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## Y.M.C.A

Phrased, 92 count, 2 wall, intermediate/advanced level

Choreographer: Glynn Rodgers (AppleJack) (UK)  
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Choreographed to: Y.M.C.A by Glenn Rogers

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DANCE SEQUENCE: AA - TAG 1 - BB - TAG 2 - AA - TAG 1 - BB - AA - TAG 1 - TAG 3 - BB - BB - B

### PART A

#### 1-8: Chasse, Rock, Turn, Turn, Shuffle Turn.

1&2: Chasse right - right-left-right.

3-4: Rock back left, recover weight onto right.

5-6: Turn 1/4 left stepping forward left, turn 1/2 left stepping back right.

7&8: Shuffle 1/2 turn left - left-right-left.

#### 9-16: Mambo Step, Lock Back, Jump Back, Knee Pops.

1&2: Mambo forward right.

3&4: Lock step back - left-right-left.

&5-6: Jump back - right-left, clap.

7-8: Knee pops right and left.

#### 17-24: Jump Back, Knee Pop, Kicks, Switch, Kicks.

&1-2: Jump back right-left, clap.

3-4: Knee pops right and left.

5-6: Kick forward right twice.

&7-8: Step right to place, kick left foot forward twice.

#### 25-32: Shuffle, Rock, Touch Turn, Step, Touch.

1&2: Shuffle forward - left-right-left.

3-4: Rock forward right, recover weight onto left.

5-6: Touch right toe back, unwind 3/4 right.

7-8: Step left to left side, touch right beside left.

### PART B

#### 1-4: YMCA!

1-4: YMCA hands! (Y, hold, M, C, A)

#### 5-8: Jumps Right.

1&: Step right to right side, close left to right.

2&: Step right to right side, close left to right.

3-4: Step right to right side, hold.

#### 9-12: YMCA!!

1-4: YMCA hands! (Y, hold, M, C, A)

#### 13-16: Jumps Left.

1&: Step left to left side, close right to left.

2&: Step left to left side, close right to left.

3-4: Step left to left side, hold.

#### 17-24: Monterey Turn, Heels, Clap.

1-4: Point right to right side, monterey 1/2 right, point left to left side, close left to right.

5&: Dig right heel forward, step right to place.

6&: Dig left heel forward, step left to place

7-8: Dig right heel forward, clap.

#### 25-32: Monterey Turn, Heels, Clap.

1-4: Point right to right side, monterey 1/2 right, point left to left side, close left to right.

5&: Dig right heel forward, step right to place.

6&: Dig left heel forward, step left to place

7-8: Dig right heel forward, clap.

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**TAG 1****1-8: Kick Ball Cross, Side Rock, Behind, Side, Cross, Side, Touch.**

1&2: Kick right foot forward, step right to place, cross left over right.

3-4: Rock right to right to right side, recover weight onto left,

5&6: Cross right behind left, step left to left side, cross right over left.

7-8: Step left to left side, touch right beside left.

**TAG 2****1-8: Chasse, Rock, Heels, Touch.**

1&2: Chasse right - right-left-right.

3-4: Rock back left, recover weight onto right.

5&6: Dig left heel forward, step left to place, dig right heel forward.

&7-8: Step right to place, dig left heel forward, touch left toe to place.

9-16: Chasse, Rock, Heels, Touch.

1-8: Repeat section 1 to the left.

**TAG 3****1-4: Hip Bumps.**

1-4: Bump hips right, left, right, left.