly forward this sheet with cue sheet or map (if used) to club statistician.

Ride Leader Pre-Ride Announcements & Checklist

Please review the following before you begin your ride

- SNELL or ANSI approved helmets are required on all WACO rides.
- Riders should have drink, spare tube & patch kit, tools and pump.
- Riders should carry identification and emergency phone number.
- Review ride destination, pace, terrain, stops (location & times), and any special aspects of the ride.
- Communicate: Use hand signals and verbal signals such as *slowing*, *stopping*, *car back*, *walker-up*, *sand*, *glass*, *passing on your left*, etc.
- Ride Predictably: Ride to the right, single file, follow rules of road.
- Ask for a volunteer sweep for all structured rides of more than a few riders.
- Introduce the sweep and leader and explain their responsibilities.
- Ride Leaders are not responsible for cyclists who ride ahead of the ride leader.
- If a rider leaves the ride, ask them to inform the ride leader or sweep.
- Riders must sign the sign-in sheet and the leader should carry the sheet on the ride.
- Have fun and ride safely. For emergency dial 911.

	Print Name	Signature	Emergency Phone	Club Member?
21				☐ Yes ☐ No
22				☐ Yes ☐ No
23				☐ Yes ☐ No
24				☐ Yes ☐ No
25				☐ Yes ☐ No
26				☐ Yes ☐ No
27				☐ Yes ☐ No
28				☐ Yes ☐ No
29				☐ Yes ☐ No
30				☐ Yes ☐ No
31				☐ Yes ☐ No
32				☐ Yes ☐ No
33				☐ Yes ☐ No
34				☐ Yes ☐ No
35				☐ Yes ☐ No
36				☐ Yes ☐ No
37				☐ Yes ☐ No
38				☐ Yes ☐ No
39				☐ Yes ☐ No
40				☐ Yes ☐ No

24 Nov 2005

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