

**Aquidneck  
Land Trust**  
**The 2<sup>nd</sup> Annual Race for Open Space**  
**5K Run/Walk**  
**Portsmouth, RI**  
**Saturday, November 7<sup>th</sup>, 2009, 10:30 a.m.**

The Aquidneck Land Trust invites you to run or walk in The Race for Open Space 5K (3.1 miles) Run/Walk.  
All funds raised go towards building the final segment of the Sakonnet Greenway Trail.

**Start:** The beginning of the Sakonnet Greenway Trail, located next to the Brown House at The Glen in Portsmouth, RI. The Glen entrance is on Route 138 between Union Street and Sandy Point Avenue.

**Course:** 5k Cross country style point-to-point course on nature trail, boardwalks and bridges in some areas, no major hills. Shuttle will return runners to the start. No dogs/strollers in **running** race.

**Events:** 9am - 10:30am: Registration  
10:30am: Race begins  
11am-1pm: Light refreshments & Awards at the end of the race

**Runners' Groups:** Male and female 14 & under, 15-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+

**Prizes:** 1<sup>st</sup> place trophies to runners in all categories. All registered entrants will receive a gift.

**Runners' & Walkers' Entry Fee:**

**Pre-registration:** \$20 (19 & over), \$10 (18 & under), \$50 (family\*)

**Race Day Registration:** \$25 (19 & over), \$15 (18 & under), \$60 (family)

(\*Family fee for up to 4 members living in the same household. Family registration not available online; walk-in or mail-in only.)

**Make checks payable to Aquidneck Land Trust. Online registration available at: [www.needtorace.com](http://www.needtorace.com)**

**Information:** Website: [www.aquidnecklandtrust.org](http://www.aquidnecklandtrust.org) Email: [chuth@aitl.org](mailto:chuth@aitl.org) Phone: 401.849.2799 x19, Courtney Huth

**Directions:** From East Main Road (Rte. 138) turn onto Linden Lane, follow Linden Lane past the "Brown House".

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**The Race for Open Space 5k Run/Walk**

Mail entries to: Aquidneck Land Trust, 790 Aquidneck Avenue, Middletown, RI 02842

Name (print): \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

*If Family Entry, please list the NAMES/AGES/SEX of all participants on the back of this form.*

Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

City/Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail \_\_\_\_\_ CHECK EVENT  5k Run  5kWalk

(ALT will e-mail you a link to race photos post-event)

I assume all risks associated with running and/or walking in this event including, but not limited to falls, contacts with other participants, the effects of weather, traffic, and conditions of the trail and roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I hereby waive the Town of Portsmouth, Portsmouth Police Department, The Pennfield School, Vaucluse Company, LLC, Greenscape, LLC, Bramans Meadow Homeowners Association, Aquidneck Land Trust, Race Officials, Volunteers and all Sponsors, their representatives and successors from all claims and/or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any record of this event for any legitimate purposes. I hereby certify that I am physically fit and have sufficiently trained for this event.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Parent (if under 18):** \_\_\_\_\_