

SHEPHERD'S PIE

1 lbs. Ground beef or lamb
1 Cup Yellow onion - chopped
2-3 Garlic cloves - chopped
1/4 tsp. Sage
1/2 tsp Thyme
1 16oz can mixed vegetables, drained
1 cup water and 1 packet of beef gravy mix
Black pepper to taste
1 medium tomato, diced [optional]

4-5 medium potatoes boiled and mashed
1 Tbsp dried parsley
1/2 cup shredded cheddar

Brown ground beef, pour off fat when done. Then add all ingredients to dashed line, stir to mix well and cook on medium heat for 5 minutes. Put mixture into a 2 quart casserole dish, or glass pie pan and spread the mashed potatoes evenly on top of the casserole. Sprinkle cheese and parsley over top and bake in a preheated 375 degree oven for 30-40 minutes or until meat is bubbling hot, and the mashed potatoes are browned.

Variations: add 1-2 cups of other cut-up vegetables, such as corn, green beans, carrots, etc. You may have to use a larger casserole dish to accommodate the extra ingredients, though!