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L.D.V.

Phrased, 4 wall, intermediate level

Choreographer: Yvonne Jernberg, Barbro Södersten,
Tanya Jernberg (Aug 2004)

Choreographed to: La Dolce Vita by After Dark

Sequence: A,A,B,B,A,A,B,B,A,B,B,C

PART A

Section 1 Point, point, coaster step x2

- 1-2 Point right toe forward, point right toe to right side
- 3&4 Step back on right foot, close left beside right, step right foot forward
- 5-6 Point left toe forward, point left toe to left side
- 7&8 Step back on left foot, close right beside left, step left foot forward

Section 2 Rock forward, rock back, side rock, cross shuffle

- 1-2 Rock forward on right foot, recover
- 3-4 Rock back on right foot, recover
- 5-6 Rock right foot to right side, recover
- 7&8 Cross right foot over left, step left foot to left side, cross right foot over left

Section 3 Rock left, cross shuffle, side, cross, side, cross

- 1-2 Rock left foot to left side, recover
- 3&4 Cross left foot over right, step right foot to right side, cross left foot over right
- 5-6 Step to the right and twist body to the left, cross left over right and twist body to the right
- 7-8 Step to the right and twist body to the left, cross left over right and twist body to the right

NOTE: Steps 5-8 is done on balls of feet

Section 4 1/4 turn left, kick, coaster step, shuffle, shuffle

- 1-2 On left foot turn 1/4 left and step back on right foot, kick left foot forward
- 3&4 Step back on left foot, close right beside left, step left foot forward.
- 5&6 Step right foot forward, close left behind right, step right forward
- 7&8 Step left foot forward, close right behind left, step left foot forward

PART B

Section 1 Full turn right, clap, full turn left, clap

- 1-3 Step 1/4 to the right, step 1/4 to the right, pivot half turn right,
- 4 Touch left next to right, clap
- 5-7 Step 1/4 to the left, step 1/4 to the left, pivot half turn left,
- 8 Touch right next to left, clap

Section 2 Kick ball cross, sway x4, kick ball cross

- 1&2 Kick right foot forward, step right next to left, cross left over right
- 3-4 Step/sway to the right, sway left
- 5-6 Sway right, sway left
- 7&8 Kick right foot forward, step right next to left, cross left over right

Section 3 Point cross, point, cross, 1/4 turn Jazzbox

- 1-2 Point right foot to the right, cross right over left
- 3-4 Point left foot to the left, cross left over right
- 5-6 Cross right foot over left, step back on left foot
- 7-8 Step 1/4 to the right, step forward on left foot

Section 4 Point cross, point, cross, 1/4 turn Jazzbox

- 1-2 Point right foot to the right, cross right over left
- 3-4 Point left foot to the right, cross left over right
- 5-6 Cross right foot over left, step back on left foot
- 7-8 Step 1/4 to the right, step forward on left foot

PART C, The end!

Section 1 Point, hold, cross, hold, unwind 3/4, out, out.

- 1-2 Point right toe to right side, hold
 - 3-4 Cross right foot over left, hold
 - 5-6 Unwind 3/4 to the left
 - &7,8 Step out with right foot, step out with left foot, hold
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