

# Penis Health Information

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## Dangers of Vacuum Pumps

Another method of penis enlargement that is often promoted is the use of a penis pump, or vacuum devices. Pumps can provide you with a 'fuller' and 'larger looking' penis for 20-30 minutes after use. This can be great if you know you can plan your sexual encounters.

Penis Pumps will not give you permanent penis enlargement and have been known to cause the following injuries:



**Lumps** - This is caused by incorrect pressure and can lead to blood clots, nerve damage and loss of circulation.

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**Bruising** - This can be extremely painful making erections impossible and even urination difficult.



**Bent penis** - pumps can create curves rather than correct them.

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