To use **LLaMA** with **Ollama** on your **local PC**, you can follow this streamlined guide. This assumes you're using **LLaMA 2** via Ollama, which is the most straightforward way to run Meta's LLaMA models locally.

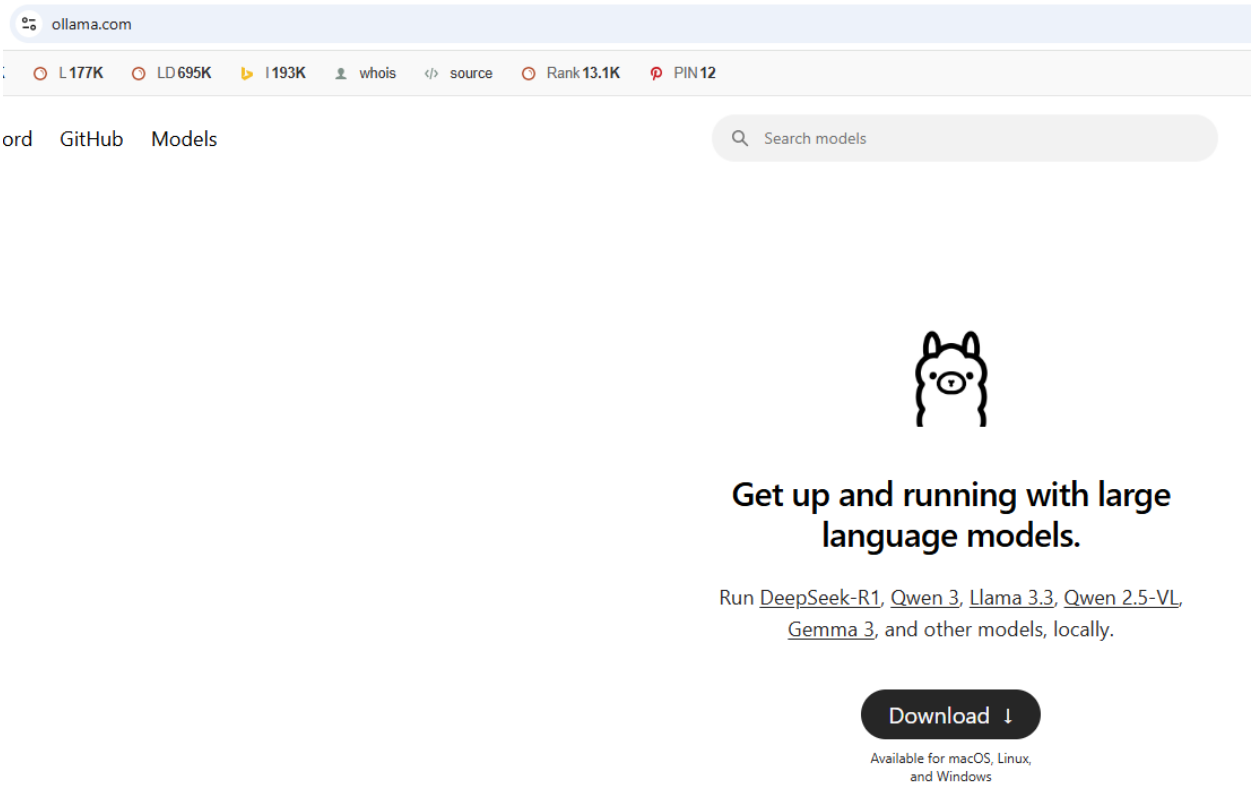
🚀 Step-by-Step: Run LLaMA Locally Using Ollama

🖥️ 1. System Requirements

- OS: macOS, Linux, or Windows (with WSL2)
- RAM: 8 GB minimum (more for larger models)
- Optional: NVIDIA GPU for better performance

📦 2. Install Ollama

Download form https://ollama.com/ & install it.



3. Run LLaMA Model

Open your command prompt:-

```
ollama run llama2
```

This will:

- Automatically download the LLaMA 2 model (quantized .gguf version)
- Start an interactive shell

You can now type prompts directly into the terminal.

✍ 4. Example Interaction

```
> ollama run llama2

> What is the capital of Italy?
Rome.
```