

Chicken Enchiladas

First, boil 2 skinless, boneless chicken

breast halves - if frozen will take 15-20 minutes. cool on cold water then shred in medium pan over medium heat. Now: mix together,

1 cup sour cream

1 (16 ounce) jar salsa

1/4 cup diced onion

1 can refried beans

1 cup shredded Cheddar cheese

Heat until cheese is melted, then fill 8-12 in" burrito shells, roll, place in greased pan. Cover with can of enchilada sauce, or red sauce, top with more cheese. Cover with foil and cook for 15-20 min. at 350 degrees.

*** Variations***

Adding black beans, corn, or black olives ~Any or all~ add a wonderful something different to this easy and satisfying dish.