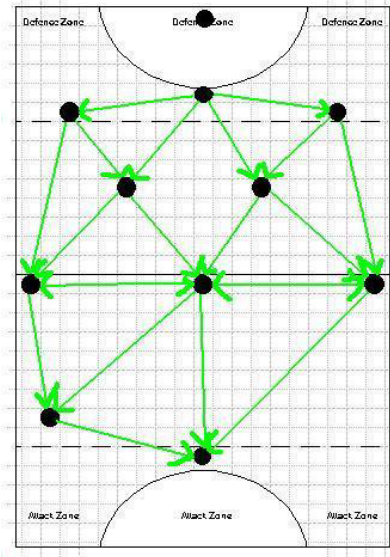


Attack Passes by Damager



Discussion

Color Key: -
Green - Attack Passes

Philosophy

Discussion on the concept of Attack Passes.

The **GOLDEN RULE** in **ATTACK** is **GET THE BALL TO THE CENTER FORWARD - THEY ARE THERE TO SCORE THE GOALS..... USE THEM FOR THAT PURPOSE..... THAT'S WHAT THEY ARE THERE FOR..... TO WIN THE MATCH FOR THE TEAM.....**

The **GOLDEN RULE** in **ATTACK** is **NO SWITCHES ACROSS THE GOAL WITHIN OUR DEFENSIVE ZONE. SWITCH PASSES ARE ONLY TO HAPPEN IN THE ATTACKING ZONE.**

Attack Passes are required to **WIN** games - no team can defend only or spend the majority of the game in a defensive position and expect to win the game - even if there is the odd break away goal, the chances of winning will be limited. A team needs to attack the opposition goals and enter the **OPPOSITION CIRCLE** at least once every 2 to 3 minutes - Australia and Argentina work on this as a mean to define how successful they are in the match - this means that we should attack the circle at least 20 to 25 times in a match. These entrances into the **OPPOSITION CIRCLE** should lead to at least 10 shots on goal with at least 5 GOALS SCORED.

The team should therefore concentrate on creating **ATTACK ENTERANCES INTO THE OPPOSITION CIRCLES** for the Center Forward and the Right Forward to take shots on goal and the remaining Midfield Players taking shots from the outside of the **OPPOSITION CIRCLE** The **OPPOSITION** must be placed under attack continuously - this leads to the following:

THEY CANNOT SCORE AS THEY ARE CONTINUOUSLY UNDER ATTACK..... THEY CANNOT CREATE A DEFENSIVE THREAT IN OUR HALF OF THE FIELD - THIS MEANS THAT WE CAN DEFEND OUR GOALS WITH THE MINIMUM OF PLAYERS, A GOAL KEEPER, SWEEPER, AND TWO BACKS AND CONCENTRATE THE REMAINDER OF THE PLAYERS IN THE ATTACK MODE - EVEN IF THE TEAM THAT WE ARE PLAYING AGAINST IS STRONGER THAN OURSELVES, THE ATTACK MODE PLACES THEM AT A DISADVANTAGE..... THEY WILL NEED TO CONCENTRATE ON DEFENSE BEFORE THEY CAN ATTACK..... WE MUST KEEP THEM OFF THEIR ATTACK MINDSET..... THREE GOALS UP..... WE ARE VERY DIFFICULT TO BEAT FROM THAT POINT. WE WILL DOMINATE EVERY MATCH FROM AN ATTACKING POINT OF VIEW, PLACING EVERY TEAM THAT WE PLAY AGAINST UNDER PRESURE DUE TO THE SPEED AND NUMBER OF ATTACK ENTERANCES WE MAKE INTO THEIR CIRCLE..... AND KEEP THEM FROM BECOMING A THREAT TO OURSELVES..... EASY GAME..... WE WILL UTILIZE SPEED FROM THE MIDFIELD TO GENERATE THE SCORING OPPORUNITIES - GONE ARE THE DAYS OF A SLOW BUILD-UP - SPEED ON THE BALL - SPEED OF THE BALL - SPEED AND FITNESS OF THE PLAYERS ARE THE NEW GOLDEN RULE OF ATTACKING HOCKEY.....

Questions to ensure that you require an Attacking Pass

Keywords

Attacking Pass Awareness, which means the following:

Attacking Pass Awareness: - Where am I in relation to my own goal and the opposition goal? Where am I in relation to my **ATTACKING TEAM MATES**? Where is my direct opposition in relation to my own goal and their goal? Where is the **BALL** in relation to myself, my team mates, my goals, and the opposition and their goal? How fast is the **BALL** traveling? What direction is the **BALL** traveling? What is the possibility of: The opposition getting to the ball before I do? The opposition creating a scoring opportunity from getting the ball? Who touched the ball last? Can I leave the ball to go over the side line?

What is the impact of me doing nothing? Will my next course of action put myself and my team under pressure?

REMEMBER..... ON MANY OCCASIONS, THE BEST FORM OF ATTACK IS TO DO NOTHING..... THE BALL IS TRAVELLING TOO FAST..... TO TRY AND INTERCEPT IT WILL GIVE THE DEFENSE AN OPPORTUNITY BREAK UP AN ATTACK, OR TO CREATE AN ATTACKING OPPORTUNITY THEMSELVES, RATHER LET IT GO FOR A LINE HIT OR 16 YARD THAN CREATE THE OPPORTUNITY FOR ANOTHER TYPE OF INFRINGEMENT ALWAYS REMEMBER..... ATTACKERS MUST ALWAYS ACT FROM A POINT OF VIEW OF "TAKING THE SAFEST COURSE OF ACTION"..... RATHER LIVE FOR ANOTHER ATTACK FROM AN OPPOSITION 16 YARD OR LINE HIT, THAN HAVING TO GO OUT AND TRY AND SCORE ANOTHER GOAL TO ELIMINATE THE GOAL THAT HAS JUST BEEN SCORED.....

REMEMBER..... THE BALL TOUCHED LAST BY AN OPPONENT..... LET IT GO OVER THE BASE LINE OR SIDE LINE..... WE WILL GET A LONG CORNER OR A SIDE LINE HIT..... RATHER HAVE THE MID FIELDERS COME UP AND TAKE THE HITS THAN CREATE THE OPPORTUNITY FOR ANOTHER TYPE OF INFRINGEMENT..... ATTACKING - WE MUST ALLOW THE PRESURE TO BUILD ON THE OPPOSITION, BY PLAYING IF SAFE AND KEEPING OUR INFRINGEMENTS TO THE MINIMUM..... AND NOT ALLOW THE OPPOSITION THE OPPORTUNITY TO SETTLE AND DEFEND BY CREATING THEIR OWN OPPORTUNITY FOR AN ATTACK..... BE AWARE OF THE OPPOSITION PLAYERS AROUND THE AREA..... IF IT IS SAFE..... LET THE BALL GOES..... WE WILL HAVE THE FREE HIT FROM THE SIDE LINE..... RATHER TAKE THIS OPTION..... KEEP CONTROL OF THE BALL..... IT IS A LOOSE BALL FROM AN OPPONENTBUT WE ARE CONTROLLING THE LOOSE BALL BY UNDERSTANDING WHERE THE BALL IS GOING AND WHO WILL HAVE CONTROL OF THE NEXT FREE HIT..... DO NOT THROW AWAY THE ADVANTAGE GAINED BY TRYING TO INTERCEPT OR TRAP THAT BALL.... DO NOT CREATE A NEW FORM OF DANGER BY ALLOWING THE OPPONENTS ANOTHER OPPORTUNITY TO CREATE AN ATTACK..... IT IS JUST NOT WORTH IT

THE DECISION ON THE ATTACKING PASS - WHEN

Keywords

Attacking Pass Awareness which mean the following:-

Attacking Pass Awareness: - Simply put - an Attacking Pass is required when there is an opportunity to place the opponents under pressure at anytime and anywhere on the field. However, the attacking pass must be a well thought out pass, and **MUST NOT**

ALLOW THE OPPOSITION THE OPPORTUNITY TO TURN DEFENSE INTO ATTACK!

AN ATTACKING PASS MUST HAVE A GREATER THAN 50 / 50 CHNACE TO SUCEED, CLOSER TO 100 / 0 - THE INSTANT THAT IT BECOMES 50 / 50, OR LESS THAN 50 / 50, THE CHANCE OF BEING PUT UNDER PRESURE BY THE OPPONENTS IS THERE - THEY HAVE WON THE BALL THROUGH AN INEFFCECTUAL ATTACK - WE HAVE NOT LOST THE BALL TO THE OPPOSITION, BUT GIVEN THE BALL TO THE OPPOSITION.

GUESS WHAT WILL HAPPEN THEN ----- WE WILL LOOSE THE MATCH AND THE LEAGUE - ALL OF THESE CAN BE AFFECTED BY ONE, JUST ONE "ATTACKING PASS" WHICH WAS NOT THAUGHT OUT AND ALLOWED THE OPPOSITION TO CAPITALISE - RATHER HOLD THE BALL, OR USE A "BACK PASS" TO ALLOW A TEAM MATE IN A BETTER POSITION TO CREATE ANOTHER "ATTACKING PASS OPTION"

WHO TO PASS TOO

Keywords

Attack Pass Awareness which means the following: -

Attack Pass Awareness: -

Simply put - The ANSWER on who to pass too is:-

THE TEAM MATE WHO IS IN THE SAFEST POSITION ON THE FIELD, WHERE THERE IS NO DIRECT OR INDIRECT THREAT OF THE OPPOSITON COUNTER ATTACKING - IF THERE IS NO TEAM MATE IN SUCH A POSITION RATHER USE THE DEFENSIVE PASS - AIM FOR THE PLAYERS ON THE SIDE-LINE - OUTSIDE LEFT HALF, OUTSIDE RIGHT HALF - IT IS THE SAFEST - REMEMBER - HIT IT HARD AND WITH INTENT TO CLEAR THAT MARKER, AND TO ELIMINATE THE OPPORTUNITY OF A DEFENDER INTERCEPTING THE BALL AND COUNTER ATTACKING..... DO NOT BE KIND TO THE OPPOSITION..... LET THEM START THEIR NEW ATTACK FROM AS FAR BACK AS POSSIBLE..... EVEN OFFER THEM THE RIVER BALL..... LET THEM START AT THEIR OWN 16 YARD LINE..... YOU NEVER KNOW, MAYBE OUR CENTER FORWARD GETS THE BALL AND SCORES THE WINNING GOAL FROM YOUR DEFENSIVE PASS.....