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Peace rhymes for tiny tots

SGR

"Most nursery rhymes for children including Jack and Jill and Humpty Dumpty sat on a wall are full of negative words. They are violent. Humpty Dumpty had a fall, for instance, or Jack fell down," points out noted peace activist and painter V Balu.

All his work for the past 21 years has been directed towards inner peace. "Violence has been made so attractive by the media that by contrast, peace looks boring. I have tried to make peace appealing for children," he says.

And how does he go about making peace attractive for children? By bringing out a book titled 'Peace Lollipops for Tiny Tots' and a cassette/CD of songs titled Balu's Peace Rhymes.

The painter interacted with children between the ages of two and five, for whom the book is aimed at. The cover page and the inner pages have been illustrated by little ones between the ages of four and eight. The CD/cassette of the peace rhymes have been done by Praveen Rao and his team, while the rhymes have been sung by children in chorus," Balu points out. The book has little rhymes titled 'Wars are bad,' 'I love peace' and 'I want peace' and the same rhymes are sung. Elaborating on the concept of peace, Balu explains that the books and cassettes are "directed at children who instinctively understand all about peace." "Inner peace is our birthright. It is the greatest strength within us. Most problems in life just don't disappear on their own. It is our perception that needs to change," he adds.

He plans to interact with more children in schools to study the further impact of his works on them. For details call V Balu on ph: 98440-08692.

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