



# Realise A Better World



Newsletter Issue #007

December 2006

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## WELCOME NOTE

Hello and welcome to the seventh edition of the Realise Newsletter.

December, for many people, is the lead-up to festivities. Festivities are an important time to reflect on the past, look to the future and be content with your time and place. It tends to be a time for the celebration of creativity. Memories are created then culture emerges and evolves.

Culture evolves from what a group wishes to identify with or what it is proud of. Frequently this includes creativity in music, art and literature. Festivals tend to include the creative elements that we can be most proud to identify with at that time and place.

By partaking in festivities you are contributing to the evolution of your culture through the creation of memories. Make the most of your time, be creative, positive and enjoy being part of making yours and other people's memories.

Culture is something everyone has in common. It is a common need for all individuals to belong to a group or community. By being inclusive we can celebrate diversity of culture and move towards a better world for all.

## THE POOL ROOM

This month Penelope Swales and her song 'Dizzy Edge of Freedom' goes straight to the Pool Room.

This song is a story about the freedom that is within the grasp of everyone through following your passions.

To combine our passions, talents and goals into one solid direction that contributes towards a better world is the most effective thing an individual can do for themselves and others. The lyrics suggest that an individual has a responsibility to themselves and others to achieve their potential.

The song lyrics can be found on the website listed at the bottom left of this page, under the menu - 'Pool Room'.

## REMEMBRANCE DAY

It is interesting to inquire as to why Remembrance Day continues to be observed almost 90years after the

end of The First World War. Some might say that the minute's silence lacks relevance in today's society. Others may think that the event glorifies war but many still observe it showing their respect to those who paid with their lives, to retain our culture and freedom.

The First World War was, at the time, named 'The Great War' because they sincerely believed it was 'the war to end all wars'. Today it might be interesting to know how much people would sacrifice for what they believed would achieve a world without war for humankind.



Poppies: <http://rinabelle.blogspot.com/evilmidaget/images/poppy.jpg>

Perhaps society has changed and maybe now we need to respect all people that struggle and have struggled for a world where peace prevails. Perhaps more people in society would then see value in observing the minute's silence on November 11 and use it to consider the things they can contribute to humankind. The eleventh of the eleventh may become more inspiring for everyone.

## WISDOM AND NUCLEAR ENERGY

There are ways that one could argue that nuclear energy is something that moves towards a better world. Providing energy that reduces the amount of fossil fuel emissions is a good move for now and for future generations.

Wise decisions are those that contribute to the survival and prosperity of humankind or 'human progress'.

If we take into account the amount of fossil fuels required to construct a nuclear power plant, the issues with fueling and disposing of waste, the insecurity that goes with living near such a facility and the long-term costs in terms of time and energy to secure the waste from becoming weapons, then the wisdom of our decisions becomes even more important.

It is evident that nuclear energy produces a variety of implications which could mean inhibiting human progress.

People with power tend to make the direct decisions on such topics. We must have faith that these people

## CONTACT DETAILS

website:  
[www.geocities.com/realiseabetterworld](http://www.geocities.com/realiseabetterworld)

email:  
[realiseabetterworld@yahoo.com.au](mailto:realiseabetterworld@yahoo.com.au)

editor:  
Steve York  
c/ 37 Fitzsimmons St.  
Keperra Q 4054

are doing their best with the resources and knowledge they have at the time. Others may find it frustrating and hopeless to have such a minor impact on decisions that affect human progress in these ways.

By empowering yourself you can make the most difference in the most effective way an individual can make a difference. There are two ways that Realise promotes as being the most effective ways an individual can make a difference:

- Continue to make a difference in your own life,
- Join a group that is uniting individuals that are doing their best for a better world.

If many people commit to making a difference, reducing their energy dependence in their life then we are reducing the need for nuclear power. For many people their best efforts extend to making a difference in doing the following:

- Turning lights off,
- Switching off appliances at the wall when not being used,
- Use energy efficient products,
- Reducing use of air conditioners,
- Insulating walls and ceilings,
- Planting trees to shade the western side of the house,
- Switch home to renewable energy.

Information from: <http://www.jackgreen.com.au>



Renewable energy water pump windmill: <http://www.send-hope.org/>

Those that are already making a difference by doing these things must be thanked. You are contributing to a better world in many ways that you may not even imagine. The benefits of reducing the amount of energy we depend on include:

- Increased quality of air
- Increasing quality of our natural environment and natural systems
- Increasing the opportunities for employment, growth and technology in the renewable energy industry
- More money in your pocket which means you can spend more time and energy with loved ones and things you are passionate about that you would normally spend at work.

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[www.geocities.com/realiseabetterworld](http://www.geocities.com/realiseabetterworld)

email:  
[realiseabetterworld@yahoo.com.au](mailto:realiseabetterworld@yahoo.com.au)

editor:  
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c/ 37 Fitzsimmons St.  
Keperra Q 4054

For those that are doing their best it may be refreshing to know that you're part of a growing number of people becoming more conscious of the positive effects of moving towards a better world.

Realise A Better World is a group created to unite people who are doing their best with the resources, time and energy that

they have at the present. It strives to make an example of those people so that others may be inspired to make further changes in their life. Joining Realise gives individuals a stronger voice and an effective way to influence positive change in the world.

#### OPPORTUNITIES FOR WISE JOURNALISM

Journalism is an important part of today's society. Many people see the world through the eyes of the media which makes it a vital ingredient in how the current world is evolving into a better world. This thinking creates opportunities for building on the current wisdom of journalism.

Wise journalism can portray an event and comment on how the event affects human progress. It can offer information about how individuals can make a positive difference for a brighter future.

In the new year this newsletter will undertake the slow transition from newsletter to newspaper. From modest beginnings it is intended that the paper would relay current headlines informing readers about our opportunities to contribute to moving towards a better world.

Ultimately this enterprise is planned to support right livelihoods for journalists.

Realise wishes to hear from interested people to assist in developing this idea. If you or anyone you know of has an interest in such goals, editing and/or writing please contact us.

Email: [realiseabetterworld@yahoo.com.au](mailto:realiseabetterworld@yahoo.com.au)

We are looking for open minded individuals with a few hours a month spare to contribute to a better world in some of the most effective ways possible.

#### MERRY CHRISTMAS AND HAPPY NEW YEAR

Best wishes to you and your loved ones over the festive period. Realise A Better World hopes that your Christmas and New Years celebrations are the most creative and memorable you've had.

#### REALISE A BETTER WORLD



To receive these free monthly newsletters send a blank email to: [realiseabetterworld@yahoo.com.au](mailto:realiseabetterworld@yahoo.com.au)