

25Oct06	The Canoe Season Comes Soon	Hall / Courtyard / Grounds	Leader: Rama Duty Six: Tawny
18h00 - 18h15	Welcome, inspection, opening parade , explanation of the night (Rama)		
18h15 - 18h25	Rowing Relay - Each team sits in a line, and have to “bump” along the floor to the other end, pretending to row at the same time. When they get to the end, row back, backwards. (Raksha)		
18h25 - 19h45	<p>Canoe instruction - Explain the rules of canoeing (Rama/Baloo)</p> <p>Safety First - weather/water conditions, PFD fitted properly, water safety, no standing in a canoe, darkness, following instructions, buddy system/never alone, listen to leaders, Dagger for leaders</p> <p>Equipment - personal (wet clothes, closed shoes, sunscreen, hat, towel), canoe, paddle/PFD (to fit)</p> <p>Canoes - getting in/out, carrying, parts of a canoe/paddle, types of PFDs</p> <p>Roles - front/middle motor, back steer/boss - we'll try to rotate all jobs - how to turn, back up</p> <p>Sirius Cup - what happens, skills needed</p>		
18h45 - 19h00	<p>Practice Session - each Cub get a PFD, paddle, and a chair and practise paddling techniques. Then working in pairs (fore and aft), leader gives instructions - Go left, Go right, Go backwards, etc. (Keneu)</p> <p><i>at the same time</i></p> <p>New Chum Training - Georgina, Lachlan (Rama)</p>		
19h00-19h10	Canoe/Paddle Parts Game - Leader calls out a part of a canoe/paddle. Cubs in relay formation. Next Cub in line has to go and touch/hold that piece. Should get more difficult as more and more Cubs are “attached.” (Rebecca)		
19h10 - 19h20	Song/Story (if time allows)		
19h20 - 19h30	Closing parade , badges, WB II presentation (Rama/Adam de Totth)		

Need six record sheets, die, PFDs/paddles for each Cub, four (or one?) canoe/paddle, story, notes