

Resolve To Heal Therapeutic

Associates Inc.

“To enhance the growth and development of children, adolescents and adults.”

GOAL

To reduce the frequency and intensity of emotional and behavior problems at home, school and in communities.



At Resolve To Heal, we celebrate the uniqueness of individuals and embrace the diversity which complements our individual strengths.

In addition to counseling services we provide consultation towards optimizing the relationship between corporate staff and management.

OUR SERVICES INCLUDE:

Children & Families

Trauma Resolution

Social Skills Enhancement

Separation & Divorce

Enhancing Parent-Child Relationships

Enhancing Healthy Cultural Identity through

Story-Telling

Communication without Violence

Grief & Loss

Violence Prevention

Anger Management

Life Management Skills

Identifying Fears that Hinder Healthy Development

Replacement of Aggressive Behaviors

Seminars

Healthy Relationship Boundaries

Couples Healing

Restoring Tenderness

From Bondage to Bonding

Getting Unstuck

Enough is Enough

Embracing Change

Staff Development Training

Diversity Training

Leadership Development

Trauma Debriefing

Maximizing Communication

Assertiveness Training

Cultural Sensitivity Training

Customized Workshops

Patricia A. Harris, LMFT

Licensed Marriage & Family Therapist

Grief ♥ Recovery ® Specialists

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