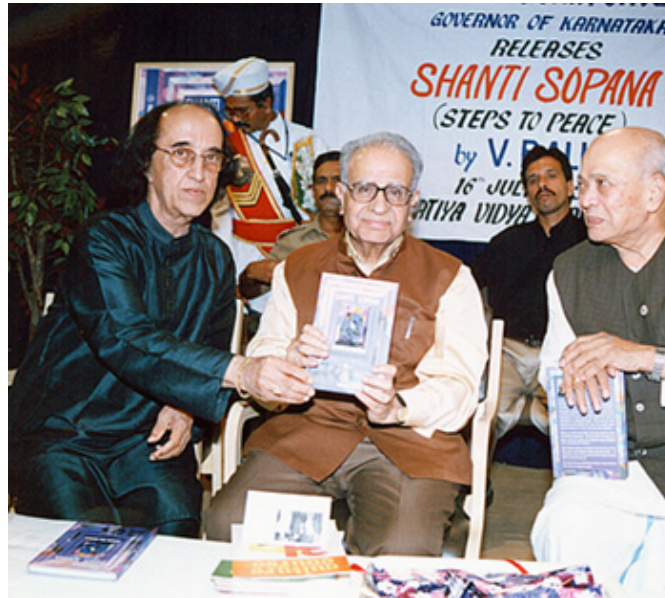


## V. Balu releases his new book SHANTI SOPANA

Press Release

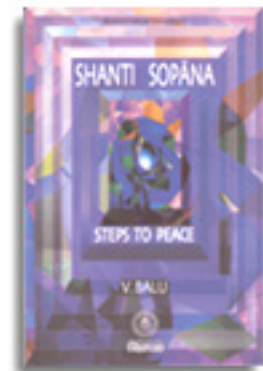


Karnataka's Governor, T.N. Chaturvedi (center) releases the book SHANTI SOPANA (Steps to Peace) by noted artist and peace activist V. Balu (left). Executive Director of the Bharatiya Vidya Bhavan Mathoor Krishnamurti is also seen. The Governor extolled the social concern of Shri V. Balu and his work as an individual for global peace through inner peace for over two decades. He congratulated him on the book and effective use of his art for peace which is needed by all creation.

### Books by V.balu distributed by Sai Towers Pubilshing

#### SHANTI SOPANA (Steps To Peace)

Since human beings are the embodiment of absolute peace, a book on "Steps to Peace" may appear rather incongruous. The reality however is that humankind, divorced from its true identity, pursues worldly life and living with just the external personality of the body-mind-complex. The spirit or the soul power behind all creation and worldly activity is totally forgotten; as a consequence, the human being has no peace of mind, but only pieces! "Steps to Peace" is mainly about the elimination of negativities and hurdles that preclude the awareness of one's true identity by individuals.



[Place order](#)

## PEACE + CHILDREN = PEACEFUL CHILDREN

The ideals and dimensions of peace can be easily explained to children even from their early days in school. Gradually they can be made to think peace, act with peace and ultimately work for peace. This is important, since we have all heard of several cases of immense harm caused by some books, films, television shows and other forms of entertainment that have made (and continue to make) violence exciting and acceptable! This book is intended to encourage children to think about peace and live in peace by making it a habit. It is recommended that the book be read one chapter at a time and not all at once.



[Click to buy online](#)