



# Fresh Prospects

## The Prospect Heights CSA Newsletter

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### EVENTS AROUND TOWN

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#### Just Food City Farms Workshops

For more information, contact Just Food at 212-645-9880.

Canning Workshops - Learn the secrets to preserving your harvest all year round!

**Sunday, September 9th, 1-3pm** - With Just Food Trainer Ceci Charles-King of the Brooklyn/Queens Land Trust at the Wyckoff Farmers Market and Garden, 5816 Clarendon Road. Call (718) 629-5400 for more info.

**Saturday, September 15th, 10:30am** - With Just Food Trainer Classic Parker of 5 Star Garden at the East New York Farmers Market, 613 New Lots Avenue on the corner of Schenck Ave.

Medicinal Herbs Workshop - Discover the marvelous healing properties of herbs as an expert shares this forgotten knowledge.

**Sunday, September 23rd, 1-3pm** - With Just Food Trainer Ceci Charles-King of the Brooklyn/Queens Land Trust at the Wyckoff Farmers Market and Garden, 5816 Clarendon Road. Call (718) 629-5400 for more info.

Composting Workshop - Get your browns and greens on! Learn the basics of composting garden and food waste to make the soil in your garden burst with healthy fruits and vegetables.

**Saturday, September 29th, 10:30am** - With Just Food Trainer Ceci Charles-King of the Brooklyn/Queens Land Trust at the East New York Farmers Market, 613 New Lots Avenue on the corner of Schenck Ave.

#### Farm Aid Annual Benefit Concert - September 9 on Randall's Island

For ticket information, visit <http://www.farmaid.org>

Farm Aid brings together family farmers and citizens to guarantee family farm food is available to you and to build a vibrant family-farm centered system of agriculture in America. The first Farm Aid concert was organized in 1985 by Willie Nelson, Neil Young, and John Mellencamp to raise awareness about the loss of family farms and to raise funds to keep farm families on their land. Since then Farm Aid has raised more than \$30 million to promote a strong and resilient family farm system of agriculture.

Farm Aid accomplishes this mission by promoting Food from Family Farms:

Farm Aid stages America's longest running annual concert event that unites farmers, artists, consumers, and concerned citizens to build a powerful movement for good food from family farms. Throughout the year, Farm Aid promotes food from family farms through inspiring and informative television, radio, mail, and web campaigns.

Growing the Good Food Movement:

The Good Food Movement is growing the number of Americans reaching for and demanding family farm-identified, local, organic or humanely-raised food. Farm Aid grants build connections between farmers and consumers creating new markets for family farmers.

Helping Farmers Thrive:

Through 1-800-FARM-AID and [www.farmaid.org](http://www.farmaid.org), Farm Aid staff refers farmers to an extensive resource network of family farm organizations across the country. The referrals support farmers seeking to make transitions to more sustainable and profitable farming practices, and also provide immediate and effective support services to farm families in crisis. Farm Aid makes grants to farm and rural service organizations to strengthen this network of resources for farmers.

Taking Action to Change the System:

Farm Aid works with and provides grants to local, regional and national organizations to promote fair farm policies and grassroots organizing campaigns to defend and bolster family farm centered agriculture. By strengthening the voices of family farmers themselves, Farm Aid stands up for the most resourceful, heroic Americans—the family farmers who work the land.