
PROFESSIONAL GUIDANCE: A TWO-WAY LEARNING PROCESS

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The choice of a profession has acquired great relevance lately, which may be noticed by the increasing number of studies and published data on this subject. The current research aimed to document and analyze a Psychology traineeship experience on the coordination of a Professional Guidance Group, with emphasis on the learning process of both the trainees and the adolescents. Two groups participated in the study: Group 1 - 18 trainees from the 5th year Psychology graduate course at the FFCLRP/USP, São Paulo/Brazil, under training to coordinate learning and orientation groups; and Group 2 - 17 adolescents aged 17 to 20 years, middle class, from the 3rd year of public and private high schools in Ribeirão Preto and surrounding cities. The weekly meetings and supervisory activities lasted for either 4 hours (Group 1) or 2 hours (Group 2). It may be concluded that the traineeship for Group 1 fulfilled its objective of academic qualification by developing mainly the trainees' capacity for group coordination. Group 2 also benefited from the experience by increasing their maturity for professional choice.

Keywords: Professional guidance; learning; operative group