

South Bay AORN News

The newsletter for The South Bay Association of periOperative Registered Nurses (AORN) #0523
March 2005

Presidential Pronouncements

By Frances Hikido, President

First off I want to thank everyone who came out in the pouring rain to last month's meeting! Maureen Gray was wonderful in giving us a quick overview of Pilates and the philosophy behind it. She showed us great techniques to help us stretch and use our fascia layer. She taught us that we want to eliminate distress in our lives and that how we all need a little stress in order to make us stronger. She gave us each a tennis ball so that we could roll it under our feet. It was amazing how it helped loosen up the entire leg! It felt great!

Later we had strawberries and cream from our much loved Johnson and Johnson representative, Leonard Miller. He demonstrated the new product Cross-seal, a fibrin sealant as well as their Surgifoam and Fibrillar.

We discussed the results of some of the email responses I received from our members regarding whether to disband or join another chapter. It was decided



to send out yet another survey asking your opinion on changing the day, time, place and to go quarterly rather than have the monthly meetings. We are hoping to get a good response and see what we can do to salvage our chapter. We have a lot of very devoted members who all voiced that we want to keep our chapter alive!

We will be canceling our March meeting but we will have an April meeting. Scheduled to speak is Dr. Tiffany Rogers, an Orthopedic surgeon from Torrance Memorial. She did a spine fellowship with Dr. Greg Yoshida at Rancho Los Amigos. We will also just be coming back from New Orleans after having attended the AORN Congress. As the norm, we will have lots of goodies to share and pass on the latest! So please mark your calendars for April 26, 5 p.m. - business meeting; 6 p.m. lecture at Torrance Memorial Conference Center.

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NOTICE!

The March educational meeting ("Legal Issues") is canceled.

A business meeting will be held March 22 at El Paso Cantina, 2404 Sepulveda Blvd., Torrance at 5 p.m. Everyone is welcome to attend.

Please attend the April 26 meeting at 6 p.m. featuring Dr. Tiffany Rogers speaking about Orthopedics. The business meeting is at 5 p.m. and all are welcome.

The April meeting is at Torrance Memorial Medical Center Health Education Center, 3330 Lomita Blvd., Torrance. There's a six story parking structure next to the Health Education Center. The Health Education Center is easily accessible from Sky-park Drive or Lomita Blvd. Need a map? See: www.torrancememorial.org/maphcc.htm.

Be a Voyeur!

By Mary Ritchie

AORN Congress is in New Orleans April 3-7. The annual Congress is where our National leaders are elected by our chapter representatives (known as delegates). If you'd like to see who's running for each National office and what his/her views are, visit www.aorn.org/meet. Click on each office, then click on a photo and then select "biography" or "election statement." Back at www.aorn.org/meet, you can select "candidates' caucus." This will give you a page of "Ask the Candidates" where there are multiple questions and answers to and from every candidate. This is a fairly recent innovation that brings the election information home to all the members. If you have strong feelings about some candidates, please contact our President (Frances Hikido at franco60@aol.com or 310-222-2797).

Your delegates to Congress this year are Frances Hikido, Eric Sadang, Sharon Ward, and Monique Erickson (alternate).



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May 9, 2005

Please send all submissions to:

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Recertification in 2006

By www.certboard.org

Current recertification requirements for the CNOR credential are to submit 125 contact hours. Of the 125 contact hours, 15 must be directly related to perioperative nursing. Beginning with the 2006 recertification cycle, however, 75 of the 125 required contact hours must be directly related to perioperative nursing.

CNOR certification is defined as "the documented validation of the professional achievement of identified standards of practice by an individual registered nurse providing care for patients before, during, and after surgery."

To ensure the validity of this credential and to be consistent with industry standards, contact hours earned for CNOR recertification must be related to the specialty of perioperative nursing. The following list is not all inclusive, but shows examples of subject matter that would be considered perioperative specific:

- Perioperative scope of practice
- Nursing process
- Recommended practices
- Anatomy and physiology
- Surgical procedures
- Technology changes including new instrumentation
- Pre-, intra- and postoperative patient care (patient assessment)
- Pharmacology
- Discharge planning
- Professional development
- Ethics
- Leadership/supervisory skills
- Precepting
- Critical thinking skills
- Legal issues
- BCLS, ACLS, PALS (only if accredited by one of CBPN's acceptable providers)
- Infection Control
- Disease management (HIV, hepatitis, diabetes, etc.)
- Home health care management
- Research posters
- AORN Congress programs
- AORN Journal Home Studies
- Communication
- Pain management

This list is not all inclusive, but it demonstrates the wide range of topic areas that pertain to the practice

(con't on page 4)

February 22 Chapter Meeting Minutes

By Cheryl Norwood, Secretary

Attendants: Frances Hikido, Cheryl Norwood, Barbara Maddox, Lilia Stuart, Aileen Cabatan-Almazan, Dana Bufka.

The meeting was called to order at 5:10 p.m. by Frances Hikido, President

President's Report:

Σ Congress Delegates: Have been chosen and registration fee has been paid in full. Our chapter delegates will be Frances Hikido, Eric Sadang, Sharon Ward and Monique Erickson (alternate).

Σ ORNCC Luncheon: Frances presented the members with the flyer to attend the ORNCC Luncheon held during Congress. The delegates will attend and the chapter will pay the fee of \$45.00 each person for attending. The deadline for the registration is 3/25/05.

Σ Letter to Chapter Members: Frances sent out a letter to all Chapter Members to address the issue of non-participation at the monthly chapter meetings. She received 6 responses to her letter. All respondents felt that the chapter should not be disbanded. Some felt the day was bad, while others felt the time was too early. Based on the responses, the following will occur:

o The March meeting will be canceled. A business meeting will occur at El Paso Cantina on Sepulveda at 5:00 p.m. to discuss the chapter business. All are welcome to attend.

o A second letter will be sent to all members along with a survey about their desires for the 2006 Chapter meetings. The survey will include two options and several other questions. There will be a self-addressed, pre-stamped envelope for them to return to Frances. The results will be discussed at the March business meeting

(i.e. quarterly meetings, change in location, change in time, change in day of meeting).

Fundraising: Aileen Cabatan-Almazan

o The group discussed the possibility of each hospital having an AORN bake sale with all proceeds going to the chapter.

o The yearly raffle/fundraiser will occur.

o The Grand Prize will be two tickets for the Queen Mary Getaway, which includes:

o 2 nights stay aboard the Queen Mary

o 1st class stateroom

o Catalina Express over to Catalina for a day trip

o Food and beverage not included

Raffle Tickets Printed: Early March

Raffle Tickets Mailed Out: End of March

Ticket Sales: Early April to May 24th

Raffle: May 24th at Chapter Meeting

Aileen is also working on getting vendors to donate other prizes for the drawing.

Raffle tickets will be brought to the March business meeting to be stuffed into envelopes in preparation for the mailing.

Secretary Report: Cheryl Norwood

o Mary Ritchie will be creating and mailing the chapter newsletter. She will be sending notices out to chapter members to attempt to increase our attendance at the meetings.

o Cheryl has delivered paper, labels and addresses to Mary to prepare the newsletter.

Treasurer's Report: Barbara Maddox

Starting Balance: \$7,373.65

Debit:

Σ Congress Delegate Registration \$1660.00

Σ CEU Provider \$200.00

Σ Stamps & Envelopes \$42.39

Total \$1902.39

Automatic Deposit: September (\$220.00), October (\$149.00), November (\$120.00), December (\$100.00)

Credit: \$40.00

Ending Balance: \$5471.26

Educational Programs:

March 22: Canceled / No education Business meeting at 5:00 p.m. at El Paso Cantina (Sepulveda Blvd.). All are welcome.

April 3-7: AORN Congress

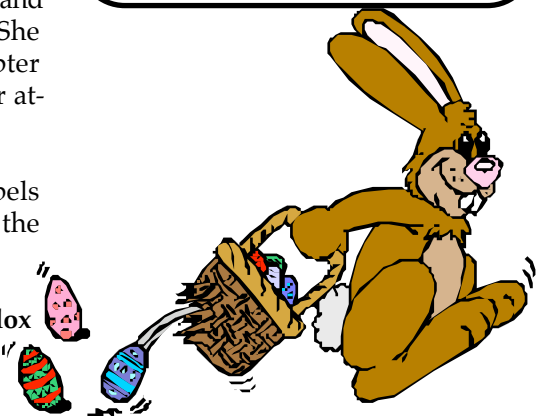
April 26: Dr. Tiffany Rogers - Orthopedic Surgery (Cheryl)

May 24: Dr. Omari: Chest Trauma (Frances)

June 28: Installation Dinner

The meeting was adjourned at 6:10 p.m. by Frances Hikido.

**Please respond
to our survey
on page 4!
Thank you!**



Recertification

(con't from page 2)

of perioperative nursing. CBPN has attempted to consider all of the various programs related to perioperative nursing, while still maintaining our commitment to the foundation of this credential.

If you submit academic hours for recertification and convert them to contact hours, remember that only one-half of the required hours (ie, 62.5) can be submitted from academic credits. In this situation under the new criteria, the other half (ie, 62.5 contact hours) would all need to be perioperative specific.

Contact CBPN at (888) 257-2667 with any questions.

www.orncc.org/leg.htm
Legislative news affecting nursing.

What Can We Do Survey

By Frances Hikido

- 1) Would you be more willing to attend meetings if they were held quarterly rather than monthly? If so, which 4 months would you attend?
- 2) Would you attend if the meeting time was changed?
- Keep it at 6:00 p.m. - Change back to 7:00 p.m. - How about 6:30 p.m.?
- 3) Would you attend if the location was changed?
- Keep it at Torrance Memorial - Harbor-UCLA Med Ctr - Little Co of Mary - Kaiser Harbor City
- 4) Would you attend if the date was changed?
- Keep it the 4th Tuesday of the month - any other day of the week?
- 5) Any suggestions to help increase attendance?
- 6) Any topics you would like to hear about?

Thank you so much for your time! Frances

Please answer, cut, and tape/paste onto a postcard, affix a 23 cent stamp, and mail to Frances Hikido, 17031 Kristin Ave, Torrance, CA 90504. Or call Frances at home at (310) 327-1953. Or e-mail Frances at FRANCO60@aol.com. Please help your chapter to stay viable! Thank you!

Mary Ritchie
Interim Newsletter Editor
125 Avenue E
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Happy
St. Patrick's
Day!