

RSI + Bollinger Bands Swing Trading Strategy

Indicators

- **RSI (14-period)**
- **Bollinger Bands (20-period, 2 standard deviations)**
 - Upper Band
 - Middle Band (20 SMA)
 - Lower Band

Long Setup (Buy):-

Enter long when all conditions line up:

Entry Conditions

1. **Price touches or closes below the Lower Bollinger Band**
→ means price is stretched too far down.
2. **RSI < 30 (or RSI rising from below 30)**
→ oversold momentum.
3. **Bullish reversal candle:**
 - hammer
 - engulfing
 - pin bar
 - strong bullish close

Entry Trigger

Enter at the **close** of the reversal candle or on the next candle.

Stop-Loss

Place the stop-loss:

- **Below the swing low, or**
- **1 ATR below the Lower Band**

Take Profit Options

Choose one:

1. **Conservative:** Exit at **middle Bollinger Band**
2. **Aggressive:** Exit at **Upper Band**
3. **Trend continuation:** Use trailing stop along middle band or ATR

