

May 2005

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
					31/1
2	3	4 Cornwall ELS Best Western 7:30pm	5 Ottawa ELS RA 7:30pm Deborah MacDonald	6	7/8
9	10 WP Kingston 7:30 pm	11 Cornwall RLSS Best Western 7:30pm	12 Ottawa RLSS RA 7:30pm Danielle Beetham	13	14/15 Humans Being More Training Toronto
16	17	18 Cornwall SSS Best Western 7:30pm	19 Ottawa SSS RA 7:30pm Pierre Gaudet	20	21/22
23	24 WP Kingston 7:30 pm	25 Cornwall ELS Best Western 7:30pm	26 Ottawa ELS RA 7:30pm	27	28/29



Nikken Wellness Association

SPECIAL EVENTS:

Sat/Sun May 14/15 – Humans Being More Training - Toronto

SSS = Smart Solutions Seminar
ELS = Educational Life Seminar
RLSS = Review Launch & Strategy Seminar

OTHER AREA CONTACTS

KINGSTON - Rita Sue Bolton 613-549-4075

CORNWALL - Elaine Sosnkowski 613-347-7727

MONTREAL - 514-890-7854

TORONTO - www.team-toronto.com

PROVINCE OF QUEBEC - www.lecalendrier.net

WELLNESS PREVIEWS - \$8 per Distributorship - Guests are free
 Start at 7:30 pm, Courtside A or B, RA Centre, 2451 Riverside Drive, Ottawa ON
Nikken Wellness Association Website – www.nwaottawa.com

Ottawa Contacts:
 Cliff Lapenskie (613) 721-0039
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