



RANDWICK & COOGEE AMATEUR SWIMMING CLUB INC.

**Golden
Gulls
Gazette**

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Our McDonald's Encouragement Awards this month are presented to Ben Parkinson, Elena Trupke, Joel Parkinson, Veronique Becker, Cora Walsh and Joe Mison.

NEW AND RETURNING MEMBERS

Sophie Dicalfas	Alison Stevens
Georgia Forsyth	Phil Stevens
Will Forsyth	Rachael Stevens
Felix Girard	Conor Walsh
Frederic Girard	Returning members
Sabrina Girard	Luke Murray
Kylie Hodges	Christopher Grant
Aleks Konakov	Jacqueline Hook
Claudia Konakov	Peter Richardson
Joe Mison	Elizabeth Court (since 98/99)
Billy Ryan	Gary Daly (since 85/86)
Grace Ryan	



Life Membership

Congratulations to Richard Ormsby and Robin and Terry Parkinson who were awarded Life Membership of R&CASC at the Annual General Meeting. (Absent, Terry Parkinson.)

Development Squad

During Term 3 Alex Murray and I attended a development squad with kids from all over the Metro South East area. We went to three different training sessions. One at the UNSW pool, another at MLC Burwood and the last one at South Cronulla SLSC pool. These were all practise sessions for the NSW Short Course Development Meet at the Sydney Olympic Park Aquatic Centre. I took part in the 100m medley, the 50m breaststroke and the 50m butterfly. It was a great experience and I broke my PB in breaststroke.
Tom Raeside

Results

Alexander Murray
#43 Boys 12 50 Back NT 48.07 (31)
Tom Raeside
#3 Boys 11-12 100 IM NT 1:47.10 (61)
#19 Boys 12 50 Breast NT 53.67 (33)

Sculpture By the Sea

Congratulations to Jane Becker whose sculpture 'Underfoot' was accepted for the Sculpture by the Sea display.

HELP!!

Sometimes the timekeepers take holidays, so we're looking for trainee timekeepers to help out occasionally. See Peter Court if you are interested. The pay is fantastic and the company fun!

REMINDER FOR SWIMMERS

To finish all events by 10.30am and ensure their smooth running please read this information.



1. Register for special events from 8.15am for a strict 8.30am cut off.
2. Ensure that names are registered with all the handicappers.
3. Once registered, move away from handicappers' table.
4. Take notice of the marshal's whistle indicating a change of events.
5. Listen for the marshal calling names (adults please assist children).

Club Supporters:

10 Group Pty Ltd, Art Gallery of New South Wales, Australian Museum, Australian National Maritime Museum Coogee Legion Ex-Service Club, Food For Less Randwick. Historic Houses Trust of NSW, Hoyts Entertainment Quarter Joe's Meat Market, Randwick, McDonalds, Coogee Beach, Randwick Labor Club, Randwick Rugby Union Club Randwick Village Fruit Market, State Transit Randwick Buses, Sydney Aquarium



SLEUTH SAYS...

11 October Low tide 6.30am 1.27m - Water temperature 18.3°

◇ Our first barbecue of the season was enjoyed by all. Our resident Tongmaster Tony Cousins was absent. Thank you to his apprentices who did well, the burgers were cooked to perfection!

◇ Such was the turnout for the second Saturday of the Club summer swimming season that 16 time trials were held.

◇ A number of tiny tots lined up for the 20 yard time trials. It's been a while since the Trupke, Mison and Parkinson littlies had some competition.



18 October High tide 11.22am 1.84m - Water temperature 18°C

◇ Julian McDowall, past Club Captain had a very special celebration on 16 October when he turned 21. Congratulations!

◇ John and Loretta Mison are heading off for a holiday soon in Hong Kong and Vietnam. We'll be short on timekeepers while they are away so if anyone would like to become a trainee timekeeper please see Peter Court.

◇ Kylie Hodges and Brooke Mison are the hot competition in the butterfly. Brooke said the only reason Kylie won was because she dived in on 'face the water'!

◇ A R&CASC record was broken - 88 swimmers contested 18 freestyle races. The previous record set last season was 74 swimmers.

25 October High tide 6.31am 1.41m - Water Temperature 17°C

◇ These are a range of typical after-race comments:

Janice: 'Don't talk to me, I just blew my time in the Pippin'.

Dorothee: 'This is confusing' (Dorothee's sons now swim in the 100s after her).

Penny: 'Woo, hoo, I've got a first!'

Tony: 'I was in the old, fat and slow race'.

Denise: 'I lost my goggles, that dragged me back'.

Alex: 'Oh, that hurt!'

Peter after getting a first: 'That's good'.

Tim: 'I tried very, very hard' (he got a first too).

Matt: 'I was too slow'.

◇ Oh, oh don't take cosmetic tips from Annalisa Trupke. She covered her lovely little mouth with liquid white out that will take some time to wear off!

◇ Another PB for the club! The freestyle swimming record set last Saturday only lasted one week! 93 swimmers swam in 21 races.

*Two 'Ps' at the beginning of the season barbecue. Thanks to Paul Pearce for his participation and to Paul O'Hara for his charm and good looks!
Thanks to Dave Conroy, photographer.*



Mrs Jim needs jars (450g approximately) to continue her pickling process this season.

Those of you who have purchased pickles can vouch for their tastiness.

Thanks Janis for continuing to support the club.

Jim will be appearing again with his basket soon.

NEWSLETTER ITEMS

Contributions to the newsletter are welcome. Please submit any items you would like published to:
Hazel ☎9398 5179 - hazelbr@optusnet.com.au or Robin ☎9664 5650 - rptadpole@hotmail.com