

# Daisy Girl Scout Program

## Self-Paced Home Study



Name

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Address

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# Girl Scouts – Arizona Cactus-Pine Council, Inc.

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Mail completed course & training registration form to:

Girl Scouts – Arizona Cactus-Pine Council, Inc.  
Attention: Adult Development Consultant  
P.O. Box 21776  
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# Daisy Girl Scout Program Self-Paced Home Study

**Welcome** Welcome to the exciting World of Daisy Girl Scouting! We hope that your interest in sharing new experiences with today’s girls will lead to many exciting adventures and personal growth for you and the girls in your troop.

**Your Role as a Leader** For Girls reaching out to touch, understand and affect their world, you are a friend, a guide, advisor and partner. The strength of this partnership will give you, as well as the girls, a lifelong enthusiasm for living, learning and growing. You make the Girl Scout program a vital part of your community.

**Purpose** This self-paced home study course is designed to give you basic information you will need as a new Daisy Girl Scout leader.

<b>Contents</b>	Girl Scout Promise and Law.....	4
	Four Program Goals .....	5
	Characteristics of Five-Year-Olds.....	6
	All About Girl Scouting.....	7
	Girl Scout Ways .....	8
	Daisy Girl Scout Uniform and Insignia .....	8
	Ceremonies .....	9
	Service.....	10
	Planning the Daisy Girl Scout Troop Year .....	12
	Troop Management and Safety .....	14



**Reflection** Throughout this course you will have the opportunity to reflect upon what you’ve read and understood. When you come across the Reflection activities, write down your thoughts and ideas.



**Self-Checks** You must complete several “self-checks” throughout this course before submitting your Daisy Girl Scout Program course to the Council. If you need more room to write your responses, please attach additional paper.

Self Check – All About Girl Scouting.....	11
Self Check – Daisy Girl Scout Troop.....	13
Self Check – Troop Management and Safety.....	15
Self Check – Daisy Girl Scout Program.....	15

**Credit for Training** You will receive credit for training upon completing the registration form (included with this course) and submitting it to the Council, Attention: Adult Development Consultant, along with your completed Daisy Girl Scout Program course. You will then receive a signed training card, materials from the classroom course, and your completed course.



**Resources – Required** Wherever you see the “book” image, refer to the following resources that you’ll need to complete the Daisy Girl Scout Program Self-Paced Home Study:

- \* The Guide for Daisy Girl Scout Leaders
- \* Daisy Girl Scout Activity Book
- \* Safety Wise

**Resources – Optional** Optional Resources available at the Council Shop:  
Juliette Low – Girl Scout Founder  
Ceremonies in Girl Scouting

**\* Resources – en Español** \* Resources marked with an asterisk (\*) are available in Spanish.

**Questions?** Contact the Adult Development Consultant at (602)253-6359 Ext. 1248 or MRC (Member Resource Center) at (602) 253-6359 Ext. 1296.

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## Girl Scout Promise and Law

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**Foundation** The foundation of Girl Scout values is the Promise and Law. Everyone who becomes a Girl Scout must make the Promise. In the Promise the word “God” is subject to individual interpretation and encompasses a very wide range of spiritual beliefs. It is important for you – and your Daisy Girl Scouts – to understand that serving God in a way that is compatible with individual beliefs is the most important thing. It is okay for a girl to replace the word “God” with whatever word her spiritual beliefs dictate. Take a moment to read the Promise and Law.

**The Girl Scout Promise** On my honor I will try:  
To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law

**The Girl Scout Law** I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong,  
and responsible for what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place, and  
be a sister to every Girl Scout.



*Daisy Girl Scout  
Activity Book  
pp 10 - 15*

Review this resource to discover activities that provide fun ways for girls to gain a better understanding of the Girl Scout Promise and Law.

### Rewards for Learning

When Daisy Girl Scouts have learned the Girl Scout Promise, they may receive the Girl Scout Promise Center, a patch that can be placed right in the center of their Daisy tunics.

For learning each part of the Girl Scout Law, girls may receive a Daisy Learning Petal. These are placed around the Promise Center in any order determined by each girl.

Daisy Girl Scouts may earn the Learning Petals in any sequence, but they should show some



understanding of a particular concept in order to receive the award.



*The Guide For  
Daisy Girl Scout  
Leaders  
p 21*

Review your leader's Guide for a detailed explanation of Girl Scout Promise Center and the Daisy Learning Petals.



### Reflection

The Promise and Law are strong statements about what we believe are important values for girls to learn. Which words in the Promise and Law are most important to you and why?

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## Four Program Goals

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### Introduction

Girl Scouting has four program goals, each of which describes the ways that girls grow and develop through their Girl Scout experiences.

These goals form the foundation upon which all Girl Scout initiatives are based. They address the developmental, educational, emotional, and social needs and interests of girls.

### The Four Program Goals

Girls will...

1. Develop to their full potential.
2. Relate to others with increased understanding, skill, and respect.
3. Develop values that guide actions and provide the foundation for sound decision-making.
4. Contribute to the improvement of society through the use of their abilities and leadership skills while working in cooperation with others.



*The Guide for  
Daisy Girl Scout  
Leaders  
pp 8, 9, & 60*

Review these resources to develop a deeper understanding of the four program goals and how the Daisy Girl Scout Program is designed to meet the specific needs of this age group.

*Safety Wise  
p 63*



### Reflection

Think about the girls you will be working with.

Think about the kinds of activities that will help you measure the girls' success in achieving the four program goals.

For each of the four program goals, write a question and list an activity that will help you measure the girls' development.

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## Characteristics of Five-Year-Olds

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*The Guide for  
Daisy Girl Scout  
Leaders  
pp 12 & 13*

Want to know how a 5-year-old girl thinks and behaves? You'll get a general idea of what to expect working with Daisy Girl Scouts by reviewing your leader's Guide. Remember that the information is intended as a guide only and is not absolute. Every girl is unique, with different needs, interests, and levels of development.



### Reflection

1. How might you describe the girls in your troop? Jot down 3 – 4 characteristics.
2. What qualities in girls do you most value? What qualities do you least value? Write them down!
3. What characteristics of this age level do you think you might need to know more about?
4. What characteristics do you think could become problematic, not only for the girls, but for you, too?
5. Do you think you consistently reward the behavior you most value?
6. How might you need to change your reaction to some behaviors in girls?
7. You may discover that your values about girls' behaviors and qualities differ from theirs. How will you respond to those differences as you work with the girls and their adult partners?

## All About Girl Scouting

### Juliette Low Girl Scout Founder

“Daisy” was the nickname of Juliette Gordon Low, the founder of Girl Scouting in the United States of America.

There are many books written about Juliette Low. The “young patriots” series has a chapter book that is appropriate for Daisy level girls, called Juliette Low – Girl Scout Founder.

Written by Helen Boyd Higgins and illustrated by Cathy Morrison, this publication is available in the Council Shop and makes a great addition to any Girl Scout meeting.



*The Guide for  
Daisy Girl Scout  
Leaders  
pp 24 – 25*

Leave the girls wondering, “what happened next?” as you share the childhood adventures of the young girl from Savannah, Georgia, who grew up to found the Girl Scouts. “Daisy” would rather climb a tree and ride a horse than learn to dance and sew.

“There’s not one thing I can’t do that boys can,” said Daisy. The organizations she created years later proved her words.

Read more about “Daisy” in your leader’s Guide.

### Special Days in Girl Scouting

Daisy Girl Scouts have their own special day: **October 1**. That date in 1984 marked the official beginning of the Daisy Girl Scout Program.



## October 1984




Sun	Mon	Tue	Wed	Thu	Fri	Sat
	★ 1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Juliette Gordon “Daisy” Low



*The Guide for  
Daisy Girl Scout  
Leaders  
pp 26 – 27*

Review your Leader’s Guide to find out what other Girl Scout “special days” Daisy Girl Scouts should be a part of.

List four special Girl Scout days:

- 1.
- 2.
- 3.
- 4.

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## Girl Scout Ways

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**Mottos** Girl Scouts and Girl Guides worldwide greet each other in the same way and abide by the same motto. In the many languages spoken by Girl Guides and Girl Scouts the world over, girls say some version of the motto, “Be Prepared.” Girl Scouts of the United States of America (GSUSA) also have their own slogan: “Do a good turn daily.”

**Signs** The Girl Scout sign is symbolic of the Promise. The girl holds up her right hand with the first three fingers extended – each finger stands for one part of the Promise – with the little finger held down by the thumb.

A Girl Scout makes the sign whenever she says the Promise, at her investiture, and when she gives the Girl Scout handshake. The handshake is given with the left hand while she makes the Girl Scout sign with her right hand.



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## Daisy Girl Scout Uniform and Insignia

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**Uniforms & Learning Petals** Daisy Girl Scouts are encouraged, but not required, to purchase a full dress uniform. However, the Daisy Promise Center and the Daisy Learning Petals can be worn only on the blue Daisy tunic.

**Pins** A Girl Scout at any level – including an Adult – is considered dressed in an official uniform when she is wearing her Girl Scout Membership Pin.

The Daisy Girl Scout Pin has the trefoil shape for the three parts of the Promise and the daisy flower as a symbol of the Daisy Girl Scout’s namesake, Juliette “Daisy” Low.

In addition to her Daisy Pin, Daisy Girl Scouts are eligible to wear the World Trefoil Pin because when they register, they have also become a member of the World Association. However, it is advisable to wait until they become Brownie or Junior Girl Scouts when they might have a better understanding before they receive it.

## Troop Numbers

Daisy Girl Scout troops are assigned troop numbers, but they do not wear insignia numerals on the official uniform.



*The Guide for  
Daisy Girl Scout  
Leaders  
pp 38 – 39*



Find the proper placement of insignia by viewing the Girl Scout Central website pages at GSUSA's website (Girl Scouts of the USA), or review the pages in your Guide book.

[http://www.girlscouts.org/program/gs\\_central/insignia/where\\_to\\_place/daisy/](http://www.girlscouts.org/program/gs_central/insignia/where_to_place/daisy/)

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## Ceremonies

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### Introduction

Ceremonies play an important part in Girl Scouting. They help celebrate special occasions, such as welcoming new members to your troop, presenting awards, or the Girl Scout birthday. They can be used to open or close a meeting. They can be short or long, formal or informal. They may include girls in your troop, other girls in Girl Scouting, Girl Scout leaders or other adults, and special guests such as parents/guardians, relatives, and friends. Ceremonies can be held by large groups or small groups, indoors or outdoors, and can include anything you choose.

### Opening and Closing Ceremonies

Each Daisy Girl Scout meeting should have a definite opening and closing. Children enjoy repetition, and opening and closing ceremonies offer them the comforting feeling of having “traditions” at the meeting and knowing what to expect.

Many times, the opening and closing ceremonies can be the same thing. For example, a meeting could begin with everyone joining hands in a circle, singing a song or calling their names – “Kim’ here,” “Henrietta’s here,” etc. When the meeting ends, the same circle could be formed with everyone singing a song or saying, “Goodbye, see you next meeting,” to one another.

### Welcoming Ceremony

This is an informal ceremony that may be held in the very beginning of the year to welcome the girls and their families to Girl Scouting. Have a display of the Daisy Girl Scout resources, some conversation about activities for the year and about how each parent can be part of the troop committee.

### Investiture Ceremony

Investiture is an important ceremony where registered girls make the Girl Scout Promise for the first time. It is a special, formal ceremony that symbolizes the beginning of Girl Scouting, so families should be invited to share in this special event. A Daisy Girl Scout usually wears her uniform for the first time and her Daisy Girl Scout pin is pinned to the left side of her uniform, blue tunic, over her heart. Working with the troop committee and the girls, you will be able to plan a meaningful and joyous investiture ceremony.

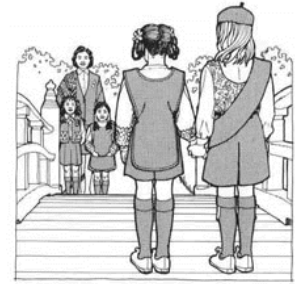
If a new girl joins during the year, the troop should hold an investiture ceremony for her.

## Bridging Ceremony

Bridging is when Girl Scouts “cross the bridge” to the next level in Girl Scouting. Daisy Girl Scouts become Brownie Girl Scouts through this process.

Preparing for a Bridging Ceremony involves learning about the Brownie Girl Scout program and planning and participating in a bridging ceremony.

At the Bridging Ceremony, girls may receive the following insignia and recognition: the Brownie Girl Scout pin and the one-year membership star.



*The Guide for  
Daisy Girl Scout  
Leaders  
p 62*

Find out more about Bridging ceremonies in your leader’s Guide.

## Flag Ceremony

Flag ceremonies honor the American flag as the symbol of our country. Daisy Girl Scouts can perform a simple flag ceremony by reciting a favorite song or poem, or reciting the Promise.



*Ceremonies in  
Girl Scouting*

Additional ideas for Girl Scout Ceremonies can be found in this resource, available at the Council shop.



## Reflection

Opening and closing ceremonies are very important, especially to Daisy Girl Scouts. List a few ideas that you can use throughout the year to make each meeting special.

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## Service

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### Service means “friendship!”

Service is such an important part of Girl Scouting that it cannot be overlooked, even for Daisy Girl Scouts. Service is synonymous with friendship and can occur at every meeting in small ways. Larger service projects can be carried out in partnership with Brownie Girl Scout troops.

### Service Projects

Service projects for Daisy Girl Scouts should be designed with the following suggestions in mind:

Projects should be reasonable and provide an experience that is meaningful to the girls. They should be of short duration, encourage learning more about Girl Scouting and bridging, and occur as part of the ongoing troop activities.



### Reflection

Keeping in mind the age and abilities of your Daisy Girl Scouts, list several service projects that would be appropriate and meaningful for them.



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## Self-Check: All About Girl Scouting

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1. What is the origin of the name Daisy?
2. What is Daisy's real name?
3. Are uniforms required to be a Daisy Girl Scout?
4. When does a Daisy Girl Scout first wear her uniform and pin?
5. What insignia should be worn on the uniform?
6. What other insignia may be worn on the uniform?
7. Should the troop number be on the uniform?
8. What is the Girl Scout Promise?
9. What are some of the ways in which Daisy Girl Scouts can take part in the planning for a bridging ceremony?
10. What do Daisy Girl Scouts become during a bridging ceremony?
11. What is the group called that is formed by parents of your girls to help with the responsibilities of running a troop?
12. What is an important part of Girl Scouting and is synonymous with friendship?

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## Planning the Daisy Girl Scout Troop Year

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### Troop Committee

Daisy Girl Scout troops depend on the support of the parents, who form the Troop Committee. A troop committee is the adult network that gives support to the troop. It is comprised of from three to seven people who provide the troop with whatever special help it needs. They can help by providing ideas, finding resources, helping with chaperoning troop activities, and staying informed on the activities of the troop.

A troop committee divides the work of managing the troop among the members of the troop so the entire responsibility for the troop is not left up to one or two people. The troop committee will be accountable to you for giving support to the troop. Thus, your time, energy, and expertise can be applied directly to working with the girls.



*The Guide for  
Daisy Girl Scout  
Leaders  
pp 32 - 37*

Read how other adults can provide support, such as your Neighborhood Team, Neighborhood Consultants, and your area Member Service Executive.

### Troop Sponsorship

A Daisy Girl Scout Troop may have a troop sponsor. Your Member Service Executive may be able to help you locate a sponsoring organization. Perhaps the parents of some of your girls have contacts they would be willing to pursue. A sponsor can help your troop with financial assistance. A troop sponsorship agreement is available from your Member Service Executive or Neighborhood Team.



*The Guide for  
Daisy Girl Scout  
Leaders  
pp 36*

Review this resource for more information about the sponsoring organization.

### Troop Finance

Daisy Girl Scouts should not be involved in handling money; therefore they do not participate in money earning projects, nor do they contribute troop dues. The money for troop activities comes from resources, which leaders and parents approve, such as activity fees. Troop sponsors might also contribute funds.

### Cookie Sale

Daisy Girl Scouts and Daisy Girl Scout Parents **do not sell** Girl Scout cookies!

### Troop Government

Girls help with troop government when they form the Daisy Circle. During the Daisy Girl Scout meeting, girls sit in a circle and hold discussions and conduct troop business. The Daisy Circle meets only once a month or less and is initiated by the leader.



*The Guide for  
Daisy Girl Scout  
Leaders  
pp 48 & 53*

Find out more about the Daisy Circle and how girls can help with troop government.

### Reflection

List a few ways a Troop Committee can help you and your troop.



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## Self-Check: Daisy Girl Scout Troop

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1. What is a Daisy Circle?
2. How often should a Daisy Circle meet?
3. About how many minutes should the Daisy Circle meet?
4. Do Daisy Girl Scouts contribute dues?
5. Who is responsible for troop finances?
6. Should the leader discuss troop finances with the Daisy Girl Scouts?
7. Do Daisy Girl Scouts or their parents sell cookies?

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## Troop Management and Safety

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**Introduction** Dividing your troop meeting into small parts gives it structure and helps you arrange the meeting in workable segments. A balanced troop meeting consists of seven or eight components, depending on whether you include snack time.



*The Guide for  
Daisy Girl Scout  
Leaders  
pp 50 – 59.*

Read about tips for planning a troop meeting, sample activities, and time management in your leader's Guide.

**Kaper Chart** What's a "kaper?" It's a special Girl Scout term that means "chore." Officers are not elected in Daisy Girl Scouts, but the girls can and should take turns doing various tasks and handling responsibilities. Creating a kaper chart is a simple way to rotate responsibilities. A kaper chart defines these tasks and responsibilities, which could be depicted by pictures or symbols.



*The Guide for  
Daisy Girl Scout  
Leaders  
p 52*

To see an illustration of a Kaper chart, see your leader's Guide.

**Safety-Wise** The importance of this resource cannot be overstated. Consult Safety Wise regularly when planning and carrying out activities so you can perform your role as a Leader in a relaxed and confident manner.

Safety Wise has two objectives:

1. to plant the seeds of general safety consciousness
2. to supply safety references for specific Girl Scout activities

### Specific Standards for Daisy Girl Scouts

Because of the age-level of Daisy Girl Scouts, specific standards have been created to ensure their safety and comfort, as well as for your peace of mind. Be sure you know the following standards:



*Safety-Wise  
P 69, 71 & 72*

1. The **ratio of adults to girls on a field trip or event** is two (2) adults to every five (5) girls PLUS one (1) adult to each additional three (3) girls.
2. "Daisy Girl Scouts are not involved in handling any money, including troop dues. Adults associated with the Daisy Girl Scout troop leaders, parents, etc., handle money and meet the modest cost of troop activities. Daisy Girl Scouts may **not** sell cookies or other products."
3. Each Daisy Girl Scout **troop** should have one (1) adult leader and at least one (1) assistant leader. The **ratio of adults to girls in a troop** is two (2) adults to every ten (10) Daisy Girl Scouts.
4. Troops should meet often enough to fulfill the needs and interests of girls and maintain continuity. Daisy Girl Scouts usually meet once a week for 40 to 60 minutes.
5. Under the leadership of the troop leader and with parents, guardians, or other family members, a Daisy Girl Scout may participate in occasional overnight family camping experiences.



## **Self-Check: Troop Management and Safety**

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1. List the eight basic components of a balanced troop meeting.
2. What is a kaper chart?
3. Should there be sharing time during each meeting?
4. What should you always be conscious of when planning all Daisy Girl Scout activities?
5. A troop of eight girls is going on a field trip. How many adults are needed to accompany them?



## **Self-Check: Daisy Girl Scout Program**

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1. List the four Program Goals.
2. List one activity for each of the four Program Goals.
3. What are the program Standards regarding girl/adult ratios?

4. What are some ways a Daisy Girl Scout can use her Activity Book?
  
  
  
  
  
  
  
  
  
  
5. What are some ways the troop committee can enhance troop program?
  
  
  
  
  
  
  
  
  
  
6. What is done so that girls have input and opportunities for decision-making?
  
  
  
  
  
  
  
  
  
  
7. What are some of the opportunities for service available to Daisy Girl Scouts?

**Congratulations!**