



South Bay AORN News

The newsletter for The South Bay Association of periOperative Registered Nurses (AORN) #0523
September 2005, Year 34, Issue 1



American Red Cross

Victims of Hurricane Katrina need your help now...



Presidential Pronouncements

By Eric Sadang, Generation Y President (born in 1981)

I got a story to tell. A story full of mystery, suspense, and magic. One that will haunt the dark, deep recesses of my mind. I started this wondrous journey in the bowels of the eastern desert in Torrance. With a glimmer of hope shining in my eyes I hopped into my magical chariot. Away we went on the treacherous highway on the coast. We were prepared to travel many miles down the coast to find our destination. Eureka, there it was! Big and beautiful yet small and ugly. As I parked on the outskirts of this dreary village I came to a conclusion. I must penetrate its seemingly fortitudinous walls and find out its secrets. So I entered an orifice labeled entrance. Upon entrance I heard a most angelic voice. It said to me "I'll tell you something you don't know about me Joe Roggin..." The rest was unintelligible but the message was clear. Face your fears and don't forget to tie your shoes. So I will. I am not afraid to admit it, I love poetry. There I said it. So I decided to convey my message in the form of prose:

Torrance Memorial Conference Room
6:30 p.m.
September 27, 2005

Haiku. That's what that is. What more efficient way to convey my message than with a beautiful sensitive poem. So now that you're cordially invited to the pants party why don't you invite someone too. Tell them our little party will have cookies, brownies, broccoli, carrots, CEUs, mammals, amphibians, reptiles, and information about broken bones. And tell them they should come because you're going to give

them a hug. In fact, that leads me to my second message: give somebody a hug. The average human requires 3 hugs a day for survival. Scientific fact. But don't quote me. The preceding story was based on a true story but the names and just about everything else was made up. Except the middle part which was straight from the heart. My brain hurts. I need a Twix. And I'm done. ☘

To volunteer for Hurricane Katrina relief efforts, visit <https://volunteer.ccrf.hhs.gov>

Who To Give To? Good Charity or Bad Charity?

Do you have hours to sit in front of the computer and completely lose yourself? Then www.charitynavigator.org is the site for you. This is a great web site teeming with information. It has everything you wanted to know about any charity - how it rates, how much money gets spent on the charity's mission and how much goes toward the CEO, fund raising, and other expenses. By the way, the American Red Cross is top rated (four stars).



American Red Cross

Call 1-800-HELP NOW or visit redcross.org to make a financial donation today



July 26 Board Minutes

By Cheryl Norwood, Secretary

Attendants: Frances Hikido, Cheryl Norwood, Barbara Maddox, Aileen Cabatan-Almazan, Eric Sadang, Julie Petersen, and Monique Eriksen.

The meeting was called to order at 5:30 p.m. by Eric Sadang, President.

President's Report:

* AORN Chapter Excellence Awards: Nominations are due for 2005-2006 by February 2, 2006.

* AORN 2006 Individual Awards: Nominations are due by October 1, 2005.

* Delegate Notification: For 2006 Congress in Washington, DC. Our chapter may send three delegates and three alternates. The President will provide a list of delegates to National beginning November 18, 2005 to February 19, 2006.

* New Specialty Assembly Groups:
Advanced Practice Nurse
Central Supply, Sterile Processing,
Materials Management
Endovascular
General Surgery
GYN Surgery
Multi Cultural Nursing

Plastic & Reconstructive Surgery
Trauma

Fundraising: Aileen Cabatan-Almazan

Tickets were sold for the annual fundraiser. Barbara Maddox reported the chapter received \$283 in revenue from the raffle.

Secretary's Report: Cheryl Norwood

o Membership Report: July, 2005
o Retired 6
o Standard 77
o Total 83
o Rejoin 1
o Renew 2
o 2 Month Lapse 6
o Non Renewal 0
o Missing RN License 8
o Transfer In 2

Treasurer's Report: Barbara Maddox

Starting Balance: \$4969.60
Debit: \$ 118.40
Automatic Deposit: \$ 220.00
Deposit: \$ 283.00
Ending Balance: \$5354.20

Educational Programs:

All meetings will be held at Torrance Memorial Medical Center in the Health Conference Center, Room 4.

Business Meeting 5:30 p.m. – 6:30 p.m.
Inservice 6:30 p.m. – 8:30 p.m.

September 27, 2005

Dr. Sanders, Andrew Ezold, David Magalanes
Anterior Total Hip and Brain Lab

October 25, 2005

Dr. Vargas
Cancer (Breast & Limb Perfusion)

January 24, 2006

Dr. Bassam Omari
Chest/Thoracic Trauma

April 25, 2006

Linda Dobie
Legal Issues

June 27, 2006

Installation Dinner

New Officers:

o President Eric Sadang
o President Elect Monique Eriksen
o Secretary Cheryl Norwood

"South Bay AORN News"
September 2005
Year 34, Issue Number 1



Published: Five issues/AORN year (September - June)

Target audience: Perioperative nurses of the South Bay of Los Angeles County

Circulation: 80 members and various surgical facilities

South Bay chapter 0523 established April 18, 1972

Deadline: October 12 for October issue

Web Site: www.geocities.com/perioperativerns

Please send all submissions to:

Editor: Mary Ritchie

Address: 125 Avenue E, Redondo Beach, CA 90277

E-mail: marymac@hotmail.com (preferred method)

Telephone: 310-944-9822 (h)/310-517-2588 (w)



Minutes

(con't from page 2)

o Treasurer	Barbara Maddox
o Board Members	Frances Hikido Trudy Kaufman Aileen Cabatan
o Nominating Committee	Lilia Stuart Julie Petersen Dana Bufka
o Ways & Means	Aileen Cabatan
o Editor / Newsletter	Mary Ritchie

The meeting was adjourned at 6:30 p.m. by Eric Sadang. ☞

AORN Congress is March 19-23, 2006 Washington, D.C.

Sign-up for Breakfast with Senator Feinstein on March 23

<http://feinstein.senate.gov/breakfast.html>

"Every Thursday morning when the Senate is in session, I host a breakfast for my constituents that are visiting Washington, D.C., and I would love for you to be my guest. We begin promptly at 8:30 and conclude at 9:30. Please arrive at 8:15 to be seated. Breakfast is complimentary and is not paid for at government expense. I hold this breakfast so that I can listen to your concerns regarding California and our nation, and answer any questions you may have for me. I will also share with you my views on the important issues facing our great state and the United States Senate."

<http://feinstein.senate.gov/tours.html>

Great Volunteer Opportunity for OR and PACU Nurses

Thousand Smiles Foundation is a non-profit organization focusing on the care of the less fortunate children in Mexico and Costa Rica who suffer from lack of dental care and from maxillo-facial deformities such as cleft-lip/palate. Nurses are needed to assist with patient screening and to assist on the day of surgery. All nurses are welcome but nurses with pre-op, recovery, post-op and/or surgery experience are urgently needed. This is a great experience, full of rewarding work with some fun too. Visit <http://thousandsmiles.org> to volunteer. 33-0169980 is the 501c3 number for tax deductible contributions.

Free Contact Hours!

www.aorn.org/education/freed.asp

PNDS Online

AORN members earn 1 free contact hour.

Patient Safety in the OR

AORN members earn 1.5 free contact hours.

Infectious Disease Sessions

Review popular sessions from AORN's Conference on Infectious Diseases and earn 5.8 free contact hours.

Safe Medication Tool Kit

Check out our Safe Medication Tool Kit and earn 4.8 free contact hours.

AORN 2005 Position Statements

Learn about AORN's stance on important perioperative issues and earn 3.4 free contact hours.

Understanding the Hazards of Glove Powder

www.ansellhealthcare.com/america/usa/ceu/program12/cover.htm

1.2 contact hours

Bioterrorism Agents and Barrier Protection

www.ansellhealthcare.com/america/usa/ceu/program10/cover.htm

4.8 contact hours

These last two educational modules are accredited by AORN and ANCC. There are other modules on Ansell's web site but they aren't accredited for us (they are for CSTs and Ohio RNs).

Ansell Healthcare Education Services

1-800-952-9916 ☞

Notice!

The newsletter is posted on the Internet for viewing at www.geocities.com/perioperativerns. You are receiving this newsletter hard copy due to lack of an e-mail address. If you'd like to receive chapter information and save the chapter money, please send your e-mail address to the editor (marymac@hotpop.com). Thanks! Currently, 47 of 80 members have known e-mail addresses. The newsletter is also listed on AORN's web site with all the other chapters' web sites.

www.aorn.org/chapters/chaphome.asp#california

<u>Name</u>	<u>Position</u>	<u>Home phone, e-mail, work place/work phone</u>
Eric Sadang	President	310-539-1483, jointdawg@gmail.com, Harbor UCLA / 310-222-2797
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Barbara Maddox	Treasurer	310-375-6516, madbar@socal.rr.com, TMMC / 310-325-9110 x2120
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Aileen Cabatan	Board of Directors	310-834-0490, almazanclan@aol.com, Harbor UCLA / 310-222-2797
Aileen Cabatan	Ways & Means	310-834-0490, almazanclan@aol.com, Harbor UCLA / 310-222-2797
Lilia Stuart	Nominating Comm	310-533-6843, ed_stuart@msn.com, Harbor UCLA / 310-222-2747
Julie Petersen	Nominating Comm	310-921-2488, jlprn@msn.com, TMMC / 310-325-9110 x2120
Dana Bufka	Nominating Comm	310-391-1074, danabufka@hotmail.com, UCLA / 310-391-1074

2005-2006 South Bay AORN Officers



Perioperative Nurse Week November 13-19, 2005

www.imprintmall.com/pnw - for Periop Week products

Mary Ritchie
Newsletter Editor
125 Avenue E
Redondo Beach, CA 90277
www.geocities.com/perioperativerns

Forwarding and
Return Postage
Guaranteed

www.orncc.org/leg.htm
Legislative Issues affecting
us as nurses

2005 - 2006 Continuing Education Calendar

South Bay AORN

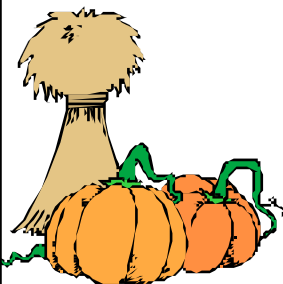
Two Contact Hours - FREE

SAVE!

Please Post!



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Dr. Don Sanders, Andrew Ezold,
David Magalanes
Anterior Total Hip and Brain Lab



October 25, 2005 6:30 p.m.
Dr. Vargas
Cancer (Breast & Limb Perfusion)



January 24, 2006 6:30 p.m.
Dr. Bassam Omari
Chest/Thoracic Trauma



April 25, 2006 6:30 p.m.
Linda Dobie
Legal Issues



June 27, 2006 6:30 p.m.
Installation Dinner (no contact hours)

The Year of the Cock ends!
Eric Sadang - our President - was born in 1981 - the Chinese Year of the Cock.

Two (2) FREE contact hours! (BRN # 11117)
Members and non-members are welcomed.

Please Post!

Torrance Memorial Medical Center, 3330 Lomita Blvd., Torrance
Health Conference Center (adjacent to the West Parking Structure), Room #4, 6:30 p.m.
Need a map? See the reverse side!



www.torrancememorial.org/maphcc.htm

South Bay AORN Meetings
Torrance Memorial Medical Center, 3330 Lomita Blvd., Torrance
Health Conference Center, Room #4
Adjacent to the West Parking Structure (Park here - free)
6:30 p.m. for educational topic with 2 free contact hours (BRN # 11117)