

Championnat Canadien

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Record Mondial		Record		Record Québécois			
DIVISION	Age	SQUAT	BENCH PRESS	DEADLIFT	TOTAL	P	FORM
Femmes 132 lb.	20-23						
Nancy Coderre		132 180 200	130 --- --- 135	220 235 --- 240	565	1	487,48
Hommes 148 lbs.							
Martin Collette	Open	400 425 440	260 --- 270	440 470 ---	1180	1	860,69
Hommes 165 lbs.							
Jimmy Levesque	18-19	315 360 ---	225 250 ---	405 425 --- 430	1035	1	721,08
Junior Roy	Jr	400 --- --- 440	205 215 220	405 --- --- ---	1020	1	692,27
Éric Lessard	Open	500 --- ---	325 --- ---	450 500 ---	1325	2	886,16
Claude Dallaire	Open	510 530 540	300 310 315	605 625 635	1490	1	996,51
Claude Dallaire	33-39	510 530 540	300 310 315	605 625 635	1490	1	996,51
Georges Labrecque	75-79	375 395 415	280 295 305	430 445 455	1175	1	793,48
Hommes 181 lbs.							
Jacky St-Pierre	Open	135 --- ---	420 440 450	135 315 430	1015	1	630,72
André Forcier	Open	135 200 225	225 250 275	225 300 375	875	2	545,83
André Forcier	33-39	135 200 225	225 250 275	225 300 375	875	1	545,83
Hommes 198 lbs.							
Louis-Philippe Dassylva	18-19	315 --- ---	--- 265 ---	385 405 425	1005	1	602,4
Patrick Lessard	Jr	455 --- ---	275 --- ---	480 505 --- ---	1235	1	742,73
Roberto St-Pierre	Open	135 --- ---	510 530 540	400 450 ---	1125	1	669,83
Roberto St-Pierre	33-39	135 --- ---	510 530 540	400 450 ---	1125	2	669,83
Pierre David	33-39	475 --- ---	330 350 ---	425 465 ---	1290	1	756,07
Martin Thériault	40-44	200 250 275	415 --- ---	690 400 430	1120	1	666,9

Hommes 220 lbs.							
Jonathan Levesque	13-15	275 315 ---	285 310 340	275 310 325	980	1	569,28
Pierre Lemay-Dubeau	13-15	350 --- 370	190 200 ---	385 --- ---	955	2	558,01
Frédéric Lanciaux	18-19	315 --- ---	205 225 ---	405 --- ---	945	1	542,81
Jean-Paul Marceau	40-44	200 220 250	260 275 280	200 260 300	830	1	461,15
Gilbert Marceau	45-49	270 300 330	245 255 265	--- 375 390	985	1	562,83
Hommes 242 lbs.							
François Turcotte	13-15	460 --- 480	260 270 --- ---	410 --- 435	1185	1	653,41
Christian Gagnon	Open	220 --- ---	310 320 325	220 --- ---	765	3	415,62
Francis Plamondon	Open	--- 135 ---	345 355 ---	350 400 ---	890	2	478,2
Emmanuel Ouellet	Open	--- 450 470	315 335 ---	500 525 ---	1330	1	736,16
Francis Plamondon	33-39	--- 135 ---	345 355 ---	350 400 ---	890	1	478,2
Hommes 275 lbs.							
Mario Bernier	Open	545 560 585	425 445 460	525 550 575	1620	1	865,4
Marc Champagne	Open	350 --- 365	265 280 ---	400 440 ---	1085	2	567,67
Rodney Lloyd	33-39	500 550 ---	425 435 ---	525 555 ---	1540	1	821,28
Hommes 308 lbs.							
Pierre Abram	Open	640 700 ---	480 505 530	600 620 ---	1850	1	962,56
Master SHW							
Claude Marceau	33-39	260	280 305 315 325	350 --- 415	990	1	474,8
Michel Gosselin	50-54	450 500 ---	420 --- ---	400 455 525	1445	1	715,99