

Leg 1			This Leg			Accumulated			Team	
Pos	Bib #	Team Name	Runner Name	Time	Pace (8.26) /mi (13.3) /km	Time	Pace (8.26) /mi (13.3) /km	Time	Penalties	
1	38	St-Pierre Boys	Claudio Arthur	00:48:40	00:05:53	00:03:40	00:48:40	00:05:53	00:03:40	00:05
2	43	Z X Cycle-N-Run Club	Tim Keith	00:50:10	00:06:04	00:03:46	00:50:10	00:06:04	00:03:46	00:00
3	47	Halifax Running Club "The Boys"	Hugh McIsaac	00:50:20	00:06:05	00:03:47	00:50:20	00:06:05	00:03:47	00:00
4	28	Runners Attic	Chris Mackenzie	00:50:46	00:06:09	00:03:49	00:50:46	00:06:09	00:03:49	00:00
5	20	Classic Rummies	Kevin G. Waller	00:52:28	00:06:21	00:03:57	00:52:28	00:06:21	00:03:57	00:00
6	13	Oznog Srennur	Jon Pike	00:55:23	00:06:42	00:04:10	00:55:23	00:06:42	00:04:10	00:05
7	10	TAO	Julian Marchant	00:56:28	00:06:50	00:04:15	00:56:28	00:06:50	00:04:15	00:00
8	19	Aching Mussels	Doug Cochrane	00:57:20	00:06:56	00:04:19	00:57:20	00:06:56	00:04:19	00:00
9	54	Halifax Fire Retardants	Brian Rodgers	00:57:35	00:06:58	00:04:20	00:57:35	00:06:58	00:04:20	00:00
10	15	Yarmouth Leftovers	Brian Van Vulpen	00:57:53	00:07:00	00:04:21	00:57:53	00:07:00	00:04:21	00:00
11	57	The New Born Rash	Shauna Wilcox	00:58:28	00:07:04	00:04:24	00:58:28	00:07:04	00:04:24	00:00
12	35	Boondock Harriers	Suzanne Ferrier	00:58:41	00:07:06	00:04:25	00:58:41	00:07:06	00:04:25	00:00
13	53	NSPI Electro-Lights	Rum Run Ron	00:58:47	00:07:07	00:04:25	00:58:47	00:07:07	00:04:25	00:00
14	17	Achilles Heel Runners	Mike "McMuscles" McNally	00:58:52	00:07:07	00:04:26	00:58:52	00:07:07	00:04:26	00:05
15	3	Hampton Run 2XS	Duncan MacRae	00:59:23	00:07:11	00:04:28	00:59:23	00:07:11	00:04:28	00:00
16	21	Upright and Mile-ing	Andrew McNeil	00:59:32	00:07:12	00:04:29	00:59:32	00:07:12	00:04:29	00:00
17	7	No Slackin' Back, Keep 'er Goin' Boys	Bill Roblee	00:59:52	00:07:15	00:04:30	00:59:52	00:07:15	00:04:30	00:00
18	1	Highland Huggers	Gary Droham	01:01:16	00:07:25	00:04:36	01:01:16	00:07:25	00:04:36	00:00
19	22	The Numb Runners	Lawrence MacEachern	01:01:17	00:07:25	00:04:36	01:01:17	00:07:25	00:04:36	00:00
20	49	HRC Mixed Messengers	Roger Barakett	01:01:54	00:07:29	00:04:39	01:01:54	00:07:29	00:04:39	00:00
21	60	Sonny's Dream Team	Denys Ouellet	01:02:56	00:07:37	00:04:44	01:02:56	00:07:37	00:04:44	00:00
22	31	Tidal Boars	Chris Giles	01:04:33	00:07:49	00:04:51	01:04:33	00:07:49	00:04:51	00:00
23	34	Border Bounders	Frank Burns	01:04:56	00:07:51	00:04:53	01:04:56	00:07:51	00:04:53	00:00
24	24	Fast Company Hot Shots	Alex MacEachern	01:05:07	00:07:53	00:04:54	01:05:07	00:07:53	00:04:54	00:00
25	48	HRC Women's Brigade	Dianne Chiasson	01:06:08	00:08:00	00:04:58	01:06:08	00:08:00	00:04:58	00:00
26	12	NSPI Short Circuits	Blaise McNeil	01:06:23	00:08:02	00:04:59	01:06:23	00:08:02	00:04:59	00:00
27	29	Nova's Disfunctionals	Jonathan Chaisson	01:06:26	00:08:02	00:05:00	01:06:26	00:08:02	00:05:00	00:00
28	33	The Original Border Bounders	Kyle Carpenter	01:06:35	00:08:03	00:05:00	01:06:35	00:08:03	00:05:00	00:00
29	56	The Wee Marshlanders	Sarah Rose	01:07:35	00:08:11	00:05:05	01:07:35	00:08:11	00:05:05	00:00
30	55	Sally's Original Roadkill	Gerald MacDonald	01:07:43	00:08:12	00:05:05	01:07:43	00:08:12	00:05:05	00:00
31	39	St-Pierre Senators	Jean-Michel Delcourt	01:08:15	00:08:16	00:05:08	01:08:15	00:08:16	00:05:08	00:00
32	6	Great Canadian Honking Goose	Brian Chaffey	01:08:16	00:08:16	00:05:08	01:08:16	00:08:16	00:05:08	00:05
33	5	Hampton River Runners	Claudio Krickler	01:08:39	00:08:18	00:05:10	01:08:39	00:08:18	00:05:10	00:00
34	2	Outliers	Dena Murphy	01:08:43	00:08:19	00:05:10	01:08:43	00:08:19	00:05:10	00:00
35	11	Grayhounds	Jacques Thibault	01:10:07	00:08:29	00:05:16	01:10:07	00:08:29	00:05:16	00:00
36	51	HRP Cops and Runners	Russ Manderveldt	01:11:15	00:08:37	00:05:21	01:11:15	00:08:37	00:05:21	00:00
37	23	Fast Company Hot Flashes	Catherine Fitzsimmons	01:11:20	00:08:38	00:05:22	01:11:20	00:08:38	00:05:22	00:00
38	52	Mixed Bag of Bluenosers	Annie Colwell	01:12:38	00:08:47	00:05:28	01:12:38	00:08:47	00:05:28	00:05
39	37	French Ladies from St-Pierre	Marielle Boissel	01:12:54	00:08:49	00:05:29	01:12:54	00:08:49	00:05:29	00:05
40	58	Beech Nuts	Jan Leonard	01:12:55	00:08:49	00:05:29	01:12:55	00:08:49	00:05:29	00:00
41	50	Team Bitter	David Farrell	01:13:07	00:08:51	00:05:30	01:13:07	00:08:51	00:05:30	00:00
42	25	M & M Maniacs	Colleen MacIsaac	01:13:13	00:08:52	00:05:30	01:13:13	00:08:52	00:05:30	00:00
43	16	Over the Hill & Extremely Runners	Carol Young	01:14:00	00:08:57	00:05:34	01:14:00	00:08:57	00:05:34	00:00
44	4	Hampton Rum a-Ways	Annabelle McRae	01:14:22	00:09:00	00:05:35	01:14:22	00:09:00	00:05:35	00:00
45	14	Sackville Striding Slugs	Harry Jacobs	01:14:23	00:09:00	00:05:36	01:14:23	00:09:00	00:05:36	00:00
46	59	10 Pink Kinks	Kris Acker	01:14:44	00:09:03	00:05:37	01:14:44	00:09:03	00:05:37	00:00
47	30	Yarmouth Fun Runners	Leslie Cunningham	01:16:00	00:09:12	00:05:43	01:16:00	00:09:12	00:05:43	00:00
48	27	Randy's Road Rash Runners	Gerry Parker	01:16:20	00:09:14	00:05:44	01:16:20	00:09:14	00:05:44	00:00
49	8	Road Work Ahead	Laura Roblee	01:17:04	00:09:20	00:05:48	01:17:04	00:09:20	00:05:48	00:00
50	46	Hubbards Hoofers	Jackie Sutherland	01:17:20	00:09:21	00:05:49	01:17:20	00:09:21	00:05:49	00:00
51	40	RunningMania.com	Lisa Vipond	01:17:25	00:09:22	00:05:49	01:17:25	00:09:22	00:05:49	00:00
52	26	Limping to Lunenburg	Janice Brown	01:17:46	00:09:25	00:05:51	01:17:46	00:09:25	00:05:51	00:00
53	41	Village People	Ken Williment	01:17:50	00:09:25	00:05:51	01:17:50	00:09:25	00:05:51	00:00
54	36	BIO Fish and Ships	Judi Randles	01:18:41	00:09:31	00:05:55	01:18:41	00:09:31	00:05:55	00:00
55	44	East Hants Penguins	Beth McNeill	01:19:24	00:09:36	00:05:58	01:19:24	00:09:36	00:05:58	00:00
56	18	Mister and Missus	Christine MacGillivray	01:19:45	00:09:39	00:06:00	01:19:45	00:09:39	00:06:00	00:00
57	32	Marsh Runners	Lesley Burns	01:20:25	00:09:44	00:06:03	01:20:25	00:09:44	00:06:03	00:00
58	45	Captain Highliner's Crew	Beverley Richardson	01:22:18	00:09:58	00:06:11	01:22:18	00:09:58	00:06:11	00:00
59	42	Rickard's Reds	Jocelyne Poirier	01:27:18	00:10:34	00:06:34	01:27:18	00:10:34	00:06:34	00:00
60	9	Martha's Vineyard	Luke MacDonald	01:27:18	00:10:34	00:06:34	01:27:18	00:10:34	00:06:34	00:00

Leg 2			This Leg			Accumulated			Team	
Pos	Bib #	Team Name	Runner Name	Time	Pace (4.97) /mi (8) /km	Time	Pace (13.24) /mi (21.3) /km	Penalties		
1	38	St-Pierre Boys	Daniel Luberry	00:32:48	00:06:36	00:04:06	01:21:28	00:06:09	00:03:49	00:05
2	11	Grayhounds	"Boston Brentie" MacDonald	00:33:27	00:06:44	00:04:11	01:43:34	00:07:50	00:04:52	00:00
3	51	HRP Cops and Runners	Colin Brien	00:33:33	00:06:45	00:04:12	01:44:48	00:07:55	00:04:55	00:00
4	47	Halifax Running Club "The Boys"	Brendon Ryan	00:34:10	00:06:52	00:04:16	01:24:30	00:06:23	00:03:58	00:00
5	52	Mixed Bag of Bluenosers	John Colwell	00:34:24	00:06:55	00:04:18	01:47:02	00:08:05	00:05:02	00:05
6	28	Runners Attic	Shawn Muise	00:34:46	00:07:00	00:04:21	01:25:32	00:06:28	00:04:01	00:00
7	22	The Numb Runners	Dana Simonsen	00:35:46	00:07:12	00:04:28	01:37:03	00:07:20	00:04:33	00:00
8	7	No Slackin' Back, Keep 'er Goin' Boys	Doug Coulter	00:36:56	00:07:26	00:04:37	01:36:48	00:07:19	00:04:33	00:00
9	20	Classic Rummies	Larry Stordy	00:37:24	00:07:31	00:04:41	01:29:52	00:06:47	00:04:13	00:00
10	43	Z X Cycle-N-Run Club	Keith Fugger	00:37:35	00:07:34	00:04:42	01:27:45	00:06:38	00:04:07	00:00
11	17	Achilles Heel Runners	Paul "CFO" Delicaet	00:38:19	00:07:42	00:04:47	01:37:11	00:07:21	00:04:34	00:05
12	3	Hampton Run 2XS	Lloyd English	00:38:33	00:07:45	00:04:49	01:37:56	00:07:24	00:04:36	00:00
13	49	HRC Mixed Messengers	Dan Gilfoy	00:39:06	00:07:52	00:04:53	01:41:00	00:07:38	00:04:45	00:00
14	39	St-Pierre Senators	Jean Francis Ruel	00:39:09	00:07:53	00:04:54	01:47:24	00:08:07	00:05:03	00:00
15	29	Nova's Disfunctionals	Jackie Lee Chisholm	00:39:11	00:07:53	00:04:54	01:45:37	00:07:59	00:04:58	00:00
16	31	Tidal Boars	Dianne Powell	00:39:30	00:07:57	00:04:56	01:44:03	00:07:52	00:04:53	00:00
17	35	Boondock Harriers	Jenna Sullivan	00:40:20	00:08:07	00:05:03	01:39:01	00:07:29	00:04:39	00:00
18	2	Outliers	Tony Jabbour	00:40:33	00:08:09	00:05:04	01:49:16	00:08:15	00:05:08	00:00
19	56	The Wee Marshlanders	Caroline Evans	00:40:40	00:08:11	00:05:05	01:48:15	00:08:11	00:05:05	00:00
20	40	RunningMania.com	Brian Doan	00:40:46	00:08:12	00:05:06	01:58:11	00:08:56	00:05:33	00:00
21	23	Fast Company Hot Flashes	Maureen Cullen	00:41:36	00:08:22	00:05:12	01:52:56	00:08:32	00:05:18	00:00
22	60	Sonny's Dream Team	Ken Hudson	00:42:50	00:08:37	00:05:21	01:45:46	00:07:59	00:04:58	00:00
23	10	TAO	Sue Coueslan	00:43:00	00:08:39	00:05:23	01:39:28	00:07:31	00:04:40	00:00
24	14	Sackville Striding Slugs	Mike O'Leary	00:43:07	00:08:40	00:05:23	01:57:30	00:08:53	00:05:31	00:00
25	36	BIO Fish and Ships	Sue Randles	00:43:26	00:08:44	00:05:26	02:02:07	00:09:14	00:05:44	00:00
26	6	Great Canadian Honking Goose	Alyson Roberts	00:43:27	00:08:44	00:05:26	01:51:43	00:08:26	00:05:15	00:05
27	1	Highland Huggers	Bob Moody	00:43:45	00:08:48	00:05:28	01:45:01	00:07:56	00:04:56	00:00
28	24	Fast Company Hot Shots	Mike Jessome	00:44:17	00:08:55	00:05:32	01:49:24	00:08:16	00:05:08	00:00
29	45	Captain Highliner's Crew	Rose Conrad	00:44:35	00:08:58	00:05:34	02:06:53	00:09:35	00:05:57	00:00
30	33	The Original Border Bounders	Larry Rhindress	00:44:37	00:08:59	00:05:35	01:51:12	00:08:24	00:05:13	00:00
31	53	NSPI Electro-Lights	Paul Casey	00:44:41	00:08:59	00:05:35	01:43:28	00:07:49	00:04:51	00:00
32	48	HRC Women's Brigade	Lynn Somers	00:45:28	00:09:09	00:05:41	01:51:36	00:08:26	00:05:14	00:00
33	13	Oznog Srennur	Clem Hennebury	00:45:51	00:09:13	00:05:44	01:41:14	00:07:39	00:04:45	00:05
34	32	Marsh Runners	Lucy Evans	00:45:52	00:09:14	00:05:44	02:06:17	00:09:32	00:05:56	00:00
35	34	Border Bounders	Craig Evans	00:45:53	00:09:14	00:05:44	01:50:49	00:08:22	00:05:12	00:00
36	9	Martha's Vineyard	Ann MacDonald	00:46:09	00:09:17	00:05:46	02:13:27	00:10:05	00:06:16	00:00
37	37	French Ladies from St-Pierre	Josette Urdanabia	00:46:35	00:09:22	00:05:49	01:59:29	00:09:02	00:05:37	00:05
38	57	The New Born Rash	Jennifer Brown	00:46:48	00:09:25	00:05:51	01:45:16	00:07:57	00:04:57	00:00
39	19	Aching Mussels	Roy Geldart	00:47:05	00:09:28	00:05:53	01:44:25	00:07:53	00:04:54	00:00
40	21	Upright and Mile-ing	Allison Woodbury	00:47:15	00:09:30	00:05:54	01:46:47	00:08:04	00:05:01	00:00
41	54	Halifax Fire Retardants	Barry Greer	00:47:16	00:09:31	00:05:55	01:44:51	00:07:55	00:04:55	00:00
42	58	Beech Nuts	Heather Rainnie	00:47:21	00:09:32	00:05:55	02:00:16	00:09:05	00:05:39	00:00
43	46	Hubbards Hoofers	Cara MacLean	00:47:30	00:09:33	00:05:56	02:04:50	00:09:26	00:05:52	00:00
44	30	Yarmouth Fun Runners	Karen Bower	00:47:44	00:09:36	00:05:58	02:03:44	00:09:21	00:05:49	00:00
45	18	Mister and Missus	Maureen Coady	00:47:53	00:09:38	00:05:59	02:07:38	00:09:39	00:06:00	00:00
46	27	Randy's Road Rash Runners	Randy Misener	00:48:39	00:09:47	00:06:05	02:04:59	00:09:27	00:05:52	00:00
47	50	Team Bitter	Gwyneth Parker	00:48:41	00:09:48	00:06:05	02:01:48	00:09:12	00:05:43	00:00
48	59	10 Pink Kinks	Joanie Gallagher	00:48:42	00:09:48	00:06:05	02:03:26	00:09:20	00:05:48	00:00
49	44	East Hants Penguins	Roy McNeill	00:48:46	00:09:49	00:06:06	02:08:10	00:09:41	00:06:01	00:00
50	5	Hampton River Runners	Liz McQuilter	00:48:58	00:09:51	00:06:07	01:57:37	00:08:53	00:05:31	00:00
51	41	Village People	Edie Shaw-Ewald	00:49:25	00:09:56	00:06:11	02:07:15	00:09:37	00:05:58	00:00
52	4	Hampton Rum a-Ways	Sonja Travis	00:49:28	00:09:57	00:06:11	02:03:50	00:09:21	00:05:49	00:00
53	12	NSPI Short Circuits	JK Keeping	00:49:55	00:10:02	00:06:14	01:56:18	00:08:47	00:05:28	00:00
54	55	Sally's Original Roadkill	Mike Harvey	00:50:16	00:10:07	00:06:17	01:57:59	00:08:55	00:05:32	00:00
55	16	Over the Hill & Extremely Runners	Victoria Dymond	00:51:06	00:10:17	00:06:23	02:05:06	00:09:27	00:05:52	00:00
56	25	M & M Maniacs	Carla Craggs	00:51:41	00:10:24	00:06:28	02:04:54	00:09:26	00:05:52	00:00
57	15	Yarmouth Leftovers	Margot Corkum	00:52:10	00:10:30	00:06:31	01:50:03	00:08:19	00:05:10	00:00
58	42	Rickard's Reds	Susan Rickard	00:53:18	00:10:43	00:06:40	02:20:36	00:10:37	00:06:36	00:00
59	8	Road Work Ahead	Judy Allen	00:54:15	00:10:55	00:06:47	02:11:19	00:09:55	00:06:10	00:00
60	26	Limping to Lunenburg	Tracey Taweel	00:55:14	00:11:07	00:06:54	02:13:00	00:10:03	00:06:15	00:00

Leg 3			This Leg			Accumulated			Team	
Pos	Bib #	Team Name	Runner Name	Time	Pace (7.08) /mi (11.4) /km	Time	Pace (20.32) /mi (32.7) /km	Penalties		
1	10	TAO	Steve Irvine	00:40:07	00:05:40	00:03:31	02:19:35	00:10:33	00:06:33	00:00
2	47	Halifax Running Club "The Boys"	Louis Brill	00:43:01	00:06:04	00:03:46	02:07:31	00:09:38	00:05:59	00:00
3	51	HRP Cops and Runners	Steve Cooper	00:43:20	00:06:07	00:03:48	02:28:08	00:11:12	00:06:57	00:00
4	28	Runners Attic	David Goodwin	00:43:36	00:06:09	00:03:49	02:09:08	00:09:45	00:06:04	00:00
5	55	Sally's Original Roadkill	Victor Vidito	00:44:37	00:06:18	00:03:55	02:42:36	00:12:17	00:07:38	00:00
6	38	St-Pierre Boys	Vincent LeCoadic	00:45:28	00:06:25	00:03:59	02:06:56	00:09:35	00:05:58	00:05
7	7	No Slackin' Back, Keep 'er Goin' Boys	Barry Fisher	00:45:53	00:06:29	00:04:01	02:22:41	00:10:47	00:06:42	00:00
8	24	Fast Company Hot Shots	Clarence Wynot	00:46:21	00:06:33	00:04:04	02:35:45	00:11:46	00:07:19	00:00
9	43	Z X Cycle-N-Run Club	Gilles Coutour	00:46:25	00:06:33	00:04:04	02:14:10	00:10:08	00:06:18	00:00
10	17	Achilles Heel Runners	Alex "Old Man" Fraser	00:46:37	00:06:35	00:04:05	02:23:48	00:10:52	00:06:45	00:05
11	53	NSPI Electro-Lights	Brent Dreger	00:47:08	00:06:39	00:04:08	02:30:36	00:11:23	00:07:04	00:00
12	29	Nova's Disfunctionals	Kevin Chisholm	00:48:04	00:06:47	00:04:13	02:33:41	00:11:37	00:07:13	00:00
13	8	Road Work Ahead	Dave Patrick	00:48:05	00:06:47	00:04:13	02:59:24	00:13:33	00:08:25	00:00
14	11	Grayhounds	Vexorg	00:48:07	00:06:48	00:04:13	02:31:41	00:11:28	00:07:07	00:00
15	19	Aching Mussels	Kevin Publicover	00:49:16	00:06:57	00:04:19	02:33:41	00:11:37	00:07:13	00:00
16	27	Randy's Road Rash Runners	Caitlin Gillis	00:49:21	00:06:58	00:04:20	02:54:20	00:13:10	00:08:11	00:00
17	32	Marsh Runners	Jason Bartlett	00:49:31	00:06:59	00:04:21	02:55:48	00:13:17	00:08:15	00:00
18	20	Classic Rummies	John Rogers	00:49:37	00:07:00	00:04:21	02:19:29	00:10:32	00:06:33	00:00
19	3	Hampton Run 2XS	Brent Bethune	00:51:07	00:07:13	00:04:29	02:29:03	00:11:16	00:07:00	00:00
20	15	Yarmouth Leftovers	Fenton Cunningham	00:52:32	00:07:25	00:04:36	02:42:35	00:12:17	00:07:38	00:00
21	14	Sackville Striding Slugs	Robert Pretty	00:52:45	00:07:27	00:04:38	02:50:15	00:12:52	00:08:00	00:00
22	35	Boondock Harriers	Harry LaMont	00:53:03	00:07:29	00:04:39	02:32:04	00:11:29	00:07:08	00:00
23	9	Martha's Vineyard	Steve Dunn	00:53:04	00:07:29	00:04:39	03:06:31	00:14:06	00:08:45	00:00
24	2	Outliers	Jean Coonan	00:54:31	00:07:42	00:04:47	02:43:47	00:12:22	00:07:41	00:00
25	56	The Wee Marshlanders	Sara Thomas	00:55:12	00:07:48	00:04:51	02:43:27	00:12:21	00:07:40	00:00
26	34	Border Bounders	Doug Bliss	00:55:26	00:07:50	00:04:52	02:46:15	00:12:34	00:07:48	00:00
27	52	Mixed Bag of Bluenosers	John Jenkins	00:55:40	00:07:52	00:04:53	02:42:42	00:12:18	00:07:38	00:05
28	6	Great Canadian Honking Goose	Andrew Leverman	00:56:07	00:07:55	00:04:55	02:47:50	00:12:41	00:07:53	00:05
29	33	The Original Border Bounders	Matthew Grant	00:56:16	00:07:57	00:04:56	02:47:28	00:12:39	00:07:52	00:00
30	44	East Hants Penguins	Josh McNeill	00:56:25	00:07:58	00:04:57	03:04:35	00:13:57	00:08:40	00:00
31	48	HRC Women's Brigade	Geri Wallace	00:56:59	00:08:03	00:05:00	02:48:35	00:12:44	00:07:55	00:00
32	31	Tidal Boars	Richard Chipman	00:58:06	00:08:12	00:05:06	02:42:09	00:12:15	00:07:37	00:00
33	60	Sonny's Dream Team	Heather MacIntyre	00:58:36	00:08:16	00:05:08	02:44:22	00:12:25	00:07:43	00:00
34	22	The Numb Runners	Dawn Druhan	00:58:50	00:08:18	00:05:10	02:35:53	00:11:47	00:07:19	00:00
35	39	St-Pierre Senators	Jean Michel Arrossamena	00:58:54	00:08:19	00:05:10	02:46:18	00:12:34	00:07:48	00:00
36	41	Village People	Jennifer Morrison	00:58:57	00:08:19	00:05:10	03:06:12	00:14:04	00:08:45	00:00
37	25	M & M Maniacs	Angie Gelineau	01:00:14	00:08:30	00:05:17	03:05:08	00:13:59	00:08:42	00:00
38	50	Team Bitter	Geraldine Cooper	01:00:34	00:08:33	00:05:19	03:02:22	00:13:47	00:08:34	00:00
39	49	HRC Mixed Messengers	Vondalee Hanrahan	01:01:10	00:08:38	00:05:22	02:42:10	00:12:15	00:07:37	00:00
40	26	Limping to Lunenburg	Ed Michalik	01:01:35	00:08:42	00:05:24	03:14:35	00:14:42	00:09:08	00:00
41	23	Fast Company Hot Flashes	Marg Kinsman	01:01:41	00:08:42	00:05:25	02:54:37	00:13:12	00:08:12	00:00
42	13	Oznog Srennur	Terry McCormick	01:01:46	00:08:43	00:05:25	02:43:00	00:12:19	00:07:39	00:05
43	12	NSPI Short Circuits	Susan Joudrey	01:01:57	00:08:45	00:05:26	02:58:15	00:13:28	00:08:22	00:00
44	1	Highland Huggers	Taanya McGuinness	01:02:19	00:08:48	00:05:28	02:47:20	00:12:39	00:07:51	00:00
45	21	Upright and Mile-ing	Caroline King	01:02:34	00:08:50	00:05:29	02:49:21	00:12:48	00:07:57	00:00
46	37	French Ladies from St-Pierre	Johanne Arrossamena	01:02:44	00:08:51	00:05:30	03:02:13	00:13:46	00:08:33	00:05
47	16	Over the Hill & Extremely Runners	Margo Watt	01:03:12	00:08:55	00:05:33	03:08:18	00:14:14	00:08:50	00:00
48	45	Captain Highliner's Crew	Lisa McInnis	01:03:51	00:09:01	00:05:36	03:10:44	00:14:25	00:08:57	00:00
49	57	The New Born Rash	Joyce Lewidge	01:03:53	00:09:01	00:05:36	02:49:09	00:12:47	00:07:56	00:00
50	54	Halifax Fire Retardants	Mike Connolly	01:04:36	00:09:07	00:05:40	02:49:27	00:12:48	00:07:57	00:00
51	18	Mister and Missus	Juanita Pelly	01:05:11	00:09:12	00:05:43	03:12:49	00:14:34	00:09:03	00:00
52	59	10 Pink Kinks	Christine Loewen	01:06:20	00:09:22	00:05:49	03:09:46	00:14:20	00:08:55	00:00
53	58	Beech Nuts	Jane Thorburn	01:07:00	00:09:28	00:05:53	03:07:16	00:14:09	00:08:48	00:00
54	42	Rickard's Reds	Charlotte Deviller	01:07:37	00:09:33	00:05:56	03:28:13	00:15:44	00:09:47	00:00
55	30	Yarmouth Fun Runners	Ken Smith	01:07:39	00:09:33	00:05:56	03:11:23	00:14:28	00:08:59	00:00
56	36	BIO Fish and Ships	Chris Jauer	01:08:25	00:09:40	00:06:00	03:10:32	00:14:24	00:08:57	00:00
57	4	Hampton Rum a-Ways	Mariya Henderson	01:08:56	00:09:44	00:06:03	03:12:46	00:14:34	00:09:03	00:00
58	40	RunningMania.com	Trish McCourt	01:09:19	00:09:47	00:06:05	03:07:30	00:14:10	00:08:48	00:00
59	46	Hubbards Hoofers	Heather Coholan	01:11:13	00:10:03	00:06:15	03:16:03	00:14:49	00:09:12	00:00
60	5	Hampton River Runners	Martha Boudreau	01:16:13	00:10:46	00:06:41	03:13:50	00:14:39	00:09:06	00:00

Leg 4			This Leg			Accumulated			Team	
Pos	Bib #	Team Name	Runner Name	Time	Pace (10.50) /mi (16.9) /km	Time	Pace (30.82) /mi (49.6) /km	Penalties		
1	47	Halifax Running Club "The Boys"	Andrew Dacanay	01:03:59	00:06:06	00:03:47	03:11:30	00:06:13	00:03:52	00:00
2	20	Classic Rummies	Luc Erjavec	01:06:03	00:06:17	00:03:54	03:25:32	00:06:40	00:04:09	00:00
3	24	Fast Company Hot Shots	Tyler Reddy	01:07:02	00:06:23	00:03:58	03:42:47	00:07:14	00:04:29	00:00
4	28	Runners Attic	Garth Spinney	01:07:38	00:06:26	00:04:00	03:16:46	00:06:23	00:03:58	00:00
5	54	Halifax Fire Retardants	Kevin Gallagher	01:07:45	00:06:27	00:04:01	03:57:12	00:07:42	00:04:47	00:00
6	41	Village People	Bruce Gallagher	01:08:06	00:06:29	00:04:02	04:14:18	00:08:15	00:05:08	00:00
7	15	Yarmouth Leftovers	Marco Albright	01:08:57	00:06:34	00:04:05	03:51:32	00:07:31	00:04:40	00:00
8	55	Sally's Original Roadkill	Greg Wagner	01:09:08	00:06:35	00:04:05	03:51:44	00:07:31	00:04:40	00:00
9	53	NSPI Electro-Lights	Dan Thompson	01:09:27	00:06:37	00:04:07	03:40:03	00:07:08	00:04:26	00:00
10	13	Oznog Srennur	Andy Canning	01:09:37	00:06:38	00:04:07	03:52:37	00:07:33	00:04:41	00:05
11	38	St-Pierre Boys	Jean-Louis Rabottin	01:10:31	00:06:43	00:04:10	03:17:27	00:06:24	00:03:59	00:05
12	22	The Numb Runners	Tammy Hackett	01:10:50	00:06:45	00:04:11	03:46:43	00:07:21	00:04:34	00:00
13	43	Z X Cycle-N-Run Club	Tammy Hiscock	01:11:14	00:06:47	00:04:13	03:25:24	00:06:40	00:04:08	00:00
14	2	Outliers	Leah Jabbour	01:11:27	00:06:48	00:04:14	03:55:14	00:07:38	00:04:45	00:00
15	7	No Slackin' Back, Keep 'er Goin' Boys	Terry Morris	01:11:36	00:06:49	00:04:14	03:34:17	00:06:57	00:04:19	00:00
16	17	Achilles Heel Runners	Darren "Pauli" Wadden	01:12:05	00:06:52	00:04:16	03:35:53	00:07:00	00:04:21	00:05
17	1	Highland Huggers	Pete McSregor	01:12:23	00:06:54	00:04:17	03:59:43	00:07:47	00:04:50	00:00
18	3	Hampton Run 2XS	Jamie Gamble	01:13:55	00:07:02	00:04:22	03:42:58	00:07:14	00:04:30	00:00
19	11	Grayhounds	"Dr Phil" Reid	01:14:03	00:07:03	00:04:23	03:45:44	00:07:19	00:04:33	00:00
20	39	St-Pierre Senators	Stephine Rutin	01:14:13	00:07:04	00:04:23	04:00:31	00:07:48	00:04:51	00:00
21	56	The Wee Marshlanders	Dante Manchester	01:14:43	00:07:07	00:04:25	03:58:10	00:07:44	00:04:48	00:00
22	31	Tidal Boars	Chris Cashen	01:14:51	00:07:08	00:04:26	03:57:00	00:07:41	00:04:47	00:00
23	45	Captain Highliner's Crew	Ian Roper	01:15:22	00:07:11	00:04:28	04:26:06	00:08:38	00:05:22	00:00
24	35	Boondock Harriers	Tracy Crowell	01:15:33	00:07:12	00:04:28	03:47:37	00:07:23	00:04:35	00:00
25	40	RunningMania.com	Heather Thomson	01:16:05	00:07:15	00:04:30	04:23:35	00:08:33	00:05:19	00:00
26	34	Border Bounders	Rob Caron	01:16:15	00:07:16	00:04:31	04:02:30	00:07:52	00:04:53	00:00
27	32	Marsh Runners	Sarah Quintin	01:16:15	00:07:16	00:04:31	04:12:03	00:08:11	00:05:05	00:00
28	29	Nova's Disfunctionals	Matt Keith	01:16:23	00:07:16	00:04:31	03:50:04	00:07:28	00:04:38	00:00
29	10	TAO	Penny Hart	01:17:05	00:07:20	00:04:34	03:36:40	00:07:02	00:04:22	00:00
30	33	The Original Border Bounders	Darrell Wilkins	01:17:07	00:07:21	00:04:34	04:04:35	00:07:56	00:04:56	00:00
31	8	Road Work Ahead	Steve Johnson	01:17:55	00:07:25	00:04:37	04:17:19	00:08:21	00:05:11	00:00
32	21	Upright and Mile-ing	Joan Kearney	01:18:14	00:07:27	00:04:38	04:07:35	00:08:02	00:04:59	00:00
33	44	East Hants Penguins	Scott MacIntyre	01:18:28	00:07:28	00:04:39	04:23:03	00:08:32	00:05:18	00:00
34	52	Mixed Bag of Bluenosers	Roland Genge	01:18:59	00:07:31	00:04:40	04:01:41	00:07:51	00:04:52	00:05
35	23	Fast Company Hot Flashes	Karen Marlin	01:19:02	00:07:32	00:04:41	04:13:39	00:08:14	00:05:07	00:00
36	46	Hubbards Hoofers	Craig Corbett	01:19:07	00:07:32	00:04:41	04:35:10	00:08:56	00:05:33	00:00
37	9	Martha's Vineyard	Gary Dunbrack	01:20:00	00:07:37	00:04:44	04:26:31	00:08:39	00:05:22	00:00
38	49	HRC Mixed Messengers	Joanne Smith	01:20:03	00:07:37	00:04:44	04:02:13	00:07:52	00:04:53	00:00
39	51	HRP Cops and Runners	Steve Dunn	01:20:58	00:07:43	00:04:47	03:49:06	00:07:26	00:04:37	00:00
40	30	Yarmouth Fun Runners	Hardy Vaughan	01:21:19	00:07:45	00:04:49	04:32:42	00:08:51	00:05:30	00:00
41	6	Great Canadian Honking Goose	Mary Annette Gillis	01:21:49	00:07:47	00:04:50	04:09:39	00:08:06	00:05:02	00:05
42	57	The New Born Rash	Robin Whyte	01:21:51	00:07:48	00:04:51	04:11:00	00:08:09	00:05:04	00:00
43	59	10 Pink Kinks	Kim Buck	01:21:58	00:07:48	00:04:51	04:31:44	00:08:49	00:05:29	00:00
44	37	French Ladies from St-Pierre	Carine Keroas	01:22:08	00:07:49	00:04:52	04:24:21	00:08:35	00:05:20	00:05
45	18	Mister and Missus	Charlene Druhan	01:22:09	00:07:49	00:04:52	04:34:58	00:08:55	00:05:33	00:00
46	14	Sackville Striding Slugs	Gerry hanrahan	01:22:10	00:07:49	00:04:52	04:12:25	00:08:11	00:05:05	00:00
47	19	Aching Mussels	Richard Bennett	01:22:56	00:07:54	00:04:54	03:56:37	00:07:41	00:04:46	00:00
48	12	NSPI Short Circuits	Mike Noddin	01:25:26	00:08:08	00:05:03	04:23:41	00:08:33	00:05:19	00:00
49	36	BIO Fish and Ships	Ramona Sladic	01:25:28	00:08:08	00:05:03	04:36:00	00:08:57	00:05:34	00:00
50	50	Team Bitter	Janet Mills	01:26:17	00:08:13	00:05:06	04:28:39	00:08:43	00:05:25	00:00
51	16	Over the Hill & Extremely Runners	Fred Hampton	01:27:48	00:08:22	00:05:12	04:36:06	00:08:58	00:05:34	00:00
52	48	HRC Women's Brigade	Tina White	01:27:57	00:08:23	00:05:12	04:16:32	00:08:19	00:05:10	00:00
53	5	Hampton River Runners	Blair Boudreau	01:32:59	00:08:51	00:05:30	04:46:49	00:09:18	00:05:47	00:00
54	58	Beech Nuts	Meghan Nieman	01:33:56	00:08:57	00:05:33	04:41:12	00:09:07	00:05:40	00:00
55	42	Rickard's Reds	Annette Scott	01:37:58	00:09:20	00:05:48	05:06:11	00:09:56	00:06:10	00:00
56	27	Randy's Road Rash Runners	Rod MacIntyre	01:37:58	00:09:20	00:05:48	04:32:18	00:08:50	00:05:29	00:00
57	60	Sonny's Dream Team	Claudine Wright	01:41:38	00:09:41	00:06:01	04:26:00	00:08:38	00:05:22	00:00
58	25	M & M Maniacs	Brenda MacIsaac	01:41:38	00:09:41	00:06:01	04:46:46	00:09:18	00:05:47	00:00
59	26	Limping to Lunenburg	Edward Michalik	01:41:56	00:09:42	00:06:02	04:56:31	00:09:37	00:05:59	00:00
60	4	Hampton Rum a-Ways	Lise Robichaud	01:46:56	00:10:11	00:06:20	04:59:42	00:09:43	00:06:03	00:00

Leg 5			This Leg			Accumulated			Team	
Pos	Bib #	Team Name	Runner Name	Time	Pace (2.36) /mi (3.8) /km	Time	Pace (33.18) /mi (53.4) /km	Penalties		
1	38	St-Pierre Boys	Claude Heudes	00:13:21	00:05:39	00:03:31	03:30:48	00:06:21	00:03:57	00:05
2	47	Halifax Running Club "The Boys"	Jeff Courish	00:14:10	00:06:00	00:03:44	03:25:40	00:06:12	00:03:51	00:00
3	7	No Slackin' Back, Keep 'er Goin' Boys	Robin Meister	00:14:41	00:06:13	00:03:52	03:48:58	00:06:54	00:04:17	00:00
4	20	Classic Rummies	Sam Campbell	00:15:32	00:06:35	00:04:05	03:41:04	00:06:40	00:04:08	00:00
5	28	Runners Attic	John Bower	00:15:34	00:06:36	00:04:06	03:32:20	00:06:24	00:03:59	00:00
6	49	HRC Mixed Messengers	George Jarjoura	00:15:40	00:06:38	00:04:07	04:17:53	00:07:46	00:04:50	00:00
7	39	St-Pierre Senators	Jose Audouze	00:15:56	00:06:45	00:04:12	04:16:27	00:07:44	00:04:48	00:00
8	56	The Wee Marshlanders	David Summerby-Murray	00:16:12	00:06:52	00:04:16	04:14:22	00:07:40	00:04:46	00:00
9	34	Border Bounders	Ross Thomas	00:16:24	00:06:57	00:04:19	04:18:54	00:07:48	00:04:51	00:00
10	48	HRC Women's Brigade	Helena Piccinini	00:16:31	00:07:00	00:04:21	04:33:03	00:08:14	00:05:07	00:00
11	13	Oznog Srennur	Andrew Hennebury	00:16:55	00:07:10	00:04:27	04:09:32	00:07:31	00:04:40	00:05
12	54	Halifax Fire Retardants	Marty Lahey	00:16:59	00:07:12	00:04:28	04:14:11	00:07:40	00:04:46	00:00
13	22	The Numb Runners	Derek McCarthy	00:17:08	00:07:15	00:04:31	04:03:51	00:07:21	00:04:34	00:00
14	19	Aching Mussels	Peter Comeau	00:17:22	00:07:21	00:04:34	04:13:59	00:07:39	00:04:45	00:00
15	17	Achilles Heel Runners	Lori "Darren's better half" Pa	00:17:26	00:07:23	00:04:35	03:53:19	00:07:02	00:04:22	00:05
16	51	HRP Cops and Runners	Stephanie Hussey	00:17:27	00:07:23	00:04:36	04:06:33	00:07:26	00:04:37	00:00
17	43	Z X Cycle-N-Run Club	Ken Kohler	00:17:35	00:07:27	00:04:38	03:42:59	00:06:43	00:04:11	00:00
18	55	Sally's Original Roadkill	Angie Campbell	00:17:41	00:07:29	00:04:39	04:09:25	00:07:31	00:04:40	00:00
19	50	Team Bitter	Sheila Blair Reid	00:18:10	00:07:42	00:04:47	04:46:49	00:08:39	00:05:22	00:00
20	18	Mister and Missus	Carolann Cameron	00:18:17	00:07:45	00:04:49	04:53:15	00:08:50	00:05:29	00:00
21	3	Hampton Run 2XS	Barb MacMackin	00:18:22	00:07:47	00:04:50	04:01:20	00:07:16	00:04:31	00:00
22	15	Yarmouth Leftovers	Mark Cosman	00:18:37	00:07:53	00:04:54	04:10:09	00:07:32	00:04:41	00:00
23	14	Sackville Striding Slugs	Ron Kaszor	00:19:31	00:08:16	00:05:08	04:31:56	00:08:12	00:05:06	00:00
24	8	Road Work Ahead	Connie Meister	00:19:37	00:08:18	00:05:10	04:36:56	00:08:21	00:05:11	00:00
25	60	Sonny's Dream Team	Louise Brussieres	00:19:57	00:08:27	00:05:15	04:45:57	00:08:37	00:05:21	00:00
26	35	Boondock Harriers	Jennifer Auffrey	00:20:00	00:08:28	00:05:16	04:07:37	00:07:28	00:04:38	00:00
27	2	Outliers	Mylene Fraser	00:20:14	00:08:34	00:05:19	04:15:28	00:07:42	00:04:47	00:00
28	45	Captain Highliner's Crew	Steve Saunders	00:20:23	00:08:38	00:05:22	04:46:29	00:08:38	00:05:22	00:00
29	6	Great Canadian Honking Goose	Kevin Reinhardt	00:20:23	00:08:38	00:05:22	04:30:02	00:08:08	00:05:03	00:05
30	1	Highland Huggers	Gavin McGuinness	00:20:50	00:08:49	00:05:29	04:20:33	00:07:51	00:04:53	00:00
31	33	The Original Border Bounders	Frank Ripley	00:21:02	00:08:54	00:05:32	04:25:37	00:08:00	00:04:58	00:00
32	23	Fast Company Hot Flashes	Dianne Baker	00:21:03	00:08:55	00:05:32	04:34:42	00:08:17	00:05:09	00:00
33	11	Grayhounds	Motorhome Barbie	00:21:09	00:08:57	00:05:34	04:06:53	00:07:26	00:04:37	00:00
34	30	Yarmouth Fun Runners	Sharon Raynard	00:21:12	00:08:59	00:05:35	04:53:54	00:08:51	00:05:30	00:00
35	53	NSPI Electro-Lights	Alan Richardson	00:21:21	00:09:03	00:05:37	04:01:24	00:07:17	00:04:31	00:00
36	52	Mixed Bag of Bluenosers	Vicki Feener	00:21:30	00:09:06	00:05:39	04:23:11	00:07:56	00:04:56	00:05
37	24	Fast Company Hot Shots	Bill Mills	00:21:42	00:09:11	00:05:43	04:04:29	00:07:22	00:04:35	00:00
38	26	Limping to Lunenburg	Joanne Johnsen	00:21:43	00:09:12	00:05:43	05:18:14	00:09:35	00:05:58	00:00
39	4	Hampton Rum a-Ways	Pam Beyea	00:21:45	00:09:13	00:05:43	05:21:27	00:09:41	00:06:01	00:00
40	59	10 Pink Kinks	Kelly Gunn	00:21:57	00:09:18	00:05:47	04:53:41	00:08:51	00:05:30	00:00
41	57	The New Born Rash	Gail MacRae-Sly	00:22:01	00:09:19	00:05:48	04:33:01	00:08:14	00:05:07	00:00
42	32	Marsh Runners	Tanya Hess	00:22:07	00:09:22	00:05:49	04:34:10	00:08:16	00:05:08	00:00
43	29	Nova's Disfunctionals	Deanna Rawding	00:22:08	00:09:22	00:05:49	04:12:12	00:07:36	00:04:43	00:00
44	12	NSPI Short Circuits	Heather Sceles	00:22:08	00:09:22	00:05:49	04:45:49	00:08:37	00:05:21	00:00
45	44	East Hants Penguins	Sherry Archibald	00:22:18	00:09:27	00:05:52	04:45:21	00:08:36	00:05:21	00:00
46	41	Village People	Donna Christopher	00:22:33	00:09:33	00:05:56	04:36:51	00:08:21	00:05:11	00:00
47	25	M & M Maniacs	Darren MacIsaac	00:22:36	00:09:34	00:05:57	05:09:22	00:09:19	00:05:48	00:00
48	9	Martha's Vineyard	Greg MacDonald	00:23:12	00:09:50	00:06:06	04:49:43	00:08:44	00:05:26	00:00
49	10	TAO	Ann Marie Kelly	00:23:20	00:09:53	00:06:08	04:00:00	00:07:14	00:04:30	00:00
50	27	Randy's Road Rash Runners	Jennifer Myers	00:23:44	00:10:03	00:06:15	04:56:02	00:08:55	00:05:33	00:00
51	46	Hubbards Hoofers	Elizabeth Morow	00:24:12	00:10:15	00:06:22	04:59:22	00:09:01	00:05:36	00:00
52	16	Over the Hill & Extremely Runners	Shauna Heighton	00:24:30	00:10:23	00:06:27	05:00:36	00:09:04	00:05:38	00:00
53	36	BIO Fish and Ships	Becky Keen	00:25:00	00:10:35	00:06:35	05:01:00	00:09:04	00:05:38	00:00
54	58	Beech Nuts	Stacey Opkala	00:25:19	00:10:43	00:06:40	05:06:31	00:09:14	00:05:44	00:00
55	40	RunningMania.com	Crista Anderson	00:25:32	00:10:49	00:06:43	04:49:07	00:08:43	00:05:25	00:00
56	31	Tidal Boars	Stan Tully	00:25:36	00:10:51	00:06:44	04:22:36	00:07:55	00:04:55	00:00
57	21	Upright and Mile-ing	Chris Woodbury	00:26:44	00:11:19	00:07:02	04:34:19	00:08:16	00:05:08	00:00
58	42	Rickard's Reds	Lisa Weatherhead	00:26:52	00:11:23	00:07:04	05:33:03	00:10:02	00:06:14	00:00
59	37	French Ladies from St-Pierre	Claudio Arthur	00:27:07	00:11:29	00:07:08	04:51:28	00:08:47	00:05:27	00:05
60	5	Hampton River Runners	Dave Legassick	00:27:43	00:11:44	00:07:18	05:14:32	00:09:29	00:05:53	00:00

Leg 6			This Leg			Accumulated			Team	
Pos	Bib #	Team Name	Runner Name	Time	Pace (6.65) /mi	(10.7) /km	Time	Pace (39.83) /mi	(64.1) /km	Penalties
1	24	Fast Company Hot Shots	Dave Nevitt	00:42:34	00:06:24	00:03:59	04:47:03	00:07:12	00:04:29	00:00
2	25	M & M Maniacs	Liam Keast	00:43:44	00:06:35	00:04:05	05:53:06	00:08:52	00:05:31	00:00
3	47	Halifax Running Club "The Boys"	Michael Vallis	00:43:49	00:06:35	00:04:06	04:09:29	00:06:16	00:03:54	00:00
4	38	St-Pierre Boys	Patrick LeBailly	00:44:56	00:06:45	00:04:12	04:15:44	00:06:25	00:03:59	00:05
5	19	Aching Mussels	Micheline Drisdelle	00:45:16	00:06:49	00:04:14	04:59:15	00:07:31	00:04:40	00:00
6	55	Sally's Original Roadkill	Greg Young	00:45:46	00:06:53	00:04:17	04:55:11	00:07:25	00:04:36	00:00
7	28	Runners Attic	Ian White	00:46:09	00:06:56	00:04:19	04:18:29	00:06:29	00:04:02	00:00
8	35	Boondock Harriers	Mike Tutton	00:46:39	00:07:01	00:04:22	04:54:16	00:07:23	00:04:35	00:00
9	7	No Slackin' Back, Keep 'er Goin' Boys	Jeff Oakes	00:46:51	00:07:03	00:04:23	04:35:49	00:06:55	00:04:18	00:00
10	13	Oznog Srennur	Bridget L'heureux	00:47:05	00:07:05	00:04:24	04:56:37	00:07:27	00:04:38	00:05
11	20	Classic Rummies	Simon Walling	00:47:25	00:07:08	00:04:26	04:28:29	00:06:44	00:04:11	00:00
12	10	TAO	Kelly Amirault	00:47:48	00:07:11	00:04:28	04:47:48	00:07:14	00:04:29	00:00
13	60	Sonny's Dream Team	Mike Fitzsimmons	00:48:24	00:07:17	00:04:31	05:34:21	00:08:24	00:05:13	00:00
14	17	Achilles Heel Runners	Phil "I eat haggis for breakfa	00:49:24	00:07:26	00:04:37	04:42:43	00:07:06	00:04:25	00:05
15	6	Great Canadian Honking Goose	Farley MacLeod	00:49:44	00:07:29	00:04:39	05:19:46	00:08:02	00:04:59	00:05
16	44	East Hants Penguins	Reanne Comeau-Shantz	00:49:50	00:07:30	00:04:39	05:35:11	00:08:25	00:05:14	00:00
17	43	Z X Cycle-N-Run Club	Kathleen Ernest	00:50:27	00:07:35	00:04:43	04:33:26	00:06:52	00:04:16	00:00
18	48	HRC Women's Brigade	Yvette Scattalon	00:50:39	00:07:37	00:04:44	05:23:42	00:08:08	00:05:03	00:00
19	21	Upright and Mile-ing	Kathrine King	00:50:59	00:07:40	00:04:46	05:25:18	00:08:10	00:05:04	00:00
20	30	Yarmouth Fun Runners	Kim Raynard	00:51:07	00:07:41	00:04:47	05:45:01	00:08:40	00:05:23	00:00
21	34	Border Bounders	David Fleming	00:51:10	00:07:42	00:04:47	05:10:04	00:07:47	00:04:50	00:00
22	49	HRC Mixed Messengers	Barb Fox	00:51:18	00:07:43	00:04:48	05:09:11	00:07:46	00:04:49	00:00
23	12	NSPI Short Circuits	Scott McPhee	00:51:19	00:07:43	00:04:48	05:37:08	00:08:28	00:05:16	00:00
24	14	Sackville Striding Slugs	Elise Johnson	00:53:32	00:08:03	00:05:00	05:25:28	00:08:10	00:05:05	00:00
25	3	Hampton Run 2XS	Lisa Bettle	00:53:35	00:08:04	00:05:00	04:54:55	00:07:24	00:04:36	00:00
26	54	Halifax Fire Retardants	Mike Slatter	00:53:47	00:08:05	00:05:02	05:07:58	00:07:44	00:04:48	00:00
27	51	HRP Cops and Runners	Brent Fiander	00:54:53	00:08:15	00:05:08	05:01:26	00:07:34	00:04:42	00:00
28	1	Highland Huggers	Alan Brown	00:55:02	00:08:17	00:05:09	05:15:35	00:07:55	00:04:55	00:00
29	50	Team Bitter	Katie McKenna	00:55:05	00:08:17	00:05:09	05:41:54	00:08:35	00:05:20	00:00
30	57	The New Born Rash	Erin Callaghan	00:55:09	00:08:18	00:05:09	05:28:10	00:08:14	00:05:07	00:00
31	59	10 Pink Kinks	Claire LeBlanc	00:55:14	00:08:18	00:05:10	05:48:55	00:08:46	00:05:27	00:00
32	36	BIO Fish and Ships	Stuart Smith	00:56:48	00:08:33	00:05:19	05:57:48	00:08:59	00:05:35	00:00
33	5	Hampton River Runners	Barbara Reid	00:56:53	00:08:33	00:05:19	06:11:25	00:09:20	00:05:48	00:00
34	8	Road Work Ahead	Shirley Robichaud	00:56:58	00:08:34	00:05:19	05:33:54	00:08:23	00:05:13	00:00
35	39	St-Pierre Senators	Jacques Palancher	00:57:38	00:08:40	00:05:23	05:14:05	00:07:53	00:04:54	00:00
36	32	Marsh Runners	Anna Sheridan-Jonah	00:57:48	00:08:42	00:05:24	05:31:58	00:08:20	00:05:11	00:00
37	27	Randy's Road Rash Runners	Mike Jacklyn	00:59:27	00:08:56	00:05:33	05:55:29	00:08:56	00:05:33	00:00
38	52	Mixed Bag of Bluenosers	Blaine Benton	01:00:26	00:09:05	00:05:39	05:23:37	00:08:07	00:05:03	00:05
39	37	French Ladies from St-Pierre	Selo Dianon	01:00:36	00:09:07	00:05:40	05:52:04	00:08:50	00:05:30	00:05
40	40	RunningMania.com	Dennis Garrison	01:00:42	00:09:08	00:05:40	05:49:49	00:08:47	00:05:27	00:00
41	15	Yarmouth Leftovers	Michelle LeBlanc	01:01:02	00:09:11	00:05:42	05:11:11	00:07:49	00:04:51	00:00
42	2	Outliers	Jesse Diepenveen	01:01:08	00:09:12	00:05:43	05:16:36	00:07:57	00:04:56	00:00
43	29	Nova's Disfunctionals	Deanna Rawding	01:01:24	00:09:14	00:05:44	05:13:36	00:07:52	00:04:54	00:00
44	45	Captain Highliner's Crew	Karen Mills-Wheaton	01:02:31	00:09:24	00:05:51	05:49:00	00:08:46	00:05:27	00:00
45	22	The Numb Runners	Marrienne Lecocq	01:02:44	00:09:26	00:05:52	05:06:35	00:07:42	00:04:47	00:00
46	41	Village People	Tim Ainsworth	01:02:46	00:09:26	00:05:52	05:39:37	00:08:32	00:05:18	00:00
47	46	Hubbards Hoofers	Greg Coholan	01:03:41	00:09:35	00:05:57	06:03:03	00:09:07	00:05:40	00:00
48	31	Tidal Boars	Amelia Tully-Knockwood	01:03:43	00:09:35	00:05:57	05:26:19	00:08:12	00:05:05	00:00
49	4	Hampton Rum a-Ways	Ross Henderson	01:04:49	00:09:45	00:06:03	06:26:16	00:09:42	00:06:02	00:00
50	42	Rickard's Reds	Susan Warner	01:04:53	00:09:46	00:06:04	06:37:56	00:09:59	00:06:12	00:00
51	33	The Original Border Bounders	Trish DeGraaf	01:05:20	00:09:50	00:06:06	05:30:57	00:08:19	00:05:10	00:00
52	9	Martha's Vineyard	Darren Shives	01:05:29	00:09:51	00:06:07	05:55:12	00:08:55	00:05:32	00:00
53	56	The Wee Marshlanders	Rena Thomas	01:05:52	00:09:54	00:06:09	05:20:14	00:08:02	00:05:00	00:00
54	58	Beech Nuts	Nancy MacDonald	01:06:34	00:10:01	00:06:13	06:13:05	00:09:22	00:05:49	00:00
55	23	Fast Company Hot Flashes	Diane Baker	01:07:23	00:10:08	00:06:18	05:42:05	00:08:35	00:05:20	00:00
56	53	NSPI Electro-Lights	Mary-Ellen Greenough	01:08:08	00:10:15	00:06:22	05:09:32	00:07:46	00:04:50	00:00
57	16	Over the Hill & Extremely Runners	Diane Hampton	01:08:38	00:10:19	00:06:25	06:09:14	00:09:16	00:05:46	00:00
58	11	Grayhounds	Gordon "One Donut" Warnic	01:10:21	00:10:35	00:06:34	05:17:14	00:07:58	00:04:57	00:00
59	18	Mister and Missus	Dan Girroir	01:12:19	00:10:53	00:06:46	06:05:34	00:09:11	00:05:42	00:00
60	26	Limping to Lunenburg	Tracey Williams	01:13:55	00:11:07	00:06:54	06:32:09	00:09:51	00:06:07	00:00

Leg 7			This Leg			Accumulated			Team	
Pos	Bib #	Team Name	Runner Name	Time	Pace (5.78) /mi (9.3) /km	Time	Pace (45.61) /mi (73.4) /km		Penalties	
1	44	East Hants Penguins	Drew Moore	00:35:15	00:06:06	00:03:47	06:10:26	00:08:07	00:05:03	00:00
2	47	Halifax Running Club "The Boys"	Randall Hipson	00:35:31	00:06:09	00:03:49	04:45:00	00:06:15	00:03:53	00:00
3	17	Achilles Heel Runners	Dwayne "Double D" Doucett	00:36:52	00:06:23	00:03:58	05:19:35	00:07:00	00:04:21	00:05
4	56	The Wee Marshlanders	Andrew Fraiser	00:37:08	00:06:26	00:04:00	05:57:22	00:07:50	00:04:52	00:00
5	38	St-Pierre Boys	Benoit Quedinet	00:37:15	00:06:27	00:04:00	04:52:59	00:06:25	00:03:59	00:05
6	25	M & M Maniacs	Liam Keast	00:39:18	00:06:48	00:04:14	06:32:24	00:08:36	00:05:21	00:00
7	54	Halifax Fire Retardants	Brian Rodgers	00:40:28	00:07:00	00:04:21	05:48:26	00:07:38	00:04:45	00:00
8	20	Classic Rummies	Mark Brown	00:41:01	00:07:06	00:04:25	05:09:30	00:06:47	00:04:13	00:00
9	28	Runners Attic	Curt Goodwin	00:42:05	00:07:17	00:04:32	05:00:34	00:06:35	00:04:06	00:00
10	43	Z X Cycle-N-Run Club	Tom Middleveers	00:42:26	00:07:21	00:04:34	05:15:52	00:06:56	00:04:18	00:00
11	19	Aching Mussels	Peter Peacock	00:42:36	00:07:22	00:04:35	05:41:51	00:07:30	00:04:39	00:00
12	51	HRP Cops and Runners	Blair Hussey	00:42:42	00:07:23	00:04:35	05:44:08	00:07:33	00:04:41	00:00
13	23	Fast Company Hot Flashes	Tina Kidd	00:43:19	00:07:30	00:04:39	06:25:24	00:08:27	00:05:15	00:00
14	22	The Numb Runners	Mark Hawes	00:43:27	00:07:31	00:04:40	05:50:02	00:07:40	00:04:46	00:00
15	7	No Slackin' Back, Keep 'er Goin' Boys	Chris Anderson	00:43:55	00:07:36	00:04:43	05:19:44	00:07:01	00:04:21	00:00
16	55	Sally's Original Roadkill	Christopher Hollebhone	00:44:27	00:07:42	00:04:47	05:39:38	00:07:27	00:04:38	00:00
17	33	The Original Border Bounders	John Bird	00:44:56	00:07:47	00:04:50	06:15:53	00:08:14	00:05:07	00:00
18	49	HRC Mixed Messengers	Paul Callahan	00:45:18	00:07:50	00:04:52	05:54:29	00:07:46	00:04:50	00:00
19	45	Captain Highliner's Crew	Peggy Falkenham	00:45:53	00:07:56	00:04:56	06:34:53	00:08:39	00:05:23	00:00
20	34	Border Bounders	Peter Manchester	00:46:11	00:08:00	00:04:58	05:56:15	00:07:49	00:04:51	00:00
21	48	HRC Women's Brigade	Susan Fitzgerald	00:46:21	00:08:01	00:04:59	06:10:03	00:08:07	00:05:02	00:00
22	59	10 Pink Kinks	Lyn Young	00:46:41	00:08:05	00:05:01	06:35:36	00:08:40	00:05:23	00:00
23	16	Over the Hill & Extremely Runners	Sarah Young	00:46:45	00:08:05	00:05:02	06:55:59	00:09:07	00:05:40	00:00
24	36	BIO Fish and Ships	Evan Randles	00:46:59	00:08:08	00:05:03	06:44:47	00:08:53	00:05:31	00:00
25	8	Road Work Ahead	David MacLennan	00:47:15	00:08:11	00:05:05	06:21:09	00:08:21	00:05:12	00:00
26	3	Hampton Run 2XS	Olivia Donovan	00:47:23	00:08:12	00:05:06	05:42:18	00:07:30	00:04:40	00:00
27	35	Boondock Harriers	Bill Slattery	00:47:51	00:08:17	00:05:09	05:42:07	00:07:30	00:04:40	00:00
28	30	Yarmouth Fun Runners	Chris Surette	00:48:05	00:08:19	00:05:10	06:33:06	00:08:37	00:05:21	00:00
29	39	St-Pierre Senators	Michel LeCraduner	00:48:19	00:08:22	00:05:12	06:02:24	00:07:57	00:04:56	00:00
30	29	Nova's Disfunctionals	Kelly Cook	00:49:15	00:08:31	00:05:18	06:02:51	00:07:57	00:04:57	00:00
31	15	Yarmouth Leftovers	Peter Graves	00:49:33	00:08:34	00:05:20	06:00:44	00:07:55	00:04:55	00:00
32	11	Grayhounds	1K to Go FO	00:49:37	00:08:35	00:05:20	06:06:51	00:08:03	00:05:00	00:00
33	24	Fast Company Hot Shots	Brian King	00:49:44	00:08:36	00:05:21	05:36:47	00:07:23	00:04:35	00:00
34	6	Great Canadian Honking Goose	Kim Hollebhone	00:49:45	00:08:37	00:05:21	06:09:31	00:08:06	00:05:02	00:05
35	1	Highland Huggers	Jen Spencer	00:49:53	00:08:38	00:05:22	06:05:28	00:08:01	00:04:59	00:00
36	40	RunningMania.com	Ryan Burkitt	00:49:55	00:08:38	00:05:22	06:39:44	00:08:46	00:05:27	00:00
37	52	Mixed Bag of Bluenosers	Wanda Baxter	00:50:55	00:08:49	00:05:28	06:14:32	00:08:13	00:05:06	00:05
38	12	NSPI Short Circuits	Beth Crocker	00:51:06	00:08:51	00:05:30	06:28:14	00:08:31	00:05:17	00:00
39	42	Rickard's Reds	Brenda Boudreau	00:51:09	00:08:51	00:05:30	07:29:05	00:09:51	00:06:07	00:00
40	32	Marsh Runners	Jennifer Tucker	00:52:03	00:09:00	00:05:36	06:24:01	00:08:25	00:05:14	00:00
41	27	Randy's Road Rash Runners	Sue Gillis	00:52:19	00:09:03	00:05:38	06:47:48	00:08:56	00:05:33	00:00
42	2	Outliers	Katrina Johnston	00:52:22	00:09:04	00:05:38	06:08:58	00:08:05	00:05:02	00:00
43	37	French Ladies from St-Pierre	Ursula Delcourt	00:52:38	00:09:06	00:05:40	06:44:42	00:08:52	00:05:31	00:05
44	41	Village People	Brenda Rattray	00:52:40	00:09:07	00:05:40	06:32:17	00:08:36	00:05:21	00:00
45	57	The New Born Rash	Darlene Inglis	00:53:08	00:09:12	00:05:43	06:21:18	00:08:22	00:05:12	00:00
46	31	Tidal Boars	Melissa Heitikko	00:53:17	00:09:13	00:05:44	06:19:36	00:08:19	00:05:10	00:00
47	14	Sackville Striding Slugs	Steve Burlock	00:53:39	00:09:17	00:05:46	06:19:07	00:08:19	00:05:10	00:00
48	18	Mister and Missus	Jane Foley	00:54:01	00:09:21	00:05:48	06:59:35	00:09:12	00:05:43	00:00
49	50	Team Bitter	Chris Bavis	00:54:22	00:09:24	00:05:51	06:36:16	00:08:41	00:05:24	00:00
50	10	TAO	Linda McLeod	00:56:01	00:09:42	00:06:01	05:43:49	00:07:32	00:04:41	00:00
51	4	Hampton Rum a-Ways	Chris Lugar	00:56:02	00:09:42	00:06:02	07:22:18	00:09:42	00:06:02	00:00
52	53	NSPI Electro-Lights	Anne-Marie Curtis	00:57:26	00:09:56	00:06:11	06:06:58	00:08:03	00:05:00	00:00
53	5	Hampton River Runners	Harry O'Neill	00:57:26	00:09:56	00:06:11	07:08:51	00:09:24	00:05:51	00:00
54	60	Sonny's Dream Team	Ashlie Green	00:57:58	00:10:02	00:06:14	06:32:19	00:08:36	00:05:21	00:00
55	26	Limping to Lunenburg	Laurie Stephenson	00:58:58	00:10:12	00:06:20	07:31:07	00:09:53	00:06:09	00:00
56	13	Oznog Srennur	Sue Hennebury	00:59:26	00:10:17	00:06:23	05:56:03	00:07:48	00:04:51	00:05
57	46	Hubbards Hoofers	Dawn Estey	01:00:18	00:10:26	00:06:29	07:03:21	00:09:17	00:05:46	00:00
58	21	Upright and Mile-ing	Roberta Wintrup	01:00:19	00:10:26	00:06:29	06:25:37	00:08:27	00:05:15	00:00
59	58	Beech Nuts	Lorna MacMillan	01:04:15	00:11:07	00:06:55	07:17:20	00:09:35	00:05:57	00:00
60	9	Martha's Vineyard	Andrew Currie	01:05:19	00:11:18	00:07:01	07:00:31	00:09:13	00:05:44	00:00

Leg 8			This Leg			Accumulated			Team	
Pos	Bib #	Team Name	Runner Name	Time	Pace (7.95) /mi	(12.8) /km	Time	Pace (53.56) /mi	(86.2) /km	Penalties
1	7	No Slackin' Back, Keep 'er Goin' Boys	Terry Melloy	00:47:44	00:06:00	00:03:44	06:07:28	00:06:52	00:04:16	00:00
2	28	Runners Attic	Mathas Jappel	00:48:56	00:06:09	00:03:49	05:49:30	00:06:32	00:04:03	00:00
3	51	HRP Cops and Runners	Darrel Longley	00:49:12	00:06:11	00:03:51	06:33:20	00:07:21	00:04:34	00:00
4	38	St-Pierre Boys	Christian Dianon	00:50:57	00:06:24	00:03:59	05:43:56	00:06:25	00:03:59	00:05
5	47	Halifax Running Club "The Boys"	Nick McBride	00:52:21	00:06:35	00:04:05	05:37:21	00:06:18	00:03:55	00:00
6	6	Great Canadian Honking Goose	Frank Reinhardt	00:53:12	00:06:41	00:04:09	07:02:43	00:07:54	00:04:54	00:05
7	20	Classic Rummies	Dave Wilson	00:53:18	00:06:42	00:04:10	06:02:48	00:06:46	00:04:13	00:00
8	13	Oznog Srennur	Tim Steiner	00:54:25	00:06:51	00:04:15	06:50:28	00:07:40	00:04:46	00:05
9	30	Yarmouth Fun Runners	Sherry Goodwin	00:54:45	00:06:53	00:04:17	07:27:51	00:08:22	00:05:12	00:00
10	3	Hampton Run 2XS	Glenn Millican	00:55:45	00:07:01	00:04:21	06:38:03	00:07:26	00:04:37	00:00
11	10	TAO	Julian Marchant	00:56:37	00:07:07	00:04:25	06:40:26	00:07:29	00:04:39	00:00
12	44	East Hants Penguins	Eric Shantz	00:57:47	00:07:16	00:04:31	07:08:13	00:08:00	00:04:58	00:00
13	43	Z X Cycle-N-Run Club	Kristan Gough	00:59:14	00:07:27	00:04:38	06:15:06	00:07:00	00:04:21	00:00
14	34	Border Bounders	Paul Berry	00:59:41	00:07:30	00:04:40	06:55:56	00:07:46	00:04:50	00:00
15	22	The Numb Runners	Adam Gould	00:59:45	00:07:31	00:04:40	06:49:47	00:07:39	00:04:45	00:00
16	35	Boondock Harriers	Cathy Tutton	00:59:50	00:07:31	00:04:40	06:41:57	00:07:30	00:04:40	00:00
17	37	French Ladies from St-Pierre	Melanie Friedman	01:01:03	00:07:41	00:04:46	07:45:45	00:08:42	00:05:24	00:05
18	57	The New Born Rash	Jennifer Graham	01:01:41	00:07:45	00:04:49	07:22:59	00:08:16	00:05:08	00:00
19	36	BIO Fish and Ships	Janice Fiander	01:01:47	00:07:46	00:04:50	07:46:34	00:08:43	00:05:25	00:00
20	54	Halifax Fire Retardants	Lawrence Fillmore	01:01:53	00:07:47	00:04:50	06:50:19	00:07:40	00:04:46	00:00
21	17	Achilles Heel Runners	Jeff "00 point 7" Bond	01:02:43	00:07:53	00:04:54	06:22:18	00:07:08	00:04:26	00:05
22	40	RunningMania.com	Ian McGrath	01:02:56	00:07:55	00:04:55	07:42:40	00:08:38	00:05:22	00:00
23	45	Captain Highliner's Crew	Liane Clarkson	01:03:58	00:08:03	00:05:00	07:38:51	00:08:34	00:05:19	00:00
24	24	Fast Company Hot Shots	Steven Coffin	01:04:01	00:08:03	00:05:00	06:40:48	00:07:29	00:04:39	00:00
25	32	Marsh Runners	Sean Ward	01:04:13	00:08:04	00:05:01	07:28:14	00:08:22	00:05:12	00:00
26	9	Martha's Vineyard	Dave Hopkins	01:04:26	00:08:06	00:05:02	08:04:57	00:09:03	00:05:38	00:00
27	53	NSPI Electro-Lights	Jim Harvey	01:05:09	00:08:11	00:05:05	07:12:07	00:08:04	00:05:01	00:00
28	56	The Wee Marshlanders	Erin Berry	01:05:10	00:08:12	00:05:05	07:02:32	00:07:53	00:04:54	00:00
29	59	10 Pink Kinks	Jean Barry	01:05:22	00:08:13	00:05:06	07:40:58	00:08:36	00:05:21	00:00
30	2	Outliers	John Miller	01:05:22	00:08:13	00:05:06	07:14:20	00:08:07	00:05:02	00:00
31	15	Yarmouth Leftovers	Dick Davis	01:05:29	00:08:14	00:05:07	07:06:13	00:07:57	00:04:57	00:00
32	23	Fast Company Hot Flashes	Paulette Goulden	01:05:43	00:08:16	00:05:08	07:31:07	00:08:25	00:05:14	00:00
33	25	M & M Maniacs	Luke Craggs	01:06:34	00:08:22	00:05:12	07:38:58	00:08:34	00:05:19	00:00
34	12	NSPI Short Circuits	Doug Campbell	01:06:36	00:08:22	00:05:12	07:34:50	00:08:30	00:05:17	00:00
35	27	Randy's Road Rash Runners	Shawn Thibault	01:06:47	00:08:24	00:05:13	07:54:35	00:08:52	00:05:30	00:00
36	21	Upright and Mile-ing	David Woodbury	01:07:06	00:08:26	00:05:15	07:32:43	00:08:27	00:05:15	00:00
37	48	HRC Women's Brigade	Michelle McTimoney	01:07:21	00:08:28	00:05:16	07:17:24	00:08:10	00:05:04	00:00
38	18	Mister and Missus	Mary Girroir	01:07:22	00:08:28	00:05:16	08:06:57	00:09:05	00:05:39	00:00
39	52	Mixed Bag of Bluenosers	Craig Ferguson	01:07:25	00:08:29	00:05:16	07:21:57	00:08:15	00:05:08	00:05
40	46	Hubbards Hoofers	Vernon Carvery	01:07:41	00:08:31	00:05:17	08:11:02	00:09:10	00:05:42	00:00
41	19	Aching Mussels	Rose Peacock	01:09:32	00:08:45	00:05:26	06:51:23	00:07:41	00:04:46	00:00
42	55	Sally's Original Roadkill	Nelson Porteous	01:10:02	00:08:48	00:05:28	06:49:40	00:07:39	00:04:45	00:00
43	5	Hampton River Runners	Anne McTiernan	01:10:36	00:08:53	00:05:31	08:19:27	00:09:19	00:05:48	00:00
44	41	Village People	Al Kay	01:10:43	00:08:53	00:05:31	07:43:00	00:08:39	00:05:22	00:00
45	29	Nova's Disfunctionals	Jenny Kirk-Baker	01:10:55	00:08:55	00:05:32	07:13:46	00:08:06	00:05:02	00:00
46	4	Hampton Rum a-Ways	Stephen MacMackin	01:11:58	00:09:03	00:05:37	08:34:16	00:09:36	00:05:58	00:00
47	33	The Original Border Bounders	Rachel Baxter	01:13:20	00:09:13	00:05:44	07:29:13	00:08:23	00:05:13	00:00
48	49	HRC Mixed Messengers	Michael Harrigan	01:14:03	00:09:19	00:05:47	07:08:32	00:08:00	00:04:58	00:00
49	60	Sonny's Dream Team	Giselle Lindon	01:15:15	00:09:28	00:05:53	07:47:34	00:08:44	00:05:25	00:00
50	50	Team Bitter	Sandy McKenna	01:15:41	00:09:31	00:05:55	07:51:57	00:08:49	00:05:29	00:00
51	14	Sackville Striding Slugs	David Burlock	01:16:04	00:09:34	00:05:57	07:35:11	00:08:30	00:05:17	00:00
52	58	Beech Nuts	Kathy O'Brien	01:16:12	00:09:35	00:05:57	08:33:32	00:09:35	00:05:57	00:00
53	39	St-Pierre Senators	Jean Michet-Delcourt	01:16:34	00:09:38	00:05:59	07:18:58	00:08:12	00:05:06	00:00
54	8	Road Work Ahead	Gail MacDougall	01:16:36	00:09:38	00:05:59	07:37:45	00:08:33	00:05:19	00:00
55	16	Over the Hill & Extremely Runners	Andrew Parsons	01:17:42	00:09:46	00:06:04	08:13:41	00:09:13	00:05:44	00:00
56	1	Highland Huggers	Chad Badry	01:17:58	00:09:48	00:06:05	07:23:26	00:08:17	00:05:09	00:00
57	26	Limping to Lunenburg	Jessica Marsh	01:18:21	00:09:51	00:06:07	08:49:28	00:09:53	00:06:09	00:00
58	42	Rickard's Reds	Jack MacKay	01:19:14	00:09:58	00:06:11	08:48:19	00:09:52	00:06:08	00:00
59	31	Tidal Boars	Heather DeWolfe	01:19:30	00:10:00	00:06:13	07:39:06	00:08:34	00:05:20	00:00
60	11	Grayhounds	Mary "The Bitch" Davidson	01:24:30	00:10:37	00:06:36	07:31:21	00:08:26	00:05:14	00:00

Leg 9		This Leg			Accumulated			Team		
Pos	Bib #	Team Name	Runner Name	Time	Pace (7.83) /mi	(12.6) /km	Time	Pace (61.39) /mi	(98.8) /km	Penalties
1	47	Halifax Running Club "The Boys"	Marc Brittain	00:47:13	00:06:02	00:03:45	06:24:34	00:06:16	00:03:54	00:00
2	3	Hampton Run 2XS	Steve Lohnes	00:50:23	00:06:26	00:04:00	07:28:26	00:07:18	00:04:32	00:00
3	17	Achilles Heel Runners	Rob "I wish I could kick Mart	00:51:36	00:06:35	00:04:06	07:13:54	00:07:04	00:04:24	00:05
4	38	St-Pierre Boys	Claudio Autin	00:51:56	00:06:38	00:04:07	06:35:52	00:06:27	00:04:00	00:05
5	19	Aching Mussels	Mike Freeman	00:51:57	00:06:38	00:04:07	07:43:20	00:07:33	00:04:41	00:00
6	20	Classic Rummies	John Young	00:52:21	00:06:41	00:04:09	06:55:09	00:06:46	00:04:12	00:00
7	7	No Slackin' Back, Keep 'er Goin' Boys	David Stobbe	00:54:15	00:06:56	00:04:18	07:01:43	00:06:52	00:04:16	00:00
8	56	The Wee Marshlanders	Alex Thomas	00:54:19	00:06:56	00:04:19	07:56:51	00:07:46	00:04:50	00:00
9	34	Border Bounders	Rob Summerby-Murray	00:55:04	00:07:02	00:04:22	07:51:00	00:07:40	00:04:46	00:00
10	6	Great Canadian Honking Goose	Dan Gautreau	00:55:17	00:07:04	00:04:23	07:58:00	00:07:47	00:04:50	00:05
11	51	HRP Cops and Runners	Mark Barkhouse	00:55:38	00:07:06	00:04:25	07:28:58	00:07:19	00:04:33	00:00
12	31	Tidal Boars	Kevin Fitch	00:55:55	00:07:09	00:04:26	08:35:01	00:08:23	00:05:13	00:00
13	27	Randy's Road Rash Runners	Gavin Timberlake	00:56:00	00:07:09	00:04:27	08:50:35	00:08:39	00:05:22	00:00
14	36	BIO Fish and Ships	Nick Lambert	00:57:06	00:07:18	00:04:32	08:43:40	00:08:32	00:05:18	00:00
15	28	Runners Attic	Justian Spinney	00:57:58	00:07:24	00:04:36	06:47:28	00:06:38	00:04:07	00:00
16	24	Fast Company Hot Shots	Etienne Robichaud	00:58:08	00:07:26	00:04:37	07:38:56	00:07:29	00:04:39	00:00
17	54	Halifax Fire Retardants	Bruce Mosher	00:58:31	00:07:28	00:04:39	07:48:50	00:07:38	00:04:45	00:00
18	48	HRC Women's Brigade	Erin McDonah	00:58:38	00:07:29	00:04:39	08:16:02	00:08:05	00:05:01	00:00
19	4	Hampton Rum a-Ways	Tom Belyea	00:59:09	00:07:33	00:04:42	09:33:25	00:09:20	00:05:48	00:00
20	49	HRC Mixed Messengers	Brian Doiron	00:59:44	00:07:38	00:04:44	08:08:16	00:07:57	00:04:57	00:00
21	57	The New Born Rash	Sara Mader	00:59:51	00:07:39	00:04:45	08:22:50	00:08:11	00:05:05	00:00
22	39	St-Pierre Senators	Jean-Francois Ruel	00:59:52	00:07:39	00:04:45	08:18:50	00:08:08	00:05:03	00:00
23	12	NSPI Short Circuits	David Stanford	01:00:11	00:07:41	00:04:47	08:35:01	00:08:23	00:05:13	00:00
24	22	The Numb Runners	Jeff Crowell	01:00:24	00:07:43	00:04:48	07:50:11	00:07:40	00:04:46	00:00
25	25	M & M Maniacs	Tony Rusinak	01:00:27	00:07:43	00:04:48	08:39:25	00:08:28	00:05:15	00:00
26	1	Highland Huggers	Richrad Kroan	01:00:33	00:07:44	00:04:48	08:23:59	00:08:13	00:05:06	00:00
27	8	Road Work Ahead	Mary MacEachern	01:00:34	00:07:44	00:04:48	08:38:19	00:08:27	00:05:15	00:00
28	33	The Original Border Bounders	Hazen Brien	01:00:38	00:07:45	00:04:49	08:29:51	00:08:18	00:05:10	00:00
29	13	Oznog Srennur	Michelle Anderson	01:01:38	00:07:52	00:04:53	07:52:06	00:07:41	00:04:47	00:05
30	14	Sackville Striding Slugs	Dan Leadly	01:01:40	00:07:53	00:04:54	08:36:51	00:08:25	00:05:14	00:00
31	52	Mixed Bag of Bluenosers	Roger Heisler	01:02:08	00:07:56	00:04:56	08:24:05	00:08:13	00:05:06	00:05
32	50	Team Bitter	Sally Blenkhorn	01:02:29	00:07:59	00:04:58	08:54:26	00:08:42	00:05:25	00:00
33	11	Grayhounds	Dave Arthur	01:02:33	00:07:59	00:04:58	08:33:54	00:08:22	00:05:12	00:00
34	10	TAO	Peter Waldorf	01:02:36	00:08:00	00:04:58	07:43:02	00:07:33	00:04:41	00:00
35	55	Sally's Original Roadkill	Thomas Ross	01:03:25	00:08:06	00:05:02	07:53:05	00:07:42	00:04:47	00:00
36	40	RunningMania.com	Brendan Reid	01:03:26	00:08:06	00:05:02	08:46:06	00:08:34	00:05:19	00:00
37	43	Z X Cycle-N-Run Club	Yvonne Clarke	01:03:45	00:08:09	00:05:04	07:18:51	00:07:09	00:04:27	00:00
38	18	Mister and Missus	Carol Ann Cameron	01:03:54	00:08:10	00:05:04	09:10:51	00:08:58	00:05:35	00:00
39	2	Outliers	Nicole Lohnes	01:05:40	00:08:23	00:05:13	08:20:00	00:08:09	00:05:04	00:00
40	41	Village People	Bill Ratrray	01:05:42	00:08:23	00:05:13	08:48:42	00:08:37	00:05:21	00:00
41	15	Yarmouth Leftovers	Marsha Deveau	01:05:46	00:08:24	00:05:13	08:11:59	00:08:01	00:04:59	00:00
42	30	Yarmouth Fun Runners	Natasha Hiltz	01:05:46	00:08:24	00:05:13	08:33:37	00:08:22	00:05:12	00:00
43	45	Captain Highliner's Crew	Tom Rogers	01:06:13	00:08:27	00:05:15	08:45:04	00:08:33	00:05:19	00:00
44	53	NSPI Electro-Lights	Darrell Emberley	01:06:39	00:08:31	00:05:17	08:18:46	00:08:07	00:05:03	00:00
45	29	Nova's Disfunctionals	Selena Davidson	01:07:18	00:08:36	00:05:20	08:21:04	00:08:10	00:05:04	00:00
46	26	Limping to Lunenburg	Careu MacDonald	01:08:40	00:08:46	00:05:27	09:58:08	00:09:45	00:06:03	00:00
47	32	Marsh Runners	Lori Ward	01:10:41	00:09:02	00:05:37	08:38:55	00:08:27	00:05:15	00:00
48	37	French Ladies from St-Pierre	Nicole Siegfriedt	01:11:43	00:09:10	00:05:42	08:57:28	00:08:45	00:05:26	00:05
49	16	Over the Hill & Extremely Runners	Gordon Young	01:12:01	00:09:12	00:05:43	09:25:42	00:09:13	00:05:44	00:00
50	58	Beech Nuts	Lyndan Warner	01:12:02	00:09:12	00:05:43	09:45:34	00:09:32	00:05:56	00:00
51	5	Hampton River Runners	Cheyl Hobelaid	01:12:24	00:09:15	00:05:45	09:31:51	00:09:19	00:05:47	00:00
52	46	Hubbards Hoofers	Sandra Labor	01:12:26	00:09:15	00:05:45	09:23:28	00:09:11	00:05:42	00:00
53	59	10 Pink Kinks	Carole Chan	01:13:55	00:09:26	00:05:52	08:54:53	00:08:43	00:05:25	00:00
54	35	Boondock Harriers	Barry Diggins	01:14:44	00:09:33	00:05:56	07:56:41	00:07:46	00:04:49	00:00
55	42	Rickard's Reds	Norma Doctor	01:16:49	00:09:49	00:06:06	10:05:08	00:09:51	00:06:07	00:00
56	44	East Hants Penguins	Norma MacIntyre	01:17:59	00:09:58	00:06:11	08:26:12	00:08:15	00:05:07	00:00
57	9	Martha's Vineyard	Linda Hall	01:18:02	00:09:58	00:06:12	09:22:59	00:09:10	00:05:42	00:00
58	23	Fast Company Hot Flashes	Cathy Carter	01:19:33	00:10:10	00:06:19	08:50:40	00:08:39	00:05:22	00:00
59	60	Sonny's Dream Team	Carol Moores	01:21:31	00:10:25	00:06:28	09:09:05	00:08:57	00:05:33	00:00
60	21	Upright and Mile-ing	Stuart Lally	01:26:31	00:11:03	00:06:52	08:59:14	00:08:47	00:05:27	00:00

Leg 10			This Leg			Accumulated			Team	
Pos	Bib #	Team Name	Runner Name	Time	Pace (6.59) /mi (13.3) /km	Time	Pace (67.98) /mi (109.4) /km	Penalties		
1	35	Boondock Harriers	Peter Vail	00:35:58	00:05:28	00:03:24	08:32:39	00:07:32	00:04:41	00:00
2	28	Runners Attic	Steven Murray	00:39:55	00:06:04	00:03:46	07:27:23	00:06:35	00:04:05	00:00
3	3	Hampton Run 2XS	Darrell Travis	00:40:34	00:06:10	00:03:50	08:09:00	00:07:12	00:04:28	00:00
4	47	Halifax Running Club "The Boys"	Noel Paine	00:41:50	00:06:21	00:03:57	07:06:24	00:06:16	00:03:54	00:00
5	7	No Slackin' Back, Keep 'er Goin' Boys	Victor Nickerson	00:42:52	00:06:30	00:04:03	07:44:35	00:06:50	00:04:15	00:00
6	24	Fast Company Hot Shots	Ray Williams	00:43:36	00:06:37	00:04:07	08:22:32	00:07:24	00:04:36	00:00
7	34	Border Bounders	Pat Bradley	00:43:44	00:06:38	00:04:08	08:34:44	00:07:34	00:04:42	00:00
8	52	Mixed Bag of Bluenosers	Al Heubach	00:44:17	00:06:43	00:04:11	09:08:22	00:08:04	00:05:01	00:05
9	1	Highland Huggers	Trevor Wallworth	00:44:30	00:06:45	00:04:12	09:08:29	00:08:04	00:05:01	00:00
10	25	M & M Maniacs	Andrew MacIsaac	00:44:39	00:06:47	00:04:13	09:24:04	00:08:18	00:05:09	00:00
11	20	Classic Rummies	Chris Smith	00:44:48	00:06:48	00:04:14	07:39:57	00:06:46	00:04:12	00:00
12	38	St-Pierre Boys	Jean-Jacques Plia	00:44:50	00:06:48	00:04:14	07:20:42	00:06:29	00:04:02	00:05
13	12	NSPI Short Circuits	Ron MacDougall	00:45:33	00:06:55	00:04:18	09:20:34	00:08:15	00:05:07	00:00
14	50	Team Bitter	Matthew Parker	00:45:39	00:06:56	00:04:18	09:40:05	00:08:32	00:05:18	00:00
15	9	Martha's Vineyard	Frank MacGillivray	00:46:13	00:07:01	00:04:22	10:09:12	00:08:58	00:05:34	00:00
16	32	Marsh Runners	Kevin Ceretti	00:46:19	00:07:02	00:04:22	09:25:14	00:08:19	00:05:10	00:00
17	17	Achilles Heel Runners	Marty "I can kick Rob's butt"	00:47:11	00:07:10	00:04:27	08:01:05	00:07:05	00:04:24	00:05
18	30	Yarmouth Fun Runners	Rhonda Cook	00:47:12	00:07:10	00:04:27	09:20:49	00:08:15	00:05:08	00:00
19	53	NSPI Electro-Lights	Jerry Mason	00:47:49	00:07:16	00:04:31	09:06:35	00:08:02	00:05:00	00:00
20	48	HRC Women's Brigade	Darlene Chapman	00:48:00	00:07:17	00:04:32	09:04:02	00:08:00	00:04:58	00:00
21	6	Great Canadian Honking Goose	Greg Murphy	00:48:06	00:07:18	00:04:32	08:46:06	00:07:44	00:04:49	00:05
22	23	Fast Company Hot Flashes	Cathy Carter	00:48:10	00:07:19	00:04:33	09:38:50	00:08:31	00:05:17	00:00
23	43	Z X Cycle-N-Run Club	Roy Banks	00:48:21	00:07:20	00:04:34	08:07:12	00:07:10	00:04:27	00:00
24	18	Mister and Missus	Becky Lausch	00:48:24	00:07:21	00:04:34	09:59:15	00:08:49	00:05:29	00:00
25	54	Halifax Fire Retardants	John MacNeil	00:48:25	00:07:21	00:04:34	08:37:15	00:07:37	00:04:44	00:00
26	2	Outliers	Mark Fraser	00:49:07	00:07:27	00:04:38	09:09:07	00:08:05	00:05:01	00:00
27	31	Tidal Boars	Jeff Allen	00:49:20	00:07:29	00:04:39	09:24:21	00:08:18	00:05:10	00:00
28	49	HRC Mixed Messengers	Gerry Lessard	00:50:00	00:07:35	00:04:43	08:58:16	00:07:55	00:04:55	00:00
29	4	Hampton Rum a-Ways	Lloyd English	00:50:20	00:07:39	00:04:45	10:23:45	00:09:11	00:05:42	00:00
30	27	Randy's Road Rash Runners	Terri Fraser	00:50:31	00:07:40	00:04:46	09:41:06	00:08:33	00:05:19	00:00
31	39	St-Pierre Senators	Abdoul Aziz Diaw	00:50:32	00:07:40	00:04:46	09:09:22	00:08:05	00:05:01	00:00
32	14	Sackville Striding Slugs	Rufus Sweet	00:50:40	00:07:42	00:04:47	09:27:31	00:08:21	00:05:11	00:00
33	51	HRP Cops and Runners	Matthew MacGillivray	00:50:46	00:07:42	00:04:47	08:19:44	00:07:21	00:04:34	00:00
34	5	Hampton River Runners	Brock Reid	00:50:50	00:07:43	00:04:48	10:22:41	00:09:10	00:05:42	00:00
35	55	Sally's Original Roadkill	Mike Keen	00:50:57	00:07:44	00:04:48	08:44:02	00:07:43	00:04:47	00:00
36	60	Sonny's Dream Team	Sonny Wilson	00:51:09	00:07:46	00:04:50	10:00:14	00:08:50	00:05:29	00:00
37	41	Village People	Jason Mighton	00:51:09	00:07:46	00:04:50	09:39:51	00:08:32	00:05:18	00:00
38	26	Limping to Lunenburg	Andrea McQuillin	00:51:35	00:07:50	00:04:52	10:49:43	00:09:33	00:05:56	00:00
39	40	RunningMania.com	Stephan Rabouin	00:52:30	00:07:58	00:04:57	09:38:36	00:08:31	00:05:17	00:00
40	10	TAO	Penny Hart	00:52:41	00:08:00	00:04:58	08:35:43	00:07:35	00:04:43	00:00
41	36	BIO Fish and Ships	Alison Keen	00:52:58	00:08:02	00:05:00	09:36:38	00:08:29	00:05:16	00:00
42	56	The Wee Marshlanders	Justin Thomas	00:53:27	00:08:07	00:05:03	08:50:18	00:07:48	00:04:51	00:00
43	29	Nova's Disfunctionals	Shane Eno	00:54:17	00:08:14	00:05:07	09:15:21	00:08:10	00:05:05	00:00
44	8	Road Work Ahead	Ron Allen	00:54:55	00:08:20	00:05:11	09:33:14	00:08:26	00:05:14	00:00
45	15	Yarmouth Leftovers	Craig LeBlanc	00:55:25	00:08:25	00:05:14	09:07:24	00:08:03	00:05:00	00:00
46	22	The Numb Runners	Bobby O'Keefe	00:56:47	00:08:37	00:05:21	08:46:58	00:07:45	00:04:49	00:00
47	44	East Hants Penguins	Adele Clark	00:57:25	00:08:43	00:05:25	09:23:37	00:08:17	00:05:09	00:00
48	13	Oznog Srennur	Dan Stiner	00:57:36	00:08:45	00:05:26	08:49:42	00:07:48	00:04:51	00:05
49	37	French Ladies from St-Pierre	Rachel Chaigne	00:59:04	00:08:58	00:05:34	09:56:32	00:08:47	00:05:27	00:05
50	46	Hubbards Hoofers	Gordon Tate	01:04:05	00:09:44	00:06:03	10:27:33	00:09:14	00:05:44	00:00
51	45	Captain Highliner's Crew	Norma Jean Worden Rogers	01:04:14	00:09:45	00:06:04	09:49:18	00:08:40	00:05:23	00:00
52	57	The New Born Rash	Nancy O'Neil	01:04:26	00:09:47	00:06:05	09:27:16	00:08:21	00:05:11	00:00
53	58	Beech Nuts	Asa Kachan	01:05:18	00:09:55	00:06:10	10:50:52	00:09:34	00:05:57	00:00
54	11	Grayhounds	Wordwitch	01:05:58	00:10:01	00:06:13	09:39:52	00:08:32	00:05:18	00:00
55	59	10 Pink Kinks	Ellen Dunn	01:06:01	00:10:01	00:06:14	10:00:54	00:08:50	00:05:30	00:00
56	42	Rickard's Reds	Bernadette Kennedy	01:06:10	00:10:03	00:06:15	11:11:18	00:09:53	00:06:08	00:00
57	33	The Original Border Bounders	Colleen Clare	01:07:14	00:10:12	00:06:21	09:37:05	00:08:29	00:05:16	00:00
58	21	Upright and Mile-ing	Frank Woodbury	01:07:43	00:10:17	00:06:23	10:06:57	00:08:56	00:05:33	00:00
59	16	Over the Hill & Extremely Runners	Colette Cameron	01:07:48	00:10:18	00:06:24	10:33:30	00:09:19	00:05:47	00:00
60	19	Aching Mussels	Cindy Comeau	01:14:01	00:11:14	00:06:59	08:57:21	00:07:54	00:04:55	00:00