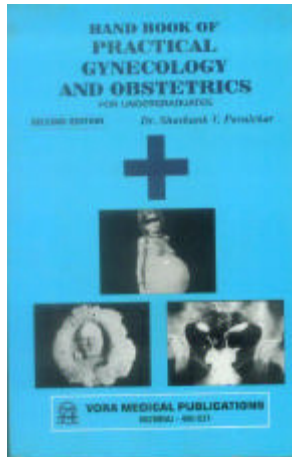


Hand Book of Practical Gynecology and Obstetrics for Undergraduates



This book deals with the practical aspects of Gynecology and Obstetrics, both for examinations and clinical practice. Considering the fact that theory and practical examinations carry equal marks in undergraduate examinations, it would be natural to expect that there would be a number of books devoted to the preparation for practical examinations, just like the large number of texts of gynecology and obstetrics. Unfortunately there were no such books when I was an undergraduate student, nor when I was postgraduate student. When I became a teacher and an examiner, I found out that the students often did not know about practical gynecology and obstetrics all that they ought to know, that I decided to write such a book.

I wrote "Practical Gynecology and Obstetrics" in 1987. While trying to write an exhaustive book, I included a lot of information in that book, which made it a little beyond the understanding ability of an average undergraduate student, I had intentionally omitted theoretical discussion so as to keep the volume of the book within reasonable limits. Over the last two years I realized that this book was very useful to postgraduate students, and good undergraduate students; but most undergraduate students needed some theoretical discussion as well, and did not need such exhaustive discussion of practical aspects.

I have limited the discussion to those aspects of gynecology and obstetrics which are discussed in undergraduate examinations. After preliminary discussion of each instrument. specimen, drug, radiograph and ultrasonograph follow standard questions in the form of headings in bold print, and their answers. I could not eliminate some information that would not be required by most students who wish no more than passing with good marks, but would be required by those who desire distinctions and more. Such information is printed in italics. The chapter on contraception is written in enough detail so that the student can not only answer well in practical examination, but also write good answers in theory examination. I thought it was essential because contraception is an important aspect of both theory and practical examinations. I must be make it clear that in practical examinations the student is tested for the knowledge he or she has picked up in the outpatient departments, wards and operation theatres. This book is not a substitute for learning in these places, but merely to help learning by virtue of the organized information presented. The student must read textbooks of theory as well, because no matter what the discussion starts with in examinations, it always finally goes to the theory. My first book on this subject, "Practical Gynecology and Obstetrics" is too bulky to be carried around in the wards and outpatient departments by students and residents. For that reason I have got this book printed in a handbook size. I have not put as many illustrations as in the older book. Those who are interested in details should refer to "Practical Gynecology and Obstetrics", while this. book remains a companion to the larger book, for ready reference and for practical examinations. There is a whole chapter on History of Gynecology and Obstetrics, which is often asked in undergraduate practical examinations.