



Second

Sikh Youth Leadership Camp

2006

From: Thursday 20th July [First Session Kicks Off at 8:30am on Friday 21st July]
To: Sunday 23rd July 2006

Check In: Either on Thursday (20th July) Evening or before 830am on Friday (21st July)
Check Out: 2pm Sunday 23rd July 2006

Where: Historic Mowbray Park, Barkers Lodge Road Picton NSW
(About an hour from Sydney CBD & 2 hrs from Canberra – see map inside)

***“Youth as Leaders
in their Communities”***

INFORMATION PACKAGE **&** **MESSAGE FROM THE CAMP FACILITATORS**

Introduction

Sikh Youth Camps have been organised by Sikh Youth Australia, for the past about eight years. The objectives of the Youth Camps are:

- To develop religious awareness and understanding of Sikh values
- To develop self esteem and confidence
- To learn and understand the Sikh way of life
- To develop leadership and communication skills
- To learn the values of teamwork and unity
- To be proud and loyal Australian Sikhs
- To meet other Sikh youth and have fun

Sikh Youth Leadership Camp

Following the success of the FIRST Leadership Camp (2005), Sikh Youth Australia is again, organising a camp targeted at young Sikh adults – university students, young adults and young couples, aged 18 years and above.

The focus of this camp is to develop leadership skills for young Sikhs as well as providing a forum to discuss issues (social, religious, cultural), which impact on young Sikh adults as they move into new realms of responsibilities and roles within a multicultural Australia. The leadership camp will use self-development, adult learning and interactive techniques to discuss issues in the context of our Sikh philosophy. The focus will be on developing yourself as leaders in your community and your work/leisure environment

Your ability to succeed is directly tied to your ability and desire to grow personally as a leader. That is the Law of the Lid. If you want to reach new level of effectiveness in your job, your sewa, your relationships, raise your lid. If you want to grow your company, grow your lid. If you want to improve your community, grow your lid.

Sikh Youth Australia offers a leadership workshop that is designed to do just that - raise your Leadership Lid. Our invited facilitators from Malaysia will translate the complex topic of leadership into simple, everyday language that can be applied and practiced by everyone who attends this camp.

In our workshop, we focus on not just learning leadership but understanding how it applies to your unique situation in your family, community and business. This allows the

adult learner to instantly transfer leadership principles back into the real world where you can make an immediate impact.

Learning Activities

- Leadership Skills
- Group dynamics and self realisation
- Inspiration Sessions
- Sikh values
- Sikh Identity
- Sikh religion, history, culture
- Meditation, yoga
- Nitnem, Kirtan
- Discussions on Youth issues
- Essentials of Sikhism
- Team projects- social skills, living & learning together
- Team building- self-esteem and self-confidence,

All programs are delivered in an interactive and facilitative learning environment.

Camp Facilitators

The camp facilitators are persons with many years of international experience in running Sikh Youth Camps. They will be lead by Pilot Jathedar Sukhdev Singh and Veerji Harvinder Singh. Sukhdev is a 747 -400 pilot by profession, and has been involved in the establishment of a number of major youth initiatives in Malaysia and Asia. They will be assisted by Veerji Satwant Singh and Veerji Inderjit Singh.

Recreational & Leisure Activities

As this camp is being held in a farm stay establishment and a number of special activities will be available at an extra cost. These include horse riding, canoeing, hay rides etc. Arrangements and payments will be finalised at the camp itself. Soccer, tennis and basketball and bushwalks are provided at no costs. Subject to permission and permits, we intend to have a campfire on one night.

Camp Facilities

Mowbray Park captures the spirit and beauty of the Southern Highlands which is renowned for its crisp country air, history and magnificent countryside. Separate accommodation is provided for girls and boys, with attached facilities. All meals will be vegetarian and the menu includes eastern and western dishes.

Maps and Transport

Please find your own way to the campsite. No buses are available. If you have a transport problem please contact us well in advance. Please take the Picton turnoff along the Hume Highway, a few kilometres from Campbelltown (see the map on page 4).



www.farmstayholidays.com.au

Mowbray Park is just 70 minutes drive from Sydney. From the city make your way to the M5 Motorway and follow until the Wollongong/Picton exit. Drive into Picton and turn left at the 'Mittagong' sign into Argyle Street and travel 200 metres before turning right at the 'Oakdale' sign, directly after Stone quarry Bridge Creek, onto Barker's Lodge Road. Continue along this road for 8kms to the Mowbray Park Main Entrance (look for the white entry gates) on the left hand side at the top of the hill.

What to Bring

As this will be a cold winter, participants are urged to bring along warm clothing.

Bring your personal gear and your own linen/sleeping bag and pillow slip (doona & pillow supplied), insect repellent, torchlight, warm clothes, headgear.

If you are interested in attending this camp, you **MUST** fill up the "ENROLMENT" form and the "INDEMNITY & RISK WAIVER" form by the due date (along with the fees).

For more information (and to download the above forms), please visit SYA website on <http://geocities.com/sikhyouthaustralia/> and follow the links to CAMPS > 2nd Sikh Youth Leadership Camp 2006.

MESSAGE FROM THE CAMP FACILITATORS

"The great excitement of the future is that we can shape it."

- Charles Handy -

RETHINKING PRINCIPLES (Finding Sense in Uncertainty)

Life is like a seesaw, a game where the movement and the excitement come from a balance of opposites, because it will always inevitably be full of paradox (inconsistency). I believe that the key to progress and even to survival in life and work is to be aware that contradictions can coexist, and to learn to live with them.

For instance, we argue that Sikh organizations have to be centralized and decentralized at the same time. They need to be both global and local. Differentiated and integrated. Tight and loose. They have to plan for the long term and yet stay flexible. Their devotee's should on the one hand be more autonomous, and on the other hand be more of a sangat. But the point is, we mustn't get confused by all that. We've got to find a way to live and work with these kinds of contradictions, to reconcile the opposites instead of trying to choose between them.

We believe one of the ways to balance this paradox, is a sense of purpose beyond oneself, it is the great and most satisfying thing in life. If the purpose is only for yourself, it rapidly dissipates whatever you're doing.

A progressive person is not a person in a certain set of circumstances, but rather a person with a certain set of attitudes.

-Harvinder Singh-

The world is up for grabs. That's both very frightening and yet very exciting. To make the future happen we need to be self-confident and to believe in our own worth. Failure means annihilation of the community.

"The reasonable man responds to the world, while the unreasonable man tries to make the world respond to him. All progress comes from the unreasonable person; the person who actually tries to change the world."

- George Bernard Shaw -

From Guru Nanak to Guru Gobind Singh Ji, every one of the Ten Masters were "unreasonable" and walked their own leadership path, charted by the creator himself as explained in Gurbani. The Sikh of the guru is the pathfinder that leads humanity. The Sikh when true to his purpose will not only be a leader but also be the guide to the world.

The LAW of PURE POTENTIALITY

The source of all creation is pure consciousness...pure potentiality seeking expression from the unmanifest to the manifest. And when we realize that our true Self is one of pure potentiality, we align with the power that manifests everything in the universe.

The affluence of the universe – the lavish display and abundance of the universe – is an expression of the creative mind of nature. The more tuned in we are to the mind of nature (naam), the more we have access to its infinite, unbounded creativity.

“Today I shall judge nothing that occurs”.

Through silence, through meditation, and through non-judgment, we will access the Law of Pure Potentiality.

My mind is a garden. My thoughts are the seeds. My harvest will be either flower or weeds.

-Mel Weldon-

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Workshop Curriculum

Our curriculum is designed to make sure what you learn at the workshop is transferred into **observable and measurable behaviors**. In other words, what you do differently *after* the workshop based upon what you learned *at* the workshop must be **observable** and **measurable**.

Therefore our curriculum is designed so that:

- You identify your personal values and belief's
- You unlearn and clarify what matters to you
- Understand the impact of aligning your lifestyle with principles
- Understand the behaviors of the 10 great Masters
- Understand the consequences of aligning your leadership with these behaviors.
- You practice the leadership behaviors, as well as observe others in the same role.
- And most importantly, so you clearly establish a plan to implement these newly learned behaviors on the job so they are Observable and Measurable.

Delivery Methods

The delivery method will be workshop, activity based to have maximum experiential learning rather than lecture based. So be prepared for “games” and activities that are

mind stimulating, emotion releasing and spiritually uplifting. You'll soon realize this is not just a sit-and-soak event. You'll roll up your sleeves and participate...

Who Should Attend

All Sikh's that would like to have a better..... Life, who want to be MORE, and anyone who just wants to have a great time and enjoy being in the guru's sangat.

Action Planning

Nothing is more important than transferring what you learn in the classroom back to your home/college/uni/work environment. That is why we purposely schedule time during the workshop for you to create your own Leadership Action Plan. Our facilitator will walk you through a process so that you capture the most critical steps you need to take to become a better leader. Result : A plan that is easily transferred into specific actions that you can implement from the moment you understand the principles.

You have already read that we focus on **Observable and Measurable Behaviors** . This means we start with the end goal in mind. If you want to work on gaining a greater level of commitment, we will help you accordingly. Self empowerment, will give you wings that help you forward like never before.

Materials

Bring along comfortable clothes that will allow participation in the multiple activities from workshops to meditation classes. Workshop materials will be provided.

Workshop Design

The name *workshop* says it all. Our two-day workshop will be led by Facilitators from Sikhs With a Mission, Kuala Lumpur Malaysia.

Pilot Jathedar Sukhdev Singh
Veerji Harvinder Singh
Veerji Satwant Singh
Veerji Inderjit Singh