

South Bay AORN News

The newsletter for The South Bay Association of periOperative Registered Nurses (AORN) #0523
June 2005, Year 33, Issue 5

Presidential Pronouncements

By Frances Hikido, President

Greetings one last time!

As always, the end is bittersweet. I'm relieved my term as president is over but then I'm saddened because, yes, it is over! I would like to thank my wonderful team for their invaluable help and support. It makes such a world of difference when you have such a great team.

Last month's meeting also could not have been more fun! Many "mahalos" to Monique Eriksen, OR Educator at Harbor-UCLA for being our surprise speaker! We played OR Fun Facts Jeopardy! There were four teams: AI (Asian Invasion); MarJen (Mary/Jennifer); High 5; and Beachcombers. It was a tight game, but at the end the team MarJen out pointed everyone. We all played for lottery scratchers! Unfortunately we all need to continue working - no big lottery winners! Boo hoo! We also drew for the raffle. Thank you to those who sold/bought the tickets. It's really our only fund raiser for the year. We would like to congratulate the winners! Also thank you to Aileen Cabatan-Almazan for organizing the raffle and obtaining the grand prize.

So the end is here, I want to finish this off by introducing our new/old cabinet for 2005-2006:
President - Eric Sadang

President-elect - Monique Eriksen
Secretary - Cheryl Norwood
Treasurer - Barbara Maddox
Newsletter Editor - Mary Ritchie
Ways and Means - Aileen Cabatan-Almazan
Board of Directors - Frances Hikido, Trudy Kaufman
Nominating Committee - Lilia Stuart, Julie Petersen



Our meeting dates will be the following:
September 27, October 25, January 24, April 25
and the installation dinner in June.

Meeting times will be: 1730-1830 for the Board meeting where everyone is welcome to attend and 1830-2030 for the speaker. We will still meet at Torrance Memorial Conference Center, Room 4 which is the first room on your left. We hope with this new schedule you will be able to fit us in and we look forward to seeing you!

Our next meeting is actually the installation dinner for Eric. Everyone is welcome to join us at El Pollo Inka on Hawthorne Blvd. at 1800. Great Peruvian food if you've never been there!

I must now say "aloha" and as you all know, it's never really good-bye. ☸

Installation Dinner June 28

at

El Pollo Inka (310) 373-0062

23705 Hawthorne Blvd., Torrance (between PCH and Lomita Blvd.)

<http://www.elpolloinka.com/flash/locations-torrance-ca.htm>

6 p.m. Cost - approx. \$10

May 24 Board Minutes

By Cheryl Norwood, Secretary

Attendants: Frances Hikido, Cheryl Norwood, Barbara Maddox, Lilia Stuart, Aileen Cabatan-Almazan, Eric Sadang.

The meeting was called to order at 5:00 p.m. by Frances Hikido, President

President's Report:

- * World Conference: Scheduled for September 25-29, 2005 in Barcelona, Spain. Register by August 26, 2005.
- * AORN Chapter Excellence Awards: Nominations are due for 2005-2006 by February 2, 2006.
- * AORN 2006 Individual Awards: Nominations are due by October 1, 2005.
- * Prepare for CNOR on-line: Dates are July 11-25, 2005
- * AORN Memberline Chapter Newsletter
 - o 2006 Awards Packet
 - o Independent Study for Delegates
 - o Chapter Activity (total 348)
 - o Election Time (submit officers)

Fundraising: Aileen Cabatan-Almazan

Tickets were sold for the annual fundraiser. Barbara Maddox will report on the revenue at the next meeting. It was estimated that the chapter made approximately \$300.00-

500.00 on the raffle. Winners of the drawing are:

- o Queen Mary 2 Night Stay w/Catalina Excursion (Imani Williams)
- o Spa Bella Gift Certificate (Mary Young)
- o Crowne Plaza Dinner for Two (David Wang)
- o Disney tickets for two (Maria Sanchez)
- o Baboush Gift Certificate (Monique Eriksen)
- o See's Candy Certificate (Vicky Mission)
- o Foot Spa (Stacey Sheetz)
- o Chicken Soup for the Nurses' Soul (Toni Stafford)

Secretary Report: Cheryl Norwood

o Mary Ritchie has graciously accepted the task of creating the chapter newsletter for 2005/2006. We will attempt to provide Mary with e-mail addresses for each chapter member to decrease the postage. Thanks to Mary for all her effort for this past year and for agreeing to continue on with the newsletter publication. Mary requests that individuals send her stories or items to place in the newsletter.

Membership Report:

- | | |
|----------------|----|
| o Retired | 6 |
| o Standard | 74 |
| o Total | 81 |
| | |
| o Rejoin | 1 |
| o Renew | 3 |
| o 2 Mon. Lapse | 5 |
| o Non Renewal | 3 |
| | |
| o CNOR | 39 |
| o CRNFA | 2 |

Treasurer's Report: Barbara Maddox

Starting Balance:	\$5812.95
Debit:	\$1447.94
Automatic Deposit:	\$135.00
Ending Balance:	\$4500.01

Educational Programs:

June 28 Installation Dinner, 6:00 p.m., El Pollo Inka, Hawthorne Blvd.

Plan for 2005/2006:

- o Meetings will be held at Torrance Memorial Medical Center, Health Conference Center, Room #4
- o Business Meeting at 5:30 p.m.
- o Education from 6:30 - 8:30 p.m.
- o Meetings will be held quarterly
- o September 27, 2005
- o October 25, 2005
- o January 24, 2006
- o April 25, 2006
- o June 27, 2006 (Installation Dinner)

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"South Bay AORN News"

June 2005

Year 33, Issue Number 5

Published: Five issues/AORN year (September- June)

Target audience: Perioperative nurses of the South Bay of Los Angeles County.

Circulation: 82 members and various surgical facilities

South Bay chapter 0523 established April 18, 1972

Deadline: September 9 for September issue

Please send all submissions to:

Editor: Mary Ritchie

Address: 125 Avenue E, Redondo Beach, CA 90277

E-mail: marymac@hotpop.com (preferred method)

Telephone: 310-944-9822 (h)/310-517-2588 (w)



Minutes

(con't from page 2)

An officers meeting will be held on Tuesday, July 26, 2005 to prepare for the upcoming meetings and prepare an agenda for various speakers. This meeting will be held at Eric's home.

New Officers:

o President	Eric Sadang
o President Elect	Monique Eriksen
o Secretary	Cheryl Norwood
o Treasurer	Barbara Maddox
o Board Members	Frances Hikido Trudy Kaufman
	Open Position
o Nominating Committee	Lilia Stuart Julie Petersen
	Open Position
o Ways & Means	Aileen Cabatan

If there is anyone interested in becoming an officer, please contact Eric Sadang at jointdawg@gmail.com or 310-539-1483.

The meeting was adjourned at 6:30 p.m. by Frances Hikido. ☼

National Time Out Day June 22

National Time Out Day was inaugurated last year by AORN to encourage health professionals to take a "time out" before a surgical procedure is performed and review a check list ensuring patient safety procedures are being followed.

Known as National Time Out Day 2005, the June 22 observance will focus on reducing the risk of medication errors in operating room settings, with particular emphasis on incorrect and inconsistent labeling.

Would you like 4.8 free contact hours from AORN? (Free for members and \$48 for nonmembers.)

<http://www.aorn.org/toolkit/safemed/ataglance.asp> has a "Perioperative Medication Safety Test" near the end of the page. You must return to the top right page and click "member download." Happy Time Out Day!

OR Fun Facts

By Monique Eriksen

Earning can be fun in a game show format. At the May chapter meeting, members from various area facilities played a Jeopardy-styled game, answering questions related to OR facts and AORN's recommended practices. The categories included "fire facts," "bugs" (infection control practices), "what does it mean?" (definitions), "what a pain" (pain assessment), and safety. Four teams competed and strategized to win points. On television, they never start with the highest point question in a category first - but we did! In addition to members coming from various facilities, there was a range of experience present. Jennifer Burchell from Harbor-UCLA was attending her first AORN meeting and is just beginning her career in the OR. In contrast, some of the other members present have several years experience - let's just say that some of us are the median age of AORN members. In the end, everyone came out a winner, receiving a lottery scratcher ticket as a prize. There was some lively discussion and team rivalry, keeping Aileen Cabatan-Almazan busy refereeing and assisting Monique Eriksen with keeping score. The South Bay chapter has a wealth of knowledge available to share.

Can you answer the following game questions? Take the "game show challenge."

1. What is a key component of infection control?
2. Describe the time out process.
3. Name the two primary oxidizers found in the OR.
4. Define the term sentinel event.
5. Identify and describe the use of one pain tool.

Let us know if you want to see the answers printed in the next newsletter.

Ed. note: Monique's e-mail address and phone numbers may be found on page 4. ☼

Notice!

The newsletter will be posted on the Internet for viewing once the South Bay AORN web site is established. You are receiving this newsletter hard copy due to lack of an e-mail address. If you'd like to receive chapter information and save the chapter money, please send your e-mail address to the editor (marymac@hotpop.com). Thanks! Currently, 44 of 82 members have e-mail addresses registered with National AORN. Those members have received the newsletter in PDF via e-mail this month.

<u>Name</u>	<u>Position</u>	<u>Home phone, e-mail, work place/work phone</u>
Eric Sadang	President	310-539-1483, jointdawg@gmail.com, Harbor UCLA / 310-222-2797
Monique Eriksen	President-Elect	310-326-2502, eriksendm@aol.com, Harbor UCLA / 310-222-8299
Cheryl Norwood	Secretary	310-376-7149, cheryl.norwood@tmmc.com, TMMC / 310-784-8715
Barbara Maddox	Treasurer	310-375-6516, madbar@socal.rr.com, TMMC / 310-325-9110 x2120
Frances Hikido	Board of Directors	310-327-1953, franco60@aol.com, Harbor UCLA / 310-222-2797
Trudy Kaufman	Board of Directors	310-548-9348, trudykaufman@hotmail.com, TMMC / 325-9110 x1586
Aileen Cabatan	Ways & Means	310-834-0490, almazanclan@aol.com, Harbor UCLA / 310-222-2797
Lilia Stuart	Nominating Comm	310-533-6843, ed_stuart@msn.com, Harbor UCLA / 310-222-2747
Julie Petersen	Nominating Comm	310-921-2488, jlprn@msn.com, TMMC / 310-325-9110 x2120

2005-2006 South Bay AORN Officers

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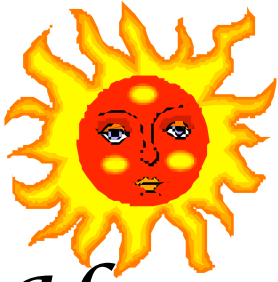
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Please Note Changes!!!

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- o June 27, 2006 (Installation Dinner)

Please Note Changes!!!



Generation Y President!

By Eric Sadang
2005-2006 President

Hello my fellow AORN Members,

It's summertime! Time to don your bathing suits, head to the beach, and work on your melanoma. As for me, I'm going to put on my Kangol hat and strap on my Doc Martens to head over to El Pollo Inka. You know why? Because I'm getting inaugurated as your president at that particular establishment on the 28th of this month. At 6 p.m. Come one, come all, let us celebrate this festive occasion with merriment, tantalizing conversation, and alcohol. But before we converse, why don't I tell you a little about myself. I was born in 1981. For those of you who don't know, it was the Chinese year of the mighty cock. Just like 2005. Which just might explain something or other. Then I hopped into a time machine and graduated with an ADN in nursing at Los Angeles Harbor College. Many people ask, "Why did you go into nursing?" Well honestly, I felt it was a good career choice because there are a plethora of options within the field. If you don't like this



you don't like this or don't like that; move here or go there. I remember my first semester of nursing school. Do you remember yours? I took care of a patient. Let's call him Where'smypants. The man had no family, no friends, and worst of all no smile. Then I told him about the top secret order of raccoons and porcupines. Not very funny right? Well, it was to him. For the rest of the day he smiled every time I walked into the room. It gave me a warm, fuzzy feeling. You know that feeling you get when you eat an Eskimo pie after crossing the desert?

Me either. But I did realize that there's more to what I'm doing than just options and money. There are real people involved with real problems and real feelings. Now I'll be honest with you, many times I don't care. This is work. I'm a drone. But sometimes I do. And when I do, I like to eat a Twix bar. Because it's that satisfying. And then I'm done. ☼

Generation Y

<http://www.onpoint-marketing.com/generation-y.htm>

Born between 1981 and 1995, Generation Y members in America are more than 57 million strong. The Y Generation is the largest consumer group in the history of the U.S. Other names for Gen Y include Echo Boomers and the Millennium Generation.

Member of the Y Generation have annual incomes totaling \$211 billion, according to a study from Harris Interactive. The study found that Generation Y spends \$172 billion per year and saves \$39 billion per year, and drives many adult purchasing decisions. Consequently, the Y Generation represents the future market for most consumer brands. The study also found that pre-teens (ages 8-12) spend \$19.1 billion annually, while teens (13-19) spend \$94.7 billion annually and young adults (20-21) spend \$61.2 billion. 87 percent of income for children under age 13 years is

adult-supplied, compared to 37 percent of teens and 7 percent of young adults, with teens and young adults relying mostly on jobs for their income.

Marketing to Generation Y members requires using more involved techniques than the traditional ones used to attract their parents. Member of Generation Y best respond to marketing methods that bring the message to places the Y Generation congregates, both offline and online. Successful Generation Y brands are perceived as hip and popular, but without the air of heavy commercialism. Also, Generation Y demographics show that Gen Y is more racially diverse, with one out of three members considering themselves non-Caucasian. One out of every four members of Generation Y lives in a single-parent environment and three in every four have working mothers. ☼