

# 2004 Space Coast Cross Country Jamboree

Saturday, August 21, 2004  
Cocoa Beach High School  
Cocoa Beach, FL

8am: Female 13 & Up—5K (3.1miles)

8:45: Male 13 & Up—5K

9:15: Boys & Girls 12 & Under—1 mile

## Entry Info

\$3 pre-registered, \$5 day of race.  
T-Shirts Will Be Sold On Race Day For \$10

Return all pre-registered entries by  
Monday, August 16 to:

Dan Sage  
1206 Sugar Creek Lane  
Rockledge, FL 32955

Make checks payable to:  
**Cocoa Beach Recreation Department.**

For further information, contact Dan  
Sage: (Day) (321) 268-5010, (Night)  
(321) 795-8021, or Jake Henderson:  
(321) 777-3856

At the conclusion of the race, complete  
results will be posted at:

[www.geocities.com/raiderun](http://www.geocities.com/raiderun)

## Age Groups

(Male & Female)

12 & Under  
13-18  
19-29  
30-39  
40-Up

## Awards

Plaques and t-shirts to winners of each  
age group.

Medals to 2-5 place finishers in each age  
group.

Ribbons to all other finishers.

Coaches, make copies of entry form as  
needed. Also, we prefer that high school  
athletes not wear their school uniforms

### Space Coast Jamboree Course Records

| Name  | Age | Time  | Year |
|---|-----|-------|------|
| <b>One Mile Race—Girls 12 Years Old &amp; Under</b> |     |       |      |
| Stephanie Sherman                                   | 12  | 6:44  | 1998 |
| <b>One Mile Race—Boys 12 Years Old &amp; Under</b>  |     |       |      |
| Brent Cochran                                       | 11  | 6:50  | 2000 |
| <b>5K Race—Girls 13-18 Years Old</b>                |     |       |      |
| Elly Kabboord                                       | 17  | 19:16 | 2002 |
| <b>5K Race—Boys 13-18 Years Old</b>                 |     |       |      |
| Lief Thomason                                       | 17  | 16:20 | 2003 |
| <b>5K Race—Women 19-29 Years Old</b>                |     |       |      |
| Rebecca Rodriguez                                   | 21  | 19:00 | 2002 |
| <b>5K Race—Men 19-29 Years Old</b>                  |     |       |      |
| Elliott Mason                                       | 21  | 16:31 | 2002 |
| <b>5K Race—Women 30-39 Years Old</b>                |     |       |      |
| Cecilia Walker                                      | 38  | 20:35 | 2002 |
| <b>5K Race—Men 30-39 Years Old</b>                  |     |       |      |
| Sean Black  | 35  | 18:48 | 2002 |
| <b>5K Race—Women 40 Years Old &amp; Up</b>          |     |       |      |
| Michelle Laekore                                    | 41  | 21:21 | 2003 |
| <b>5K Race—Men 40 Years Old &amp; Up</b>            |     |       |      |
| Mike Mendonca                                       | 47  | 18:43 | 2003 |

See web site for archived results

Name \_\_\_\_\_

Address \_\_\_\_\_

Age (Day of Race) \_\_\_\_\_

Sex \_\_\_\_\_

City \_\_\_\_\_

Phone \_\_\_\_\_

Zip \_\_\_\_\_

In consideration of my entry being accepted, I intend to be legally bound, and do hereby, for myself, my heirs, executors, waive and release any and all rights and claims for damages which I may hereinafter accrue to me against the city of Cocoa Beach, and all other sponsors, contributors, or any subsidiary or political division thereof, its or their respective officers, representatives, successors and assigns for any and all damages or injuries which may be sustained and suffered by me in connection with my association with entry of participation in the "2004 Space Coast Cross Country Jamboree." If I should suffer injury or illness I authorize officials of the race to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I attest and certify that I am physically fit and have sufficiently trained for competition in this event. I have read the above and understand that I am entering this event at my own risk.

Date \_\_\_\_\_

Signature \_\_\_\_\_

Parent or Guardian, If Under 18 \_\_\_\_\_