



REGAL RACER

Inside this issue:

Summer 08/09	1-2
AA/ANSW News	2
Happy Birthday	3
Upcoming Events	3
Quote of the Week	3

Summer 2008/2009: Issue 1 Sunday 11th October 2008

We're Back

Welcome one and all to the first 'Regal' event for Summer 2008/2009. 'Regal' will be hosting an event once a month (Sunday) throughout the Summer season to complement event offered by Little Athletics, Athletics NSW and Athletics Australia. Below is the full program:

Date

Sunday 12th October 2008
 Sunday 9th November 2008
 Sunday 7th December 2008
 Sunday 18th January 2009
 Sunday 8th February 2009
 Sunday 15th March 2009

Venue

Leichhardt - Presentation Day
 Narellan - Distance Day (ANSW Permit)
 Chittaway Bay (Central Coast)
 Leichhardt
 Chipping Norton
 Narellan

Events to be conducted on Sunday 9th November 2008:

8:00am: Open Men and Women 20km
 8:30am: U/20 Men and Women 10km
 9:45am: U/18 Men and Women 5km
 10:00am: U/16 Men and Women 2km
 10:20am: U/14 Men and Women 1km

All other days events will be held in the following three divisions

Senior: 10km to 20km
 Intermediate: 3km to 8km
 Junior (Little Athletes): 800m to 2000m

Athletes nominate the distance they wish to walk at each competition. Athletes may choose to walk an alternate distance at any Club event.

Starting Times: Senior Division: 8:30am; Intermediate Division: 9:00am;
 Junior (Little Athletes) Division: 9:15am

Race Fee: \$3

After today's events we will be celebrating the success of our athletes throughout the winter season. I hope you can all stay around for the free sausage sizzle and the celebrations. Our major raffle will be drawn today so please make sure you and in your tickets to Anne or Sue. Thanks to everyone who has supported this fundraising effort.



REGAL RACER

Inside this issue:

Summer 08/09	1-2
AA/ANSW News	2
Happy Birthday	3
Upcoming Events	3
Quote of the Week	3

Our next event on 9th November is our Distance Day. We have been granted an ANSW Permit for this event which means any qualify performance for Australian Championships will be recognised. As such we will need all hands on deck to ensure we have enough judges, timekeepers and volunteers to make this day a success. If you can assist please see Bob today.

For the first time in 'Regal's' history we are taking an event to the Central Coast. Thanks to the hard work of Ian Rayson we are hoping to attract new members of all ages. If you know any walkers on the Central Coast please let them know about this event.

A lot of action has happened on the track since our last meeting. Congratulations to all 'Regal' athletes who competed so successfully at Olympic Games, National Championships and School Championships. It is great to hear that a number of our members have been selected to compete at the Pacific School Games, with one appearing in the Daily Telegraph!

In Athletics Australia news, the 2009 World Youth Championships, which will be held in Bressanone, Italy, has been released. Athletes born in 1992 or 1993 are eligible for selection. The selection policy is available on the Athletics Australia website. Athletes do not need to nominate for the World Youth Championships.

Nominations for the Australian Youth Olympic Festival are now being called for. Athletes born 1992 and 1993 are eligible to compete in the Australian Youth Olympic Festival which will be held in Sydney from 14-18 January. The biennial event will see two Australian teams compete against teams from China, New Zealand, Oceania and Chinese Taipei in a world cup style match. Nominations can be completed on the Athletics Australia website and close on 23 October.

Athletics Australia are also seeking applications for team managers, coaches, doctors and physios for the Australian Youth Olympic Festival. All Staff will be required to stay with the team in the team village for the entire program from 13-18 January, 2009. Applications can be completed on the Athletics Australia website and close on 13 October.

Athletics NSW mourns the loss of Peter Lucas, life member and long standing technical official. Peter passed away suddenly whilst on an overseas holiday. Peter devoted a large portion of his life to volunteer roles within athletics, ranging from being a technical official to holding a number of administrative roles.

As an official Peter pioneered the use of electronic timing and photo finish in NSW and was appointed to senior roles at all major competitions held within Australia, including the 1982 Commonwealth Games, 1985 World Cup, 1996 World Junior Championships, the Sydney Olympics and the Melbourne Commonwealth Games.

In administrative roles Peter was a long time member of the board of management, with his professional skills as an accountant making him aptly suited to the role of treasurer, a position which he held for over 20 years. In addition, his thoroughness and watchful eye as constitution officer were valuable assets to the sport, as was the guidance he gave to the management on such matters.

Peter was a staple part of Athletics News operations and will be sorely missed. The regard which he was held by the athletics and sporting community is evident by the awards bestowed on him during his life: life membership of Athletics Australia and Athletics NSW, the Australian Sports Medal in 2000 and the Australian Centenary of Federation Medal in 2003. Earlier this year Peter was recognised by Athletics NSW with the President's Award at the Annual Awards Dinner for his exceptional service to the sport.

Peter's funeral is being held on Monday, 13 October at St Alban's Anglican Church (Bantree Bay Road, Frenches Forest) at 11am.



REGAL RACER

Inside this issue:

Summer 08/09	1-2
AA/ANSW News	2
Happy Birthday	3
Upcoming Events	3
Quote of the Week	3

Happy Birthday

A big 'Regal' happy birthday to those members who celebrate their special day over the next month.

Monday 13th October- Jim Seymon

Saturday 25th October- Katrina Shaw

Monday 3rd November- Michael Smith

Tuesday 4th November- Susan Sundstrom

Wednesday 5th November- Jane Saville

A reminder to all walkers that the following events are being held over the next couple of weeks:

Saturday 25th October- ANSW Club Premiership (5000m/3000m/1500m)

E S Marks

Sunday 9th November- Distance Day Club Event (ANSW Permit) Narellan

Saturday 15th November- ANSW State Relays Blacktown

Thursday 27th November- ANSW Allcomers Night Meet (5000m/3000m)

SOPAC (Warm Up Track)

22nd-23rd November- LA's State Relays Campbelltown

Quote of the Week: "If you are never scared, embarrassed, or hurt, it means you never take chances" Julia Soul.

Renée Cassell

Vice President