

NATIONAL CATHOLIC HIGH SCHOOL ALL-TIME' TRACK and FIELD RECORDS BOYS OUTDOOR

100m	10.32	RODNEY GLASS	Notre Dame	Sherman Oaks	CA	2006
200m	20.65	JAHVID BEST	Salesian	Richmond	CA	2007
400m	45.77	DESMOND JOHNSON	St. Augustine	New Orleans	LA	1994
800m	1:48.76	MARC SYLVESTER	St. Ignatius	Cleveland	OH	2001
880y	1:49.4	MARCEL PHILIPPE	Mater Christie	Queens	NY	1969
1,000m	2:24.79	BOBBY CURTIS	St. Xavier	Louisville	KY	2003
1,500m	3:43.4	MATT CENTROWITZ	Power Memorial	Manhattan	NY	1973
Mile	3:59.8	MARTY LIQUORI	Essex Catholic	Newark	NJ	1967
2,000m	5:18.5	GALEN RUPP	Central Catholic	Portland	OR	2004
2,000m STP	5:47.1	JOHN GREGOREK	St. Anthony's	Smithtown	NY	1978
3,000m	8:03.67	RUPP				2004
3,000m STP	8:52.6	JIM SHIELDS	Chaminade	Mineola	NY	1976
3,200m	8:44.9	RUPP				2004
2 Miles	8:46.41	LUKE PUSKEDRA	Judge Memoirial	Salt Lake City	UT	2008
5,000m	13:37.91	RUPP				2004
10,000m	29:09.56	RUPP				2004
10 Miles	50:01.0	FRED RITCHERSON	Salesian	Los Angeles	CA	1969
1 Hour	12M~23y	RITCHERSON				1969
20,000m	1:08:15.0	RITCHERSON				1969
Marathon	2:24:32.0	TOM O'NEIL	Jesuit	Carmichael	CA	1977
110m HH (39")	13.52	TODD MATTHEWS	Notre Dame	Lawrenceville	NJ	1998
110m HH (42")	13.98	MATTHEWS				1998
300m LH (30")	36.14	MARK BOYD	St. Mary's	Berkeley	CA	1983
300m IH (36")	36.76	STEVEN SMITH	Junipero Serra	Gardena	CA	2000
400m IH (36")	51.81	COKE EDMON	Bellarmino Prep	San Jose	CA	1994
4x100m Relay	40.53	JUNIPERO SERRA		Gardena	CA	1996
4x200m	1:25.52	CATHOLIC		Baton Rouge	LA	1997
	1:25.5h	DeMATHA CATHOLIC		Hyattsville	MD	1998
4x400m	3:12.40	DeMATHA CATHOLIC				2005
4x440y	3:13.80	STRAKE JESUIT	[= 3:12.68 @ meters]	Houston	TX	1977
4x800m	7:39.0	STRAKE JESUIT				1980
4x880y	7:40.7	POWER MEMORIAL	[= 7:38.1 @ meters]	Manhattan	NY	1969
4x1,500m	16:18.2	CHRISTIAN BROTHERS		Lincroft	NJ	1984
4xOne Mile	17:12.2	ESSEX CATHOLIC		Newark	NJ	1966
800mSprint Medley	1:30.16m	DeMATHA CATHOLIC				2006
1600mSprint Medley	3:24.3m	CATHOLIC		Baton Rouge	LA	1992
OneMileSprint Medley	3:27.2y	CATHOLIC	[= 3:26.0 @ meters]	Roselle	NJ	1969
Distance Medley	9:56.3m	JESUIT		Carmichael	CA	1986
Distance Medley	10:05.6y	ESSEX CATHOLIC	[= 10:02.1 @ meters]			1967
4x120yHH shuttle	59.5	XAVERIAN		Brooklyn	NY	1976
4x110mHH Shuttle	59.28	BROPHY PREP		Phoenix	AZ	2007
High Jump	7-3	TIM POLTL	Bishop Alemany	Mission Hills	CA	1979
Pole Vault	17-5	CASEY ROCHE	St. Francis	Mountain View	CA	2006
Long Jump	25-3.75	ANDRE LOVE	St. Joseph	Westchester	IL	1985
Triple Jump	51-0	JERRIOD MACK	St. Mary's	Berkeley	CA	1998
Shot Put (HS/12lb)	68-11.75	WALTER HENNING	St. Anthony's	South Huntington	NY	2007
Shot Put (Jr/6kg)	56-10	BEAU BURROUGHS	Jesuit	Tamps	FL	2004
Shot Put (Int'l/16lb)	54-8.5	RUDY GUEVARA.	Essex Catholic	Newark	NJ	1971
Discus (HS/1.62kg)	214-9	PAUL NORTHWAY	Judge Memorial	Salt Lake City	UT	1996
Discus (Jr/1.75kg)	182-3	ERIC THOMAS	Moore Prep-Marian	Hays	KS	2006
Discus (Int'l/2.0kg)	172-2	REEDUS THURMOND	Junipero Serra	Gardena	CA	1998
Hammer(Youth/5kg)	263-9	CONOR McCULLOUGH	Chaminade	West Hills	CA	2008
Hammer (HS/12lb)	260-0	McCULLOUGH				2008
Hammer (Jr/6kg)	248-11	McCULLOUGH				2008
Hammer (Int'l/16lb)	216-2	JACOB FREEMAN	Bishop Hendricken	Warwick	RI	1999
Javelin (New)	231-5	MATT MALONEY	La Salle Academy	Providence	RI	2005
Javelin (Old)	254-9	JIM RUSSELL	St. Joseph	Shawnee	KS	1980
Decathlon (Int'l)	7,111 pts.	MARCELL ALLMOND	St. Paul	Santa Fe Springs	CA	1999
		[11.04, 20-0.5, 43-5.25, 6-5.5, 50.27; 14.35, 110-7, 13-7.25, 178-5, 4:51.70]				

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