

Standard Augmentation Techniques:

- Lithium
- Cytomel[®] 25-50 ì g/day
- Carbamazepine (Tegretol[®])
- Bupirone (BuSpar[®])
- Monoamine Oxidase Inhibitor + other Antidepressant **[Caution!]**
- Electroconvulsive Therapy (ECT) - (6 to 12 exposures)

Treatments with positive results in some studies:

- Olanzapine (Zyprexa[®])
- Pindolol (Visken[®])
- Lamotrigine (Lamictal[®])
- Dexamethasone [3mg a day for 4 days]
- Clomipramine (Anafranil[®])
- Amphetamine/Psychostimulant short-term (i.e. Ritalin[®]/Dexedrine[®])
- 24-36 hour sleep deprivation
- Bright Light exposure therapy
- Vagal nerve stimulation
- Dopaminergic agents (i.e. Symmetrel[®], Parlodel[®], others)

Non-effective studied therapies:

- Melatonin S.R.
- Repetitive Transcranial Magnetic Stimulation (rTMS)