

Guru Nanak Sahib gave the first Scientific Definition of Akal Purkh

ੴ ਸਤਿ ਨਾਮੁ ਕਰਤਾ ਪੁਰਖੁ ਨਿਰਭਉ ਨਿਰਵੈਰੁ
ਅਕਾਲ ਮੂਰਤਿ ਅਜੂਨੀ ਸੈਭੰ ਗੁਰ ਪ੍ਰਸਾਦਿ ॥

Fundamental principle (ਮੁਢਲਾ ਸਿਧਾਂਤ) of Sikhism:

ਹੁਕਮਿ ਰਜਾਈ ਚਲਣਾ ਨਾਨਕ ਲਿਖਿਆ ਨਾਲਿ ॥ ੧॥

| | Names of ten Gurus of Sikhs | Gregorian | Nanak Shahi |
|----|------------------------------------|----------------------------|----------------------------------|
| 1 | Guru Nanak Sahib | 14.04.1469 - 22.09.1539 | 1 Vaisakh 001 – 8 Assu 071 |
| 2 | Guru Angad Sahib | 18.04.1504 - 16.04.1552 | 5 Vaisakh 036 – 3 Vaisakh 084 |
| 3 | Guru Amardas Sahib | 23.05.1479 - 16.09.1574 | 9 Jeth 011 – 2 Assu 106 |
| 4 | Guru Ramdas Sahib | 09.10.1534 - 16.09.1591 | 25 Assu 066 - 2 Assu 123 |
| 5 | Guru Arjan Sahib | 02.05.1563 - 16.06.1606 | 19 Vaisakh 095 – 2 Haarh 138 |
| 6 | Guru Hargobind Sahib | 05.07.1595 - 19.03.1644 | 21 Haarh 127 – 6 Chet 176 |
| 7 | Guru Harrai Sahib | 31.01.1630 - 20.10.1661 | 19 Maagh 161 – 6 Kattak 193 |
| 8 | Guru Harkishan Sahib | 23.07.1656 - 16.04.1664 | 8 Saavan 188 - 3 Vaisakh 196 |
| 9 | Guru Teg Bahadur Sahib | 18.04.1621 - 24.11.1675 | 5 Vaisakh 153 – 11 Maggar 207 |
| 10 | Guru Gobind Singh Sahib | 05.01.1666 - 21.10.1707 | 23 Poh 197 – 7 Kattak 239 |

Present Guru **“Guru Granth Sahib”**

Right from the beginning, Guru of Sikhs is **SHABAD** only

Main source of guidance is Guru Granth Sahib
*A Sikh must read, study, understand and follow the
teaching of Guru Granth Sahib*

Sikh's have their name ending with:
SINGH (Male) **KAUR** (Female)

Five Beloved (Pyara's):

| | | |
|---|-----------------------------|---------------------|
| 1 | Bhai Daya Singh Ji | Lahore, North |
| 2 | Bhai Dharam Singh Ji | Hastinapur, Centre |
| 3 | Bhai Mohkam Singh Ji | Dwarka, West |
| 4 | Bhai Sahib Singh Ji | Bidar, South |
| 5 | Bhai Himmat Singh Ji | Jagannathpuri, East |

Four Sahibzadas of Guru Gobind Singh Sahib:

| | | |
|---|------------------------------------|-----------------|
| 1 | Sahibzada Ajit Singh Jee | 18 years |
| 2 | Sahibzada Jujhar Singh Jee | 14 years |
| 3 | Sahibzada Zoravar Singh Jee | 8 years |
| 4 | Sahibzada Fateh Singh Jee | 6 years |

Five Kakars:

| | | |
|---|-----------------|-----------------------|
| 1 | Kesh | (Long hair) |
| 2 | Kangha | (Comb) |
| 3 | Kara | (Iron bracelet) |
| 4 | Kirpan | (Siri Sahib) |
| 5 | Kacchera | (Underwear / Drawer). |

Five Takhats of Sikhs:

| | |
|------------------------------|--------------------------|
| Akal Takhat Sahib | (Amritsar, Punjab) |
| Keshgarh Sahib | (Anandpur Sahib, Punjab) |
| Harmander Sahib | (Patna Sahib, Bihar) |
| Sachkhand Hazur Sahib | (Nanded, Maharashtra) |
| Damdama Sahib | (Talwandi Sabo, Punjab) |

Five Banis, as recommended in Sikh Rehat Maryada are:

| | |
|---|-----------------------|
| Japji Sahib, Jaap Sahib, Tva Prasaad Savaiye | (Early morning) |
| Rahraas Sahib | (Evening) |
| Sohilaa Sahib | (Bed time) |
| Ardass | (Morning and evening) |

Five sins which should be avoided:

| | | |
|---|---------------|------------------|
| 1 | Kam | (Lust), |
| 2 | Karodh | (Wrath / Anger), |
| 3 | Lobh | (Greediness), |
| 4 | Moh | (Worldly love) |
| 5 | Hankar | (Proud) |

Intoxicants like liquor, pan, cigarette, drugs, opium, etc. are banned:

Tea, coffee, cold drinks, etc. come in the category of mild addiction