

Sexual Health: Quality Resources

Compiled by Coordinators from the
National Network of Libraries of Medicine

Cultural Resources:

EthnoMed

<http://www.ethnomed.org/>

Mexican Cultural Profile: http://www.ethnomed.org/cultures/hispanic/mexican_cp.html

A joint project of University of Washington Health Sciences Library and the Harborview Medical Center's Community House Calls Program, containing medical and cultural information on refugees and immigrants specific to Seattle.

Refugee Health ~ Immigrant Health

http://www3.baylor.edu/~Charles_Kemp/refugees.htm

Created by Charles Baylor, nursing faculty at Baylor School of Nursing.

General:

MedlinePlus <http://www.medlineplus.gov>

Sexual Health Issues: <http://www.nlm.nih.gov/medlineplus/sexualhealthissues.html>

En Español: <http://www.medlineplus.gov/salud>

MedlinePlus brings together authoritative information from the National Library of Medicine, the National Institutes of Health (NIH), and other government agencies and health-related organizations. You can search by health topics and drugs and supplements. MedlinePlus also has an encyclopedia with pictures, online tutorials, a medical dictionary, surgical videos, and information in English and Spanish.

Family Doctor <http://familydoctor.org>

Teens: <http://familydoctor.org/online/famdocen/home/children/teens.html>

Women: <http://familydoctor.org/online/famdocen/home/women.html>

This Web site is operated by the American Academy of Family Physicians (AAFP), a national medical organization. All of the information on this site has been written and reviewed by physicians and patient education professionals. You can search health information for women, men, seniors, parents, and children in English and Spanish.

NIHSeniorHealth <http://nihseniorhealth.gov/>

Created by the National Institute on Aging and the National Library of Medicine, NIHSeniorHealth is a website for older adults. It contains aging-related health information that is easily accessible for family members and friends seeking reliable, easy to understand health information. Online videos are also available here.

Centers for Disease Control (CDC) www.cdc.gov

Teens: <http://www.cdc.gov/HealthyYouth/az/index.htm>

Young Adults: <http://www.cdc.gov/lifestages/youngAdults.html>

Women: <http://www.cdc.gov/women/>

Pregnancy: http://www.cdc.gov/ncbddd/pregnancy_gateway/default.htm

Older Adults: <http://www.cdc.gov/aging/>

CDC's Mission is "To promote health and quality of life by preventing and controlling disease, injury, and disability". CDC, as the sentinel for the health of people in the United States and throughout the world, strives to protect people's health and safety, provide reliable health information, and improve health through strong partnerships.

Teen Health:

Teenshealth www.teenhealth.org

Body http://www.teenhealth.org/teen/your_body/

Mind http://www.teenhealth.org/teen/your_mind/

Sexual Health http://www.teenhealth.org/teen/sexual_health/

Teen in Spanish http://www.teenhealth.org/teen/en_espanol/esp_land_pg/spanish_landing_page.html

Parents: <http://www.kidshealth.org/parent/>

Parent for Spanish Speakers http://www.kidshealth.org/parent/en_espanol/esp_land_pg/spanish_landing_page.html

English and Spanish side by side <http://www.kidshealth.org/Features.jsp?lic=1&feature=100>

Educators and Lesson Plans: <http://classroom.kidshealth.org/>

Created by The Nemours Foundation's Center for Children's Health Media, TeensHealth and KidsHealth provide teens and families with accurate, up-to-date, and jargon-free health information they can use.

Go Ask Alice: <http://www.goaskalice.columbia.edu/>

Sexuality: <http://www.goaskalice.columbia.edu/Cat6.html>

Sexual Health: <http://www.goaskalice.columbia.edu/Cat7.html>

Relationships: <http://www.goaskalice.columbia.edu/Cat8.html>

Go Ask Alice! is the health question and answer Internet resource produced by the Alice!, Health Promotion Program at Columbia University— a division of Health Services at Columbia.

Girls Health: <http://www.girlshealth.gov>

Body, Sexual Health (Abstinence Heavy), Mind

Developed by the Office on Women's Health in the Department of Health and Human Services (DHHS), this site was created to help girls (ages 10-16) learn about health, growing up, and issues they may face.

4parents.gov: <http://www.4parents.gov/>

Sponsored by the Office of Public Health and Science, Office of Population Affairs, and the Public Health Service, this site encourages parents to talk with their kids about waiting to have sex. Although the site limited information about sexual development, the main message of the site is abstinence.

Teenwire www.teenwire.com

Birth Control <http://www.teenwire.com/topics/birth-control-and-safer-sex.php>

Pregnancy <http://www.teenwire.com/topics/pregnancy-parenting-and-adoption.php>

Lesbian, Gay, Bisexual, Transgendered Health <http://www.teenwire.com/topics/lesbian-gay-bisexual-transgender.php>

Teenwire.com is an award-winning sexual health Web site for teens created by Planned Parenthood Federation of America.

Advocates for Youth: <http://www.advocatesforyouth.org/index.htm>

Sexual health, well being, violence, for both teens and parents

Advocates for Youth is the only organization that works both in the United States and in developing countries with a sole focus on adolescent reproductive and sexual health.

I wanna know: www.lwannaknow.org

Sexual health, Prevention, also a page for parents

Developed by the American Social Health Association, the site's stated goal is to provide a safe, educational and fun place for teenagers to learn about sexually transmitted diseases (STDs) and their sexual health.

It's Your (Sex) Life: Your Guide to Safe & Responsible Sex:

http://www.kff.org/youthhivstds/upload/MTV_Think_IYSL_Booklet.pdf

Booklet on preventing unintended pregnancies, HIV and AIDS and other STDs. This brochure was produced by the Henry J. Kaiser Family Foundation as a project of the Foundation and MTV.

Sex, etc.: <http://www.sexetc.org>

Girls health, boys health, sex, love, Gay, Lesbian, Bisexual, Transgendered, emotional, sexual, and pregnancy
A web site on sexual health that is written by teens, for teens it contains videos, quizzes and a blog.

Scarleteen: www.scarleteen.com

Body, Sexual Health, well-being

Subtitled "Sex Education for the Real World" this site committed to inclusive, healthy and sex-positive sex ed for teenagers.

YRBSS: Youth Risk Behavior Surveillance System: <http://www.cdc.gov/HealthyYouth/yrbs/>

Conducted by the Centers for Disease Control and Prevention (CDC) the Youth Risk Behavior Surveillance System (YRBSS) provides statistics on six categories of priority health-risk behaviors among youth and young adults including sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases (STDs), including human immunodeficiency virus (HIV) infection.

Lesbian, Gay, Bisexual, Transgendered Health:

Sex, etc. includes a resource list of websites, books, and hotlines.

http://www.sexetc.org/resource/glbtc/link#resource_link

Advocates for Youth is dedicated to creating programs and advocating for policies that help young people make informed and responsible decisions about their reproductive and sexual health.

<http://www.advocatesforyouth.org/glbtc.htm>

SAGE (Services & Advocacy for GLBT Elders) works with LGBT elders to address and overcome the challenges of discrimination in senior service settings.

<http://www.sageusa.org/>

Women Health:

Womenshealth www.Womenshealth.gov

Minority Health: <http://www.4woman.gov/minority/>

Recursos en español: <http://www.4woman.gov/espanol/>

A service of the Office on Women's Health (OWH) in the US Department of Health and Human Services (HHS). Its mission is to "provide leadership to promote health equity for women and girls through sex/gender-specific approaches."

HealthyWomen www.healthywomen.org

Health Topics: <http://www.healthywomen.org/healthtopics>

Developed by the not-for-profit National Women's Health Resource Center (NWHRC)

FDA Women's Health <http://www.fda.gov/womens/>

Publications and Free Resources <http://www.fda.gov/womens/pubs.html>

Spanish: <http://www.fda.gov/womens/getthefacts/Spanish/default.htm>

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National Center for Complementary and Alternative Health <http://nccam.nih.gov/health/>

Menopause: <http://nccam.nih.gov/health/menopauseandcam/>

National Institute on Aging –Women’s Health Brochures and Publications

<http://www.niapublications.org/shopdisplayproducts.asp?id=34&cat=Women%27s+Health>

For Spanish, see <http://www.nia.nih.gov/Espanol/>

The Women’s Sexual Health Foundation: <http://www.twshf.org/>

Founded in April of 2003, The Women's Sexual Health Foundation (TWSHF) is a nonprofit corporation. TWSHF supports a multidisciplinary approach to the treatment of sexual health issues and serves as an educational resource for both the lay public and healthcare professionals.

Specific Topics

Rape and Domestic Violence:

Rape, Abuse, and Incest National Network <http://www.rainn.org/>

National Coalition Against Domestic Violence <http://www.ncadv.org/>

The Network / La Red (English and Spanish) GLBT and domestic violence www.thenetworklared.org

American College of Obstetrics and Gynecology Resources – includes check lists for DV and Sexual Assault

http://www.acog.org/departments/dept_web.cfm?recno=17

Pregnancy:

March of Dimes <http://www.marchofdimes.com/>

En Español: <http://www.nacersano.org/>

American Pregnancy Association <http://www.americanpregnancy.org/>

Lactmed, database of drugs to which breastfeeding mothers may be exposed <http://lactmed.nlm.nih.gov>

Resources about Pregnancy for Women and Health Professionals <http://www.childbirthconnection.org>

Cancer:

CDC pamphlets for gynecologic cancers <http://www.cdc.gov/cancer/gynecologic/>

AIDS/HIV

AidsInfo <http://www.aidsinfo.nih.gov/>

En Español <http://aidsinfo.nih.gov/infoSIDA/>

AIDS/HIV <http://www.thebody.com/>

National Minority AIDS Council <http://www.nmac.org/>

Sex Therapy

American Association of Sexuality Educators, Counselors, and Therapists <http://www.aasect.org/>

Society for Sex Therapy and Research <http://www.sstarnet.org/>

Men Health:

Healthfinder.Gov: Men <http://www.healthfinder.gov/justforyou/justforyou.asp?KeywordID=174&branch=1>

Family Doctor – Men <http://familydoctor.org/online/famdocen/home/men.html>

Erectile Dysfunction: <http://familydoctor.org/online/famdocen/home/men/reproductive/109.html>

Viagra: <http://familydoctor.org/online/famdocen/home/men/reproductive/465.html>

Male Infertility: <http://familydoctor.org/online/famdocen/home/men/reproductive/766.html>

Testicular Cancer: <http://familydoctor.org/online/famdocen/home/common/cancer/types/387.html>

Birth Control: <http://familydoctor.org/online/famdocen/home/women/contraceptive/016.html>

Vasectomy: <http://familydoctor.org/online/famdocen/home/men/reproductive/195.html>

Peyronie’s Disease: <http://familydoctor.org/online/famdocen/home/men/reproductive/452.html>

Family Doctor- Hombre

<http://familydoctor.org/online/famdoces/home/men.html?FeaturePage=/content/famdoces/home&FeatureLocation=FeatureAdsRight3>

CDC Salud de Los Hombres <http://www.cdc.gov/spanish/etapas/hombres.html>

Womenshealth.gov – Men’s Sexual Health <http://www.womenshealth.gov/mens/sexual/>

En español <http://www.womenshealth.gov/espanol/hombres/sexual/>

Aging and Health:

National Institute on Aging <http://www.nia.nih.gov>

AgePage: “Sexuality in Later Life” <http://www.nia.nih.gov/HealthInformation/Publications/sexuality.htm>

Free Publications: <http://www.nia.nih.gov/HealthInformation/Publications/> (can be ordered by phone: 800-222-2225)

Publicaciones en español: <http://www.nia.nih.gov/Espanol/>

News Release: “Study Sheds New Light on Intimate Lives of Older Americans”

<http://www.nia.nih.gov/NewsAndEvents/PressReleases/PR20070823sexlives.htm>

New Release: “Can Menopause Change Your Sex Life”

<http://www.nia.nih.gov/NewsAndEvents/PressReleases/PR20001013CanMenopause.htm>

“¿Puedo hablar realmente de esto?” <http://www.nia.nih.gov/Espanol/Publicaciones/conversando/conversando06.htm>

NIHSeniorHealth <http://nihseniorhealth.gov>

Issues that affect sexual health:

Depression: <http://nihseniorhealth.gov/depression/toc.html>

Diabetes: <http://nihseniorhealth.gov/diabetes/toc.html>

Eating Well as You Get Older: <http://nihseniorhealth.gov/eatingwellasyougetolder/toc.html>

Exercise for Older Adults: <http://nihseniorhealth.gov/exercise/toc.html>

Heart Attack: <http://nihseniorhealth.gov/heartattack/toc.html>

Heart Failure: <http://nihseniorhealth.gov/heartfailure/toc.html>

Sleep and Aging: <http://nihseniorhealth.gov/sleepandaging/toc.html>

UrologyHealth.org (American Urological Association) <http://www.urologyhealth.org/>

National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) <http://www.niddk.nih.gov/>

National Diabetes Information Clearinghouse <http://diabetes.niddk.nih.gov>

Sexual and Urologic Problems of Diabetes: <http://diabetes.niddk.nih.gov/dm/pubs/sup/index.htm>

National Kidney and Urologic Diseases Clearinghouse: <http://kidney.niddk.nih.gov/>

En español: <http://www2.niddk.nih.gov/HealthEducation/EnEspanol/default>

AARP <http://www.aarp.org>

“Sexuality in Midlife and Beyond” http://www.aarp.org/health/conditions/articles/harvard_70_SMB0107.html

“Safe Sex” http://assets.aarp.org/external_sites/adam/html/1/001949.html

“Urinary symptoms often affect women’s sex life”

http://bulletin.aarp.org/yourhealth/healthyliving/articles/urinary_symptoms_often_affect_womens_sex_life.html

Menopause. The Journal of the North American Menopause Society. <http://www.menopausejournal.com/> (not free)

“Seniors and Aging – Sexual Activity” **Health Canada.** <http://www.hc-sc.gc.ca/hl-vs/iyh-vsv/life-vie/seniors-aines-eng.php>

Additional Resources

Baldauf, Sarah. “The Difference Sex Therapy Can Make.” U.S. News and World Report, 9/15/2008, Vol. 145(6). Database: MasterFILE Premier.

“HIV/AIDS Policy Fact Sheet” Latinos and HIV/AIDS <http://www.kff.org/hiv/aids/6007.cfm> May 2008, The Henry Kaiser Family Foundation

Journal of Sexual Medicine. International Society for Sexual Medicine. <http://jsm.issir.org/> (not free).

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Lyon, Lindsay, Voiland, Adam, and Baldauf, Sara. “Coping with Sexual Woes.” U.S. News and World Report, 9/15/2008, Vol. 145(6). Database: MasterFILE Premier.

Marín, Barbara Van Oss and Gómez, Cynthia A.. “Latinos and HIV: Cultural Issues in AIDS Prevention” November 1998 <http://hivinsite.ucsf.edu/InSite?page=pr-rr-03>

Perez, Magdalene “AIDS numbers cause concern” *The Advocate* (Stamford, CT) August 24, 2008.

Raffaelli, Marcela and Ontai, Lenna L. “She’s 16 years old and there’s boys calling over to the house: an exploratory study of sexual socialization in Latino families” *Culture, Health & Sexuality* 2001 VO. 3, No. 3, 295-310.