

# SAMPO RHYTHMIC GYMNASTICS CLUB

## NEWSLETTER

APRIL 2004

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**SPRING IS HERE!** And it's nearly time for Sampo's 34<sup>th</sup> Annual Spring Spirit performance.

### T-SHIRT ORDERS

Back by popular demand! There is still time to order a Sampo t-shirt. If you would like to receive your order by May 11<sup>th</sup>, the date of Spring Spirit, please have your order form in to your coach by **WEDNESDAY APRIL 20<sup>TH</sup>**. Orders will be taken until Wednesday May 3<sup>rd</sup>, however, delivery of this order will be in sometime in June.

### SPRING SPIRIT POSTER CONTEST

Calling all gymnasts! Your original artwork is needed to help promote Spring Spirit. Make a Spring Spirit poster with the paste-on information that your coach gave you to class on Tuesday April 21<sup>st</sup> or Wednesday April 22<sup>nd</sup>. You could win a neat prize for your poster. Prizes will be awarded for the best posters at Spring Spirit.

### SPRING SPIRIT STAGE REHEARSAL – TUESDAY APRIL 27<sup>TH</sup>

Stage rehearsal for Spring Spirit will be held at the Sheridan Auditorium on **TUESDAY APRIL 27<sup>TH</sup>**. The stage rehearsal provides gymnasts with an opportunity to become familiar with the stage on which they will be performing their routines. Please note that the time of the stage rehearsal might be different from the class' regularly scheduled time. Rehearsals last for approximately fifteen minutes. **Please ensure that you are wearing your performance suit to the stage rehearsal, if you have received it.**

### STAGE REHEARSAL SCHEDULE – TUESDAY APRIL 27<sup>TH</sup>

<u>CLASS #</u>	<u>COACH</u>	<u>TIME (P.M.)</u>
1	(Wed. 6:00 p.m.) Susanne Neufeld	6:00 - 6:15
2	(Wed. 6:00 p.m.) Karen Lukkarila / Liisa Kovala	6:15 - 6:30
3	(Wed. 7:00 p.m.) Jeanne Jakubo / Karen Lukkarila	6:30 - 6:45
4	(Tues. 6:00 p.m.) Jeanne Jakubo	6:45 - 7:00
5	(Tues. 6:00 p.m.) Tanja Ceming	7:00 - 7:15
6	(Tues. 7:00 p.m.) Jeanne Jakubo	7:15 - 7:30
Ladies' Performing Group	Liisa Kovala	7:30 - 7:50
Junior Elite	Cristina Roque / Jessica Crowe	7:50 - 8:10
Intermediate Elite	Mardi Denniston / Julie Ethier	8:10 - 8:35
Senior Elite	Julie Ethier / Maija Ceming	8:35 - 9:00

*Please turn over >>>*

## **SAMPO'S 34<sup>TH</sup> ANNUAL SPRING SPIRIT PERFORMANCE – TUESDAY MAY 11<sup>TH</sup>**

Sampo Rhythmic Gymnastics Club's 34<sup>th</sup> Annual Spring Spirit performance will be held on **TUESDAY MAY 11<sup>TH</sup>** at 7:00 p.m. at Sudbury Secondary School's Sheridan Auditorium. All gymnasts are requested to arrive by 6:20 p.m. and to remember the following:

1. Proceed to the warm-up gym immediately (this is the gym where the Tuesday and Wednesday night classes are held);
2. Do not leave the warm-up gym until it is time for your performance and your coach or assistant coach brings you to the performance area;
3. Do not wear any jewellery while performing (including earrings, rings, watches etc.);
4. Hair should be clean and neat and tied back. Speak to your coach about appropriate hair ribbons etc. Some classes will be ordering scrunchies to match their performance suits.

Admission price: \$6

**PLEASE REMEMBER TO ARRIVE AT THE SHERIDAN AUDITORIUM BY 6:20 P.M.  
ON TUESDAY MAY 11<sup>TH</sup>**

Information regarding the ordering of class photos will be available at the Stage Rehearsal.

### **SPRING SPIRIT VIDEO**

Videos of the Spring Spirit performance will be available for purchase. The cost is \$20. Order forms are available from coaches. Please return order forms and payments to coaches by **TUESDAY APRIL 27<sup>TH</sup>**.

### **SPRING SPIRIT TICKETS – \$6 EACH**

Each gymnast will receive **two free tickets** for Spring Spirit and two additional tickets to sell. The Club has two major fundraisers during the year – chocolate almonds sales and Spring Spirit. The Executive of the Club asks that you do your best to sell these tickets to help with our fundraising efforts. Why not invite friends to see the performance who might be interested in joining the Club next year? And don't forget to bring along your parents, brothers, sisters, grandparents, aunts, uncles and cousins!

### **SPONSORSHIP**

Sponsorship packages are available to individuals, organizations and businesses that would like to sponsor the Club's participation in the **Red Ribbon Competition** which will be held in Markham, Ontario on June 12. If you know of any organization or business that would like to become a Sponsor of Sampo Rhythmic Gymnastics Club, please contact Maija Ceming (671-2922) or Deborah Tincombe (675-2896).

Sampo Rhythmic Gymnastics Club is a community-based, non-profit, rhythmic gymnastics club affiliated with Gymnastics Ontario. The Club has a volunteer Board of Directors which is responsible for raising the funds necessary to operate the Club's programs. Your assistance with our fundraising endeavours is greatly appreciated!