

2	AN ELEGANT EGG	RECIPES	JALAPEÑO HASH BROWNS	51
46	ASPARAGUS AND BRUSSELS SPROUTS		KEY LIME TARTS	85
12	AWESOME SPAGHETTI		LEMON BARS	79
38	BACON, LETTUCE, AND TOMATO SANDWICH		LEMON TARTS	86
42	BAKED ACORN SQUASH		LEMON TWIST TEA (for a cold)	101
81	BAKED APPLE WITH FRUIT SAUCE		LIME FRUIT TARTS	92
16	BAKED CORNISH HEN		LOYALTY SALAD	67
18	BAKED PINEAPPLE AND HAM		MEXICAN BREAKFAST WRAP	6
54	BAKED POTATO WITH COTTAGE CHEESE		MINI CHICKEN SALAD SANDWICH	37
43	BAKED SWEET POTATO		MUSHROOM EXTRAVAGANZA	63
91	BANANA CREAM PIE		MUSHROOM-BACON QUICHE	3
95	BIRTHDAY CAKE (STRAWBERRY TORTE)		OLD-FASHIONED CHOCOLATE PUDDING	82
78	BLUEBERRY COBBLER (A LA MODE)		ONION CORN BREAD	28
94	BREAD PUDDING WITH ORANGE SAUCE	ONION LOVER'S DEVILED EGG	109	
64	BROCCOLI-CHEDDAR CHEESE SOUP	ORANGE SEAFOOD DELIGHT	75	
59	CHICKEN AND DUMPLINGS	PARTY WRAP	112	
61	CHILI-THICK AND HEARTY	PEACHES AND CREAM	80	
62	CHILI-UNIQUE AND HEARTY	PECAN TARTS	93	
103	CINNAMON PECAN STICKS	PIECE OF CAKE (filled with blueberries)	83	
73	COLE SLAW-EASY OR ELEGANT	PIZZA	32	
21	CONFETTI TUNA	POPPY SEED DRESSING	115	
84	CORN FLAKE COOKIES	POTATO CAKES 'N SALSA	53	
44	CORN ON THE COB	POTATO SALAD	52	
102	COUNTY FAIR LEMONADE	PRALINE TARTS	89	
4	CREAMED EGG ON TOAST	RAP WRAP	34	
13	CREAMY MACARONI AND CHEESE	RIVVIL SOUP	58	
88	CRÈME BRÛLÉE	SALMON AND SQUASH	22	
7	CREPE (with jelly)	SAUTÉED MUSHROOMS	55	
74	CUCUMBER BOWLS AND CRAB SALAD	SEAFOOD IN CREAM SAUCE	23	
29	DAGWOOD WOULD BE PROUD	SIMPLICITY SALAD	68	
60	DELUXE POTATO SOUP	SIZZLING PICKLES AND MORE	114	
30	EASY CHEESY QUESADILLA	SOUTHWEST CHICK'N RICE	17	
49	EDAMAME AND TOMATO ROSE	SPRING SALAD WITH CHICKEN AND FRUIT	71	
14	FIERY RICE AND HAM	STACKED ENCHILADA	35	
31	FOOD PYRAMID SANDWICH	STEAK AND ONIONS	19	
5	FRENCH TOAST BLINTZ	STEAMED CAULIFLOWER	50	
90	FRENCH VANILLA ICE CREAM	STRAWBERRY PIE (with strawberry glaze)	87	
105	FRUIT AND DIP	STUFFED MUSHROOMS	107	
45	GREEN BEANS WITH A TWIST	SURPRISE SALAD	69	
15	HAMBURGER BARBECUE	TEA AND CANDY	108	
66	HAWAIIAN SALAD	THE BEST CUCUMBER-ONION SALAD	72	
113	HOMEMADE MAPLE SYRUP	THE CHEF'S SALAD	70	
100	HOT CREAMY EGG NOG	THE REVITALIZER	99	
106	HOT DIP	TROPICAL TILAPIA	25	
24	HOT DOG TREATS	ULTIMATE SALSA	110	
98	HOT FRUIT DRINK	VEGGIE BLISS SANDWICH	36	
33	HOT TUNA SALAD ROLL	VEGGIE DIP	111	
47	HOT VEGGIES	WILD GREEN SALAD	65	
104	IRRESISTIBLE GARLIC BREAD	YOGURT AND FRUIT BREAKFASTS	8	
48	JALAPEÑO CARROTS	YUMMY YAM AND HAM	20	
		BREAKFAST DISHES		
		1-20		
		MAIN MEAL DISHES		
		21-58		
		BREAD AND SANDWICHES		
		59-86		
		VEGETABLES AND MUSHROOMS		
		87-122		
		SOUPS AND SALADS		
		123-166		
		DESSERTS		
		167-210		
		FOR THE FUN OF LIFE		
		211-256		
		INDEX		
		281-294		

