



RANDWICK & COOGEE AMATEUR SWIMMING CLUB INC.

**Golden  
Gulls  
Gazette**

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President: Peter Court ☎9665 6539 Secretary: Michael Parkinson ☎9749 7005 Treasurer: Janice Morris ☎9344 8482  
Club Captain: Anthony Morris ☎9344 8482  
Editors: Hazel Brombey ☎9398 5179 Robin Parkinson ☎9664 5650  
PO Box 142 St Pauls NSW 2031 rcasc@mail.com http://www.rcasc.org.au



Our McDonald's Achievement Awards this month are presented to Luke Porter-Daly, Briannon Walker, Jack Rheinberger, Philipp Trupke, Sophie Dicalfas and Lachlan Small.

**NEXT WEEKEND — MYUNA BAY AWAY**

A double whammy of R&CAS Club events will be held next Saturday. The Club is having an 'away' weekend, but don't be deterred, Wylie's will still be the Club venue for those not attending. Please note, double points will not be awarded to swimmers making the dash between venues!

**JIM LAWLER TROPHY - FRIDAY 13 FEBRUARY, 6PM**

Coogee Randwick RSL Swimming Club have extended an invitation to our Club to participate in an evening of swimming followed by a barbecue at Wylie's Baths, from 6pm on 13 February.

The following events will be held:

- 1 50 yards brace relay, nearest to time. Prize \$100
- 2 6x50 yards relay, nearest to time. Prize \$300
- 3 6x50 yards relay, fastest time, Jim Lawler Trophy

Entry is \$5 per person, plus \$15 if you would like to stay for the barbecue and drinks.

For more information see Anthony Morris.

Dominic Trupke and Philipp Trupke recently put in good performances in the NSW State Championships. Thorsten, Dorothee and the rest of the Trupke clan made a dash from their Queensland holiday to cheer on the boys.

**COMING UP**

31 January  
200 yards IM championship.

**Santa Photos**

Sonja's Santa photos are still available and a bargain at \$2.00.

**\* \* Mile Swimathon \* \***  
**14 February 8am**  
**followed by**  
**\* Picnic at Botany Pool \***

**Malabar to Little Bay Stockland Challenge - Sunday 15 February 2009**

Hardy members may be interested in this inaugural swim of 2.7km from Malabar Beach to Little Bay. This race is described in its marketing blurb as 'scenic'! Interested swimmers can find further information at [www.rainbowclubaust.com.au/oceanswim](http://www.rainbowclubaust.com.au/oceanswim)

**Club Supporters:**

10 Group Pty Ltd, Art Gallery of New South Wales, Australian Museum, Australian National Maritime Museum, City of Botany Bay, Coogee Legion Ex-Service Club, Food For Less Randwick, Historic Houses Trust of NSW, Hoyts Entertainment Quarter, Joe's Meat Market Randwick, McDonalds Coogee Beach, Randwick Labor Club, Randwick Rugby Union Club, Randwick Village Fruit Market, State Transit - Randwick Buses, Sydney Aquarium, Sydney Tower and OzTrek.



## SLEUTH SAYS...

**27 December High tide 9.00am 1.72m - water temperature 19°C**

◇ The post-Christmas crowd enjoyed a morning in a biggish swell. Sleuth wasn't disappointed. A big swell creates plenty of excitement and mishaps for Sleuth-ish gossip!

- ◇ Penny Ingles and John Walker were hot competition and a headache for the timekeepers as they tied in the breaststroke. Watch out for them in future races.
- ◇ If Dick Ormsby hadn't frequently changed lanes he would have done much better.
- ◇ Julie Hill and Paul O'Hara were in close embrace at the end of their breaststroke race.
- ◇ Jim (Bad Boy) Grant fudged all the way in his last race. The timekeepers expected him to get caught in the backwash, but he still managed to win the race.
- ◇ Penny Weiss looked on a winning streak (executing a high professional butterfly stroke) but was just pipped at the post by Bob Wood.

**3 January 2009 Low tide 7.11am 0.61m – water temperature 20°C**

- ◇ David Morris denied he was distracted when putting out the ropes by the topless lady swimmer (doing backstroke???)
- ◇ Patrick Molihan swam so well in his 200 yards championship debut he reckons he'll romp home in the 400 yards.
- ◇ Geoff Taylor blitzed the field in the breaststroke – has he been in secret training?
- ◇ Nina Mili's daily training has paid off, her eight seconds off in the freestyle was a personal best.
- ◇ Hayden Ingle did a great job on 'bluebottle duty' and was trying to break his five catch record.
- ◇ 'Very restless swimmers' muttered Dick after a false start by the swimmers and an equally false start by the starter as the gun didn't discharge, leaving all the swimmers teetering on the edge of the pool. After all the suspense, David McDowall was exhausted and it was reflected in his performance down the pool.
- ◇ The morning bowl of muesli prepared by Franz contributed to Penny Weiss' beating the men in two consecutive races.
- ◇ An interesting 20yards mixed aged breaststroke race consisted of the overarmers, criers, bellowers, smilers and a bit of a mêlée at the end when the second and third placegetters clashed at the rope.
- ◇ Tim Green looked beguiling in his 'Penguin' vest

**10 January 2009 High tide 1.95m 8.00am - water temperature 19°C**

- ◇ Cathy Walker entered a protest against the first place getter in the 100 yard freestyle. The winner, husband John, allegedly kicked her in the face, thwarting her chances of a win!
- ◇ What mysterious decision suddenly prompted starter, Dick to enter the 100 yard race? Had he noticed a decrease in the height of the large waves?
- ◇ Tony Cousins, although winning his 100 yard freestyle, (no doubt showing off to his daughter Rachel, home after a gap year in the UK) was 'smashed' (his word) in the breaststroke.
- ◇ Congratulations to Brooke and Kylie on their recent engagement. The Mison family saga will no doubt continue at Wylie's.

**3 January**

*The item below is courtesy of our Guest Sleuth, PC*

After weeks of bagging the handicapper and complaining about his times in the 100 yard freestyle, a psyched up Les Apolony finally found form.

Put in a gun race with Peter 'The Old Fox' Carney, Jim 'Bad Boy' Grant and Linda Walsh, Les had no excuses. Off to a great start, a buffer of seven seconds, Les powered home to win by a massive two seconds, only to find he had broken his time by four seconds.

Look out Les – the handicapper is now after you again! The poor swimmers around the pool will have to put up with Les once again complaining about his handicap.

