

COMMUNITY RUN FOR SECURITY

Mechanics

Organized by SJV6

Sponsored by Mayor Mel Gecolea

TO THE FUN RUN PARTICIPANTS

Here are some pointers for the event on April 7, 2019

ASSEMBLY AREA

Pavilion 2, Phase 2 Main, St. Joseph Village 6, Butong, Cabuyao City.

REGISTRATION

Registration will start at **5:00 a.m.** at the Assembly Area

All participants must have their bib stamped before running.

All on site registrant/participant must proceed to **ON SITE REGISTRATION/PAYMENT AREA.**

All onsite participants will pay 100 pesos each.

Warm up exercises will start at 5:30 am.

All participants must wear comfortable shorts/jogging pants and rubber shoes on the day of the activity. The bib number should be pinned on the chest area. **NO BIB NUMBER, NO STAMP. NO RUN.**

RUN ROUTE and TIME

Race for 5Km will start at 6:00 am.

Race for 3km will start at 6:10 am.

Race for 1km will start at 6:20 am.

Official marshals will be present along the route to guide the runners on the official run route.

Participants may run, or rest upon their discretion, provided they do not leave the route of the race or remove their bib number. Any participant who takes shortcuts or rides a vehicle during the race will automatically be disqualified.

Participants must pass thru the Finish Line after completing the rounds to enable the Committee to record time.

MARSHAL/MEDICS

Ambulance and first aid team courtesy of Cabuyao City Disaster Risk Reduction Management Office will be available all throughout the event.

REFRESHMENTS

Water will be provided by sponsors for every 2.5Km. But you may also bring your own bottled water.

AWARDING AND CLOSING PROGRAM

All participants who completed the race will be given a Finisher Certificate upon submission of their bib number.

1km

1st Place – Medal and PhP 1,000.00

2nd Place – Medal PhP 500.00

3rd Place – Medal and PhP 500.00

Special prizes:

First 3 finishers – 5 years old and below

First 3 finishers - 6 years old up.

3km

1st Place – Medal and PhP 1,500.00

2nd Place – Medal PhP 1,000.0000

3rd Place – Medal and PhP 1,000.00

First 5 finishers – Female

First 5 finishers – Male

5km

1st Place – Medal and PhP 3,500.00

2nd Place – Medal PhP 2,000.0000

3rd Place – Medal and PhP 1,500.00

First 5 finishers – Female

First 5 finishers – Male

PLUS MORE SURPRIZE AWARDS!!!!

REMINDERS:

Please ensure a good warm up before the race. Please run safely and defensively. If you feel any symptoms of muscle pains or cramps, pause and relax, and if symptom persists call or signal our Marshalls to get medical assistance.

See You at the Starting Line! Let's Go ka-SJV6!





RE-ELECT! ROMMEL GECOLEA #CITYMAYOR
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KALUSUGAN KAALAMAN KABUHAYAN















Organized by

ST. JOSEPH'S
Village 6



COMMUNITY RUN

1KM/3KM/5KM

FOR SECURITY LET'S GO, KA-SJV6

April 7, 2019 | 5AM REGISTRATION
6AM START OF RUN

Please REGISTER thru your HOA OFFICERS | For inquiries, you may

PAVILION 2, ST. JOSEPH VILLAGE 6
Brgy. Buntag, Cabuyao City

Contact 09285237060