

# Prick Up Your Ears

**Training & Consultancy of Substance**

## Training Prospectus 2006

ALL P.U.Y.E. TRAINING COURSES ARE MAPPED TO AND SUPPORT DANOS UNITS

### **About Prick Up Your Ears (PUYE)**

Prick Up Your Ears (PUYE) is a training and consultancy limited company that specialises in the fields of substance misuse, youth work, mental health and community safety, all trainers are practitioners in their field of expertise. Since 1999, PUYE has promoted harm reduction philosophies through project development and training delivery in the West Midlands area.

Prick Up Your Ears courses provide participants with knowledge and understanding specified in individual DANOS units. Courses will focus on the skills required to achieve competence, using practical exercises and activities. We are pleased to announce a concessionary rate of a 10% reduction for voluntary organisations and also for block bookings of five or more places.

## **JANUARY to JUNE 2006**

### **1. Drugs Awareness for Beginners**

This is a first course for anyone who works with the public that is likely to meet individuals who use substances (Tier 1), to develop understanding of substances in society and look at attitudes to substance users.

This course will enable participants to:

- Learn the main groups of drugs
- Develop an understanding of the reasons why people use substances.
- Knowledge of the law regarding controlled substances.
- Skills to enable individuals to access specialist services.

**DANOS** units supported by Drugs Awareness for Beginners:

AA1 Recognise indications of substance misuse and refer individuals to specialists

AA3 Support individuals to access and use services and facilities

Date: 24<sup>th</sup> JANUARY 2006      Cost: £95      Venue: Hub Hazelwell      Trainer: Nick Shough

### **2. Introduction to Drugs Work**

This course is designed for all professional disciplines that work with individuals with substance problems (Tiers 1 & 2), who need a working knowledge of substance misuse services, how to access them and the interventions that are available.

This course will enable participants to:

- Screen for substance use
- Refer individuals to appropriate specialist services
- Advise individuals of the effects and risks of substances
- Plan and deliver drugs prevention/education

**DANOS** units supported by Introduction to Drugs Work:

AA2 Relate to, and interact with, individuals

AA6 Promote choice, well-being and the protection of all individuals

AB2 Support individuals who are substance users

AC1 Reflect on and develop your practice

AD1 Raise awareness about substances, their use and effects

AD4 Develop and disseminate information and advice about substance use, health and social well-being

Date: 14<sup>th</sup> FEBRUARY 2006      Cost: £95      Venue: Hub Hazelwell      Trainer: Nick Shough

### **3. Assessment, Interventions and Care Planning**

This course is for workers that are new to the drug and alcohol treatment field that want to develop their assessment and care planning skills.

This course will enable participants to:

- Understand the principles of the four tiered approach
- Conduct comprehensive assessments of risk and need
- Provide brief interventions in a harm reduction context
- Understand the theory and practice of care planning and the principles of effective care co-ordination

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**DANOS** units supported by Assessment, Interventions and Care Planning training:

- AA1 Recognise indications of substance misuse and refer individuals to specialists
- AB2 Support individuals who are substance users
- AB5 Assess and act upon immediate risk of danger to substance users
- AC1 Reflect on and develop your practice
- AD1 Raise awareness about substances, their use and effects
- AF1 Carry out screening and referral assessment
- AF2 Carry out assessment to identify and prioritise needs
- AF3 Carry out comprehensive substance misuse assessment
- AG1 Develop, implement and review care plans for individuals
- AG2 Contribute to care planning and review
- AI2 Help individuals address their substance use through an action plan

Date: 21<sup>st</sup> FEBRUARY 2006      Cost: £95      Venue: Hub Hazelwell      Trainer: Nick Shough

### 4. Up In Smoke: Young People and Cannabis

Rolling through the years: everything you thought you should know about cannabis but were afraid to ask. This course is aimed at workers who engage with young cannabis users in drug and alcohol treatment settings. The course will provide comprehensive information on cannabis, its use and re-classification.

This course will enable participants to:

- Examine the history and prohibition of cannabis in society
- Identify the risks and assess the health needs of cannabis users
- Explore approaches to cannabis use and appropriate harm reduction

**DANOS** units supported by Up In Smoke: Young People and Cannabis training:

- AA1 Recognise indications of substance misuse and refer individuals to specialists
- AA2 Relate to, and interact with, individuals
- AB2 Support individuals who are substance users
- AC1 Reflect on and develop your practice
- AD1 Raise awareness about substances, their use and effects
- AD4 Develop and disseminate information and advice about substance use, health and social well-being

Date: 7<sup>th</sup> MARCH 2006      Cost: £95      Venue: Hub Hazelwell      Trainer: Nick Shough

### 5. Media Communications

This course is designed for service managers and commissioners who have responsibility for dealing with press and media, who want to develop skills for working effectively with the media. Participants will have an opportunity to visit the BBC studios at the mailbox.

This course will enable participants to:

- Understand different types of media and the difference between news and features
- Prepare a press release
- Identify specialist and local media
- Practise interview techniques
- Prepare for managing crisis situations
- Manage relationships with journalists

**DANOS** units supported by Media Communications training:

- AA4 Promote the equality, diversity, rights and responsibilities of individuals
- AC1 Reflect on and develop your practice
- AC2 Make use of supervision

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[www.geocities.com/prickup\\_your\\_ears](http://www.geocities.com/prickup_your_ears)

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AC3 Contribute to the development of the knowledge and practice of others

AC4 Support and challenge workers on specific aspects of their practice

AD1 Raise awareness about substances, their use and effects

BB2 Establish, maintain and use relationships with the media to explain and promote the organisation and its work.

BC4 Assure your organisation delivers quality services

Date: 14<sup>th</sup> March 2006

Cost: £175

Venue: The Mailbox

Trainer: Peni Whelan

### 6. Alcohol Awareness and Safer Drinking

At a time when binge drinking and licensing hours are in the media headlines, a course for anyone working in primary care or drug treatment services.

This course will enable participants to:

- Consider the recent rise in alcohol consumption in the UK and reasons for that
- Recognise levels and risks of alcohol use and respond accordingly
- Give advice and information on alcohol units, sensible drinking and harm reduction
- Understand models of treatment and develop intervention skills

**DANOS** units supported by Alcohol Awareness and Safer Drinking training:

AA1 Recognise indications of substance misuse and refer individuals to specialists

AA3 Support individuals to access and use services and facilities

AB2 Support individuals who are substance users

AC1 Reflect on and develop your practice

AD1 Raise awareness about substances, their use and effects

AG2 Contribute to care planning and review

Date: 21<sup>st</sup> MARCH 2006

Cost: £95

Venue: Hub Hazelwell

Trainer: Nick Shough

### 7. Harm Reduction and Levels of Drug Use \*

A course designed for workers at all tiers looking at harm reduction with experimental and recreational drug users, aiming to prevent use becoming problematic.

This course will enable participants to:

- Identify and assess stages of substance use
- Deliver health promotion and harm reduction messages in all face to face interactions
- Explore the concept of different drug group actions on the brain
- Develop local campaigns or products to promote safer substance use

**DANOS** units supported by Harm Reduction and Levels of Drug Use training:

AA1 Recognise indications of substance misuse and refer individuals to specialists

AA2 Relate to, and interact with, individuals

AA3 Support individuals to access and use services and facilities

AA6 Promote choice, well-being and the protection of all individuals

AB2 Support individuals who are substance users

AB5 Assess and act upon immediate risk of danger to substance users

AC1 Reflect on and develop your practice

AD1 Raise awareness about substances, their use and effects

AD2 Facilitate learning through presentations and activities

AD3 Facilitate group learning

AD4 Develop and disseminate information and advice about substance use, health and social well-being

AH4 Support individuals to undertake and monitor their own health care

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Date: 11<sup>th</sup> April 2006

Cost: £95

Venue: Hub Hazelwell Trainer: Nick Shough

### 8. Preventing Overdose and Promoting Treatment \*

Designed for anyone who works with opiate users aiming to reduce the unnecessary rate of overdose through harm reduction and peer education strategies and looking at opportunities to promote drug treatment options.

This course will enable participants to:

- Understand the connection between tolerance and overdose risk
- Advise service users on overdose risks and promote peer education
- Teach the recovery position
- Dispel myths and fears of contacting emergency services
- Raise awareness of different treatment options

**DANOS** units supported by Preventing Overdose and Promoting Treatment training:

AA1 Recognise indications of substance misuse and refer individuals to specialists

AA2 Relate to, and interact with, individuals

AA3 Support individuals to access and use services and facilities

AA4 Promote the equality, diversity, rights and responsibilities of individuals

AA6 Promote choice, well-being and the protection of all individuals

AB2 Support individuals who are substance users

AB5 Assess and act upon immediate risk of danger to substance users

AC1 Reflect on and develop your practice

AD1 Raise awareness about substances, their use and effects

AD2 Facilitate learning through presentations and activities

AD3 Facilitate group learning

AD4 Develop and disseminate information and advice about substance use, health and social well-being

AH4 Support individuals to undertake and monitor their own health care

AH7 Support individuals through detoxification programmes

Date: 12<sup>th</sup> APRIL 2006

Cost: £95

Venue: Hub Hazelwell Trainer: Nick Shough

### 9. Safer Injecting vs Chasing The Dragon \*

A programme aimed at drug treatment or needle exchange workers who need to provide advice and information to drug users who inject. Looking at the historic development of needle exchange services, injecting injuries and the prevention of blood borne viruses, this course will also look at breaking the cycle of injecting behaviour.

This course will enable participants to:

- Understand the importance of harm reduction approaches in public health terms
- Identify and advise service users on injuries caused by injecting
- Teach individuals and groups how to inject safely and promote peer education
- Promote Heroin smoking as a viable alternative to injecting
- Promote Hepatitis B vaccinations and disseminate health promotion campaigns

**DANOS** units supported by Safer Injecting vs Chasing The Dragon training:

AA1 Recognise indications of substance misuse and refer individuals to specialists

AA2 Relate to, and interact with, individuals

AA3 Support individuals to access and use services and facilities

AA4 Promote the equality, diversity, rights and responsibilities of individuals

AA6 Promote choice, well-being and the protection of all individuals

AB2 Support individuals who are substance users

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AB5 Assess and act upon immediate risk of danger to substance users  
AC1 Reflect on and develop your practice  
AD1 Raise awareness about substances, their use and effects  
AD2 Facilitate learning through presentations and activities  
AD3 Facilitate group learning  
AD4 Develop and disseminate information and advice about substance use, health and social well-being  
AH3 Supply and exchange injecting equipment for individuals  
AH4 Support individuals to undertake and monitor their own health care

Date: 13<sup>th</sup> APRIL 2006      Cost: £95      Venue: Hub Hazelwell      Trainer: Nick Shough  
\*Book a place on all three harm reduction courses for 5% reduction (only one concession per booking).

### 10. Counselling Skills

This course is designed for people who want to develop counselling skills that they can use in their every-day practice. It is aimed at tier 3 workers with a key-work caseload who would like to build skills in working to promote personal change in individuals.

This course will enable participants to:

- Understand basic counselling skills and counselling models of behaviour change
- Incorporate counselling techniques into their face to face work to promote change
- Develop knowledge on the theory and principles of solution focused approaches
- Improve skills for working with resistant service users
- Practice skills in preventing and managing lapse and relapse
- Consider and reflect on their own practice

**DANOS** units supported by Counselling Skills training

AA2 Relate to, and interact with, individuals  
AA4 Promote the equality, diversity, rights and responsibilities of individuals  
AA6 Promote choice, well-being and the protection of all individuals  
AB1 Support individuals who are distressed  
AB2 Support individuals who are substance users  
AB6 Support individuals to deal with relationship problems  
AC1 Reflect on and develop your practice  
AC2 Make use of supervision  
AG2 Contribute to care planning and review  
AI1 Counsel individuals about their substance use using recognised theoretical models  
AI2 Help individuals address their substance use through an action plan  
AI3 Counsel groups of individuals about their substance use using recognised theoretical models

Date: 2<sup>nd</sup> – 4<sup>th</sup> MAY 2006      Cost: £285      Venue: Hub Hazelwell      Trainers: Neil Robertson & Cath Evans

### 11. Groupwork Skills

This course is designed for workers in any type of service setting who will be running group programmes that are educational or therapeutic. The course involves actually planning for a group.

This course will enable participants to:

- Have a greater understanding of group dynamics and group work theories
- Understand their part in the development and progress of a group
- Improve on communications and people skills for working with reluctant participants
- Have planned and presented group tasks and received group feedback
- Consider and reflect on their own practice

**DANOS** units supported by Groupwork Skills training:

E-mail: [prickupyouears@myway.com](mailto:prickupyouears@myway.com)

[www.geocities.com/prickup\\_your\\_ears](http://www.geocities.com/prickup_your_ears)

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AA2 Relate to, and interact with, individuals  
AA4 Promote the equality, diversity, rights and responsibilities of individuals  
AA6 Promote choice, well-being and the protection of all individuals  
AC1 Reflect on and develop your practice  
AC2 Make use of supervision  
AD1 Raise awareness about substances, their use and effects  
AD2 Facilitate learning through presentations and activities  
AD3 Facilitate group learning  
AD4 Develop and disseminate information and advice about substance use, health and social well-being  
AG2 Contribute to care planning and review  
AI3 Counsel groups of individuals about their substance use using recognised theoretical models

Date: 30<sup>th</sup> & 31<sup>st</sup> MAY 2006      Cost: £95/day    Venue: Hub Hazelwell    Trainer: Nick Shough

### 12. Training the Trainers

This course is for experienced workers who need to develop their skills in planning and implementing training courses or strategies.

This course will enable participants to:

- Identify training needs of individuals and the organisation
- Plan courses and programmes to suit the level of participants
- Plan and implement a training strategy
- Understand the DANOS units and map training accordingly

**DANOS** units supported by Training the Trainers training:

AA4 Promote the equality, diversity, rights and responsibilities of individuals  
AC1 Reflect on and develop your practice  
AC2 Make use of supervision  
AC3 Contribute to the development of the knowledge and practice of others  
AC4 Support and challenge workers on specific aspects of their practice  
AD1 Raise awareness about substances, their use and effects  
AD2 Facilitate learning through presentations and activities  
AD3 Facilitate group learning  
AD4 Develop and disseminate information and advice about substance use, health and social well-being  
BA2 Establish strategies to guide the work of your organisation  
BA3 Contribute to the development of organisational policy and practice  
BA4 Evaluate and improve organisational performance  
BC4 Assure your organisation delivers quality services

Date: 20<sup>th</sup> June 2006      Cost: £155      Venue: Hub Hazelwell    Trainer: Nick Shough

### Bespoke Training Courses

Prick Up Your Ears also provides tailor made courses to suit the needs of your organisation. Programmes can be developed by combining selected elements from our existing courses, to run over any number of days. We can offer flexibility in design and programming, delivering on consecutive days or at regular intervals (weekly, monthly, etc). Previous examples of tailor-made courses have included drugs work induction training (5 days), drugs awareness for primary care staff (sponsored by Schering-Plough), foster carers training (Barnardos), counselling skills and groupwork training for Juvenile substance misuse service (JSMS) staff at HMP Brinsford.

Bespoke training courses are charged at a per-day rate, not per delegate, you therefore pay one rate regardless of the number of people you wish to train, we are happy for you to

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offset costs by charging for some or all of the course places (up to a maximum of eighteen). Cutting out delegate travel and accommodation costs makes additional savings, as we send tutors to the venue of your choice.

For example a three day course at £800 per day would cost £2,600; for 18 staff that is a unit cost of less than £50 a day per person, or you could sell ten places at £260 (£80 per day) covering your costs and giving you eight free places.

Cost: One day - £900; Two days - £850 per day; Three days - £800 per day; Four days - £750 per day; Five or more days - £700 per day.

In addition to the above costs, PUYE charges for the costs of travel and accommodation where training is to be delivered outside the West Midlands.

### **Training Consultancy**

The Drugs and Alcohol National Occupational Standards (DANOS) were published in 2004. All PUYE training courses and certificates are mapped to the DANOS units and can be mapped to other sets of occupational standards on request. PUYE can conduct a training needs analysis of your service; recommend a sustainable training strategy involving training trainers and developing training programmes. PUYE can provide individual unit assessment and assist in registration for Continuing Development Awards (CDA's), National Vocational Qualifications (NVQ's) and the Federation of Drug and Alcohol Professionals (FDAP) Certification.

### **Research and Project Development**

Prick Up Your Ears' consultancy service can respond to your planning needs, offering a community capacity building approach and drawing on evidence-based practice. We have experience in community regeneration, public consultation, bid writing, project appraisal, service development, policy and procedure writing, project management and evaluation.

### **Library and Consultancy service**

Prick Up Your Ears has a library of over 100,000 articles, journals and literature in substance misuse. For a nominal annual fee PUYE will provide a library search service. Within 48 hours of any enquiry we will send you documents and references via return e-mail.

### **Cancellation Policy**

In the event of cancellation of a booking a full refund will be available up to thirty days before the event, a fifty percent refund up to fourteen days prior. Although refunds cannot be made nearer the event, places can be transferred to a nominated colleague.

### **Contacting Prick Up Your Ears**

PRICK UP YOUR EARS  
BOX 17  
1162 STRATFORD ROAD  
HALL GREEN  
BIRMINGHAM  
B28 8AF

E-MAIL: [prickupyouarears@myway.com](mailto:prickupyouarears@myway.com)  
[www.geocities.com/prickup\\_your\\_ears](http://www.geocities.com/prickup_your_ears)

Enquiries  
TEL: 0121 444 7675  
07915 389 775

Managing Director: Nick Shough  
Company Secretary: Peni Whelan