

## BUZZ WORD



foodshed – n. The area which can, or is sufficient to, provide food for a given location. The term describes the flow of food from the area where it is grown into the place where it is consumed. Recently, the term has been revived as a way of looking at and thinking about local, sustainable food systems.

According to the Foodshed Project ([www.foodshedproject.ca](http://www.foodshedproject.ca)), the foodshed concept, most often attributed to Arthur Getz's in his 1991 "Urban Foodsheds" article in *Permaculture Activist*, uses the analogy of a watershed to describe "the area that is defined by a structure of supply." Getz used the image of a foodshed to answer the question of "Where is our food coming from and how it is getting to us?" and to picture how the local and regional food supply system works. Inherent in this concept, he emphasized, was "the suggestion of a need to protect the source, as well as the need to know and understand its' specific geographic and ecological dimensions, condition and stability in order for it to be safeguarded and enhanced."

## GREENING BROOKLYN

The third annual Green Brooklyn Conference, coordinated by the Brooklyn Center for the Urban Environment ([www.bcue.org](http://www.bcue.org)), is the borough's largest showcase of green and sustainability issues, programs, and products. A full day fair and symposium, Green Brooklyn brings together the community, businesses, nonprofit organizations, and government agencies to share ideas with the public about how to live greener in our everyday lives. Green Brooklyn 2007 will feature workshops and discussions led by several of the city's preeminent leaders in sustainable design, green manufacturing, transportation alternatives, energy efficiency, environmental education, and sustainable food.

**Friday, September 21, 2007, 11:00 am to 4:00 pm**  
**Brooklyn Borough Hall**  
**Admission is free**  
**For more information, visit [www.greenbrooklyn.org](http://www.greenbrooklyn.org).**

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## DON'T FORGET!

If you haven't yet signed up to volunteer or would like to work an additional shift, we'd love to have your assistance! Check out our Google Calendar at [www.prospectheightscsa.org](http://www.prospectheightscsa.org) for open slots then email [prospectheightscsa@gmail.com](mailto:prospectheightscsa@gmail.com) to arrange your shift.

Or you can help your CSA by contributing to Fresh Prospects. Fill us in on tidbits of interest to members or volunteer to write or design newsletter entries. Email us at [freshprospects.news@gmail.com](mailto:freshprospects.news@gmail.com) for more details.

Get some fresh country air during Windflower Farm's annual shareholder open house weekend on August 25 and 26. Tour the greenhouses, visit the chicken coop and production fields, and check out the Washington County Fair. Plus, get in on Ted's famous pancake breakfast. Camp on the farm or find lodging in nearby Cambridge, Greenwich, Saratoga Springs, Arlington, or Manchester.

**Directions to the farm:** Take Interstate 87 (NY Thruway) north to the Albany/787 exit. Take 787 north toward Troy. Exit onto Route 7 eastbound toward Troy. Turn left onto Route 40 north at the second light after crossing the Hudson River. Follow Route 40 for about 15 miles. Turn right onto Meeting House Road about six miles north of the village of Schaghticoke. Meeting House Rd. forks in about 2 miles. Take the left fork (leave the paved road and follow the gravel road). Travel another mile or so until you reach a stop sign. Continue straight for another 1/4 mile. Ted's house is light blue, and it's the first house you'll come to on the left side of the road. It's #585 Meeting House Rd. Phone: 518-692-3188.