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HELLO TO ALL MY PEEPS

Welcome one and all to the first ever edition of the Realise A Better World Newsletter. This publication is intended to be a monthly issue that inspires and motivates all members and sundry in their struggles towards a better world for all.

It is envisaged that the newsletter will support and encourage individuals to make inroads in their own life to start/continue to do those little things that move towards a better world. We hope to connect people with like minds, actively making differences in their own lives to create a culture of wisdom that unites and identifies us.

Many people have asked why it is necessary to start 'another' activist group when there already seems to be so many out there. After much research into activist groups around the world it proved difficult to find one that aimed their activism at positive solutions. It's hard to find one that focuses on the individual and what that one person can do to make a difference. It's hard to find one that focuses on the transition or the journey to a better world. It's hard to find one that is specifically about creating a better world for all. Realise therefore aims to fulfil those needs in society.

I hope this issue finds you well and happy and leaves you inspired and motivated to continue to achieve your own goals moving towards a better world.

STRAIGHT TO THE POOL ROOM

A new addition to the website is the 'Pool Room' (subdirectory under 'Members') which endeavours to display creative pieces of art, literature, music and philosophy that inspires and motivate us towards a culture of wisdom.

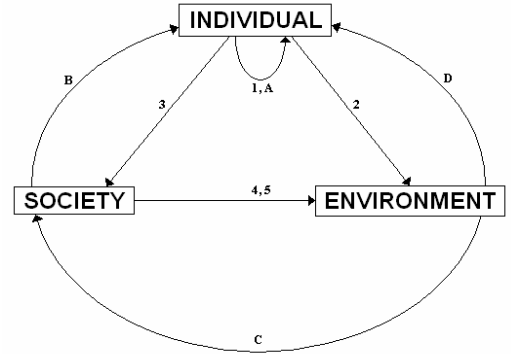
The first piece is a poem by Ange Hoskins called 'Alive'. Thanks heaps for sharing your poetry with us Ange.

If you have any creative pieces of your own that have an inspiring positive outlook to moving towards a better world, please contact us. We'd love to hear from you.

MAPPING WISE DECISIONS

This issue we look at organic products and the effects they have. We explore the ways they benefit you, society and the environment through mapping. Then we look at possible baby steps that individuals utilise for moving towards a better world with organic products.

To map the effects of organic products we use the responsibility for necessities and benefits system. Below is a basic manipulation of that system where the numbers show responsibility and the letters show the necessities/benefits.



1. Responsibility for one's own health.
2. Responsibility agriculture without chemicals.
3. Responsibility to reduce the individual's impact on the health system.
4. Ethical investments by purchasing organic food production.
5. Society has more resources to show more responsibility to the environment.

- A. Healthier mind and body.
- B. Society has more resources to offer benefits back to the individual.
- C. Healthier soil and agricultural practices for a more sustainable yield from the environment.
- D. Healthier neighbourhoods and environments in which to work, rest and play.

The question must arise 'what are the drawbacks of organic products?' The price of the products is normally higher due to extended time of production and lower yields. Quality may also be in question at times. These initial short-term niggles are generally overshadowed by the more sustainable longer term advantages.

Given that the longer term advantages of organic products are so attractive it must also be recognised that the transition towards it could not take place overnight. This could be as irresponsible and mindless as not making the transition at all. This is why Realise suggests that a more wise and slow transition should take place.

Some of the smallest things to the bigger things we can do for ourselves in the transition to using more organic products are as follows:

- Choosing to buy one organic product over a cheaper option regularly.
- Choosing organic products as often as possible.
- Committing to one organic meal a week.
- Committing to only eating organic food.

- Growing your own food organically in your backyard.
- Swapping organic products with others in your community.
- Only using organic products sourced from your garden or local community.

In the interests of sustainable sustainability it is recommended that one chooses to make a slow transition in order to maintain progress. There is no point in making it too hard for yourself when there are other challenges out there that are just as important in the grand scheme of things.

Making a move towards using more organic products is a wise and rewarding move towards a better world. We hope you enjoy the journey.

WHAT'S NEW ON THE WEBSITE?

It has been a constantly evolving site to this point. Some of the most recent changes to the site are:

- An increase in the amount of diagrams used to explain concepts.
- A move to changing the reference to 'responsibility' in favour of the word 'wisdom' in some instances.
- The addition of the 'Pool Room' for inspirational creative pieces and to contribute to the culture of wisdom.

Indeed, the information in this newsletter will be compiled and added to the website with time. The newsletter itself will be available as a download from the site too.

The site changes like the colours of Uluru so check in from time to time and don't get left behind.

IT'S HARD TO GET GOOD HELP

There are a number of one-off jobs that will contribute enormously to the forthcoming future of Realise. The time has come when I have realised that one person cannot hog all the glory so please let me know if you have some time to offer.

Some of the jobs are as follows:

- Someone required to create a brochure for people interested in the group.
- Newsletter editor for a single issue or a number of issues.
- Ideas and examples for inspirational creative pieces to add to the Pool Room.
- Researcher to justify some of our more outrageous claims.
- Website advice; from a critique to complete overhaul and redesign.

Other jobs that need doing are also on offer. If you see something that needs fixing and you have a passion for it then I would be only too happy to listen to your ideas.

WHAT NEXT?

Today the website, tomorrow the world. At the moment the group is building interest and membership steadily. As the basic explanation of the group unfolds we get ever closer to an official Realise A Better World activist group launch... any excuse for a party really.

The website is undergoing scrutiny by a variety of professionals. It is envisaged that the comments and suggestions made will help build a well rounded comprehensive base for the group.

With a brochure about the group in the pipeline we are beginning to extend to a wider audience. The more the merrier.

Public presentations may also be on the agenda in the not so distant future. This will again be aimed at specific audiences with the view to expanding the membership base.

A more permanent icon for the group is also being developed. The kookaburra will be retained of course.

If there is anyone with advice, comments or suggestions about what should happen next, please get in contact with us as we are only too happy to receive feedback.

CONTACT DETAILS



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