

October 2005

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
					1/2 <u>Attracting Success</u> with Judy Berg RA 9:00am HBM Training Kingston
3	4	5 WP Cornwall Best Western 7:30pm	6 Smart Solutions Seminar™ RA 7:30pm	7	8/9 Whole Foods Seminar Massage Ortho Clinic Orleans
10	11 Wellness Home Open House Marlene Thomas WP Kingston 7:30 pm Laurie White	12	13	14 <u>Wellness Network Event</u> Toronto	15/16 <u>Wellness Network Event</u> Toronto
17	18	19 WP Cornwall Best Western 7:30pm	20 Smart Solutions Seminar™ RA 7:30pm	21 Syracuse Expo	22/23 Syracuse Expo Gold Training Toronto
24 Gold Training Toronto	25 WP Kingston 7:30 pm Truus Classen	26	27	28 Pot Luck Social/Recognition Evening 6:30pm	29/30 Sizzling Saturday RA 9:00-11:00am Goal Setting 11:15-11:45am



*Nikken Wellness Association
Ottawa*

The **Smart Solutions Seminar™** is a presentation designed to validate the business, by explaining how Nikken offers "Smart Solutions" with respect to either an individual's Health or Finances.

SPECIAL EVENTS

Sat Oct 1 – Attracting Success with Judy Berg
RA 9:00am – 4:00pm

Sat/Sun Oct 1/2 - HBM Training – Kingston

Sat Oct 8 – Whole Foods Seminar Massage
Ortho Clinic, Orleans Call Caroline 745-0958

Tues Oct 11 – Wellness Home Open House
Marlene Thomas - 60 Eisenhower Cres, Nepean

Fri/Sat Oct 14/15 – Wellness Network Event -
Toronto – Lakeshore Four Points

Fri Oct 28 – Pot Luck Social / Recognition
Evening Open social evening for All Consultants and
any guests. Location TBA. Starts at 6:30 pm. Please
bring a yummy healthy dish—BYOD (D for drinks)

Fri/Sat Oct 21/22 - Syracuse Expo

Sat Oct 29 – Sizzling Saturday
RA 9:00-11:00am Goal Setting 11:15 - 11:45am

OTHER AREA CONTACTS

KINGSTON - Rita Sue Bolton 613-549-4075

CORNWALL - Elaine Sosnkowski 613-347-7727

MONTREAL - 514-890-7854

TORONTO - www.team-toronto.com

PROVINCE OF QUEBEC - www.jecalendrier.net

WELLNESS PREVIEWS - \$8 per Distributorship - Guests are free
Start at 7:30 pm, Courtside A or B, RA Centre, 2451 Riverside Drive, Ottawa ON
Nikken Wellness Association Website – www.nwaottawa.com

Ottawa Contact:
Sylvia Parker (613) 721-0039
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