



PICKAWAY CO. YMCA
GYMNASTICS TEAM

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"WE ARE USAG SAFETY CERTIFIED"

www.geocities.com/picygymteam



"POWER & GLORY"

.they shall see the Son of man coming in the clouds of heaven with power and great glory.
-Matthew 24:30

February 23, 2008

8:00 gym opens

8:20 coaches meeting

8:45 Warm up first event

9:00 march in

9:15 competition begins

We will follow a modified capital cup format for this meet.