

ROYALTY FOR A DAY

CAMBRIDGE YMCA 2008 LEVELS 5-9 DISTRICT CHAMPIONSHIPS PRINCESS PRINCE

SCHEDULE

AM SESSION LEVELS 6 - 9

GENERAL STRETCHING	8:00
COACHES MEETING	8:15
WARM-UPS	8:25 - 9:45
MARCH-IN	9:50
MEET	10:00

AWARDS FOLLOWING FIRST SESSION FOR LEVELS 6 - 9

GROUPS

- 1) LICKING COUNTY 7'S AND 8'S
- 2) CAMBRIDGE + ROSS COUNTY
- 3) LANCASTER + PICKAWAY COUNTY
- 4) LICKING COUNTY 6'S + MOUNT VERNON

PM SESSION LEVEL 5

GENERAL STRETCHING	12:15
COACHES MEETING	12:25
WARM-UPS	12:35 - 1:35
MARCH-IN	1:40
MEET	1:50

GROUPS

- 1) CAMBRIDGE + PICKAWAY COUNTY
- 2) LANCASTER
- 3) LICKING COUNTY + ROSS COUNTY
- 4) MOUNT VERNON