

Manual of Family Planning



Family Planning is an important aspect of the lives of all people in the reproductive age group. There are a large number of advanced and effective methods of family planning available now. If these are used effectively, healthy offspring, appropriate spacing of births, maintenance of maternal health, and population of control of the world can be achieved. One can obtain information on family planning under the national Program on Health and Family Welfare. This program is implemented by medical professionals, health workers and nurses. This book is meant to give all information needed by these people.

This book is available in English, and two of the local languages, Marathi and Hindi.