

**you too can make
a difference!**

If you would like to volunteer your time or donate your services please fill out this form and mail it to us. Don't forget, you can also fill out the donation form on the other side.

Yes! I would like to volunteer my time at the ROC. Please contact me with more information by phone between the hours of:

- 9am—5pm Monday to Friday
 5pm—9pm Monday to Friday
 Anytime

Name: _____

Phone Number: _____

I would prefer you contact me by mail at the address below:

Name

Address

City

Postal Code

Quotes

“Research has shown that one good relationship or one area of competence is enough to put a child on a positive pathway.” – *Dr. Dan Offord*



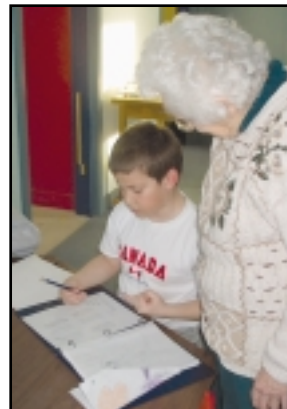
Basketball League Wednesday night — Games Room during drop-in



“When children and youth participate in sports, cultural programs and other recreational activities, they have better psychological health, improved familial interactions, and perform better academically. They also relate better to their peers and have a better awareness of their community. This is particularly important for young people who are at risk for developing longterm health or social problems.” – *“The Progress of Canada’s Children” Canadian Council on Social Development, 1996.*



A painting exercise during March Break — Homework Club Wednesday Night



Quotes taken from “Together With Youth - Planning Recreation Services for Youth-at-risk”. © September 1999 Parks and Recreation Ontario



The Craft Room is a popular place to be

Our Partners & Support:

The ROC values all their community partners and volunteers and we are very grateful to those who have provided us with financial support.



National Crime Prevention Strategy
Stratégie nationale pour la prévention du crime

funded in part by the Government of Canada

Canada



United Way of Quinte



THE ONTARIO TRILLIUM FOUNDATION



Davin Corporation

Reynolds Trucking Services



Having fun during a regular drop-in



Investing in Youth



33 Nery Ave,
Macaulay Village,
P.O. Box 529, Picton,
Ontario K0K 2T0

Ph: 613-476-2001
Fx: 613-476-2077
Email: info@theroc.ca
Website: www.theroc.ca

Who We Are

The Recreation Outreach Centre (ROC) is a youth centre located in Picton.

We opened our doors in 2000 to address the needs of the youth of Prince Edward County.

Our facility includes a Gymnasium, Computer Lab, Arcade and Craft Room.

We also provide special workshops for children and youth to gain valuable communication and employability skills and deal with important issues that today's youth face.

Our Beliefs

We believe that the positive experiences, children and youth receive from the people and institutions in their lives will provide them with the support they need to make positive choices, build relationships and succeed in life.

The ROC encourages growth through a commitment to learning and experiencing recreational activities in a non-threatening environment.

The ROC in action



Our Programs

Drop-in 3 Nights a Week

come as often as you like

Canteen*	Games Room*
Computers	Gymnasium
Crafts	Healthy Snacks

* the canteen and some games require \$

Special Clubs or Events

usually require registration

Badminton League	Homework Club
Basketball League	Special Events
Drama Club	Workshops

* new programs and workshops are always being added. Check with staff for current list of events

Donation Request Form

YES! I would like to help maintain and improve the Recreation Outreach Centre. I have enclosed a cheque made payable to the ROC for:

- | | |
|--------------------------------|---|
| <input type="checkbox"/> \$25 | <input type="checkbox"/> \$200 |
| <input type="checkbox"/> \$50 | <input type="checkbox"/> \$500 |
| <input type="checkbox"/> \$75 | <input type="checkbox"/> \$1000 |
| <input type="checkbox"/> \$100 | <input type="checkbox"/> other \$ _____ |

Name _____	
Company (if applicable) _____	
Address _____	
City _____	
Province _____	Postal Code _____
Phone _____	

Tax receipts will be sent annually to the above address.

The Recreation Outreach Centre is a Registered Charity
Business Number - 875918815RR0001

Please complete the above form, detach it and send with cheque made payable to Recreation Outreach Centre:



Recreation Outreach Centre
P.O. Box 529
Picton, Ontario K0K 2T0
Phone: 613-476-2001
Fax: 613-476-2077