

Books for Siblings

Views from Our Shoes-Growing up with a Brother or Sister with Special Needs. Edited by Donald Meyer

This book contains letters/essays written by siblings and for siblings! This is an excellent book!

Living with a Brother or Sister with Special Needs, A Book for Sibs. By Donald Meyer and Patricia Vadasy

This book has information for siblings, parents and professionals about how to deal with having a sibling with a disability. This book has information about how to cope with typical feelings siblings may have as well as information about mental retardation and developmental disabilities.

Sibshops-Workshops for Siblings of Children with Special Needs. By Donald Meyer and Patricia Vadasy

This book is a tool for professionals about how to run a sibling support group. This book contains excellent ideas for topics and projects!

* Children's books/stories for younger children

A Button in Her Ear, by Ada B. Litchfield

He's My Brother, by Joe Lasker

How Do I Feel?, By Norma Simon

Howie Helps Himslef, by Joan Fassler

Articles about Sibling Issues

Harmer, A., Marshall, E.S., Mandleco, B., Olsen, S. (2003). "Coping Responses to Daily Life Stressors of Children Who Have a Sibling with a Disability". Journal of Family Nursing, 9(4), 397-413.

Fleitas, J. (2000). "When Jack Fell Down...Jill Came Tumbling After: Siblings in the Web of Illness and Disability". The American Journal of Maternal/Child Nursing, 25(5), 267-273.

Hastings, R.P. and M.A. Gruszka (2003). "Behavioral adjustment of siblings of children with autism engaged in applied behavior analysis early intervention programs: the moderating role of social support, family functioning and sibling adjustment in families with a handicapped child". Journal of Autism & Developmental Disorders, 33(2), 141-150.

Kaminsky, L., & Dewey, D. (2001). "Sibling Relationships of Children with Autism". Journal of Autism and Developmental Disorders, 31(4), 399-410.

Krauss, M., Seltzer, M.M., Gordon, R., & Friedman, D. (1996). "Binding Ties: The Roles of Adult Siblings of Persons with Mental Retardation". Mental Retardation, 34(2), 83-93

Stoneman, Z. (2001). "Supporting Positive Sibling Relationships in Childhood". Mental Retardation and Developmental Disabilities, 7, 134-142.